

State Profile: **Alaska****Selected State Background Characteristics**

| | AK | US | | AK | US |
|--|----------|----------|---|--------|------------|
| ■ Population ■ | | | ■ Socio-Demographics ■ | | |
| Total Pop. (<i>millions</i>) | 0.7 | 293.7 | Average Household Size | 2.8 | 2.6 |
| Pop. 60+ (<i>thousands</i>) | 65.8 | 48,883.4 | Average Family Size | 3.3 | 3.1 |
| % 60+ | 10.0 | 16.6 | % Pop. in Rural Area | 34.3 | 16.9 |
| National Ranking 60+ | 51 | N/A | Households with Persons 65+ (<i>millions</i>) | 0.03 | 25.2 |
| % White (60+) | 75.1 | 81.4 | % Persons Age 65+ Living Alone | 25.7 | 29.8 |
| % African American (60+) | 2.1 | 8.5 | % Pop. 65+ in Major Cities | 39.9 | 40.1 |
| % Hispanic/Latino (60+) | 1.9 | 6.1 | % Households with Internet Access | 68.5 | 54.7 |
| % Asian (60+) | 4.8 | 2.9 | | | |
| % Native Hawaiian/ Pacific Islanders (60+) | 0.2 | 0.1 | | | |
| % American Indian/ Alaska Native (60+) | 13.8 | 0.5 | | | |
| % Two or More Races (60+) | 2.0 | 0.6 | | | |
| | | | ■ Informal Caregivers ■ | | |
| Pop. 65+ (<i>thousands</i>) | 41.9 | 36,294.0 | # of Caregivers | 68,000 | 34,000,000 |
| % Pop. 65+ | 6.4 | 12.4 | # of Caregiving Hours (<i>millions</i>) | 73 | 36,720 |
| National Ranking 65+ | 51 | N/A | Value of Caregiving (<i>millions</i>) | \$900 | \$350,000 |
| | | | % Grandparents Living with Grandchildren | 3.1 | 3.4 |
| Pop. 85+ (<i>thousands</i>) | 3.5 | 4,859.6 | % with Responsibility for the Grandchildren | 1.6 | 1.4 |
| % Pop. 85 | 0.5 | 1.7 | Where to Call to Arrange Help in the Home for Elderly Relatives or Friends | | |
| National Ranking 85+ | 51 | N/A | % Relative or Friend | 19.5 | 21.5 |
| | | | % Self | 12.0 | 17.2 |
| ■ Economic Indicators ■ | | | % Medical Support | 15.3 | 21.6 |
| Per Capita Income | \$34,085 | \$33,041 | % Religious Support | 0.2 | 0.4 |
| Median Household Income | \$54,627 | \$44,473 | % Area Agency on Aging | 2.2 | 2.0 |
| Total State Expenditures Per Capita | \$11,630 | \$4,009 | % Other | 7.7 | 4.5 |
| % Pop. 65+ Below Poverty | 3.4 | 9.4 | % Don't Know | 43.0 | 32.7 |
| % Pop. 50+ Who Did Not Visit Doctor Due to Cost | 10.4 | 8.1 | | | |

State Profile: **Alaska** (cont'd)**Selected State Background Characteristics**

| | AK | US | | AK | US |
|---|---------|---------|---|------|------|
| ■ Long-Term Care ■ | | | ■ Care Receivers ■ | | |
| Medicaid Spending on Long-Term Care | | | % Pop. 21-64 Years w/Disability | 14.2 | 12.1 |
| % Spending on Nursing Facilities | 35.9 | 46.0 | % Pop. 65+ w/Disability | 47.7 | 39.6 |
| % Spending on Home Health & Personal Care | 58.9 | 37.3 | % 65+ by Type of Disability | | |
| # of Certified Nursing Facilities | 14 | 15,209 | Sensory | 20.5 | 16.0 |
| % of Certified Facilities with Family Councils | 50.0 | 43.2 | Physical | 39.4 | 30.2 |
| # of Certified Nursing Facility Beds (<i>thousands</i>) | 0.7 | 1,579.9 | Self-Care | 11.7 | 9.3 |
| Certified Nursing Facility Occupancy Rate | 80.1 | 85.5 | Mental | 15.8 | 10.9 |
| Average Cost Per Day in a Nursing Home | \$510 | \$213 | Difficulty Going Outside Home | 17.4 | 16.3 |
| Average Assisted Living Monthly Cost | \$3,978 | \$2,969 | ■ Medicare Prescription Drug Plans ■ | | |
| Average Daily Cost for Adult Day Care Services | \$67 | \$61 | # of Companies Offering PDPs | 11 | N/A |
| Average Hourly Cost for Home Health Care | \$24 | \$19 | # of PDP | 27 | N/A |
| Average Hourly Cost for Personal/Home Care | \$23 | \$18 | # of Companies Offering Medicare Advantage Drug Plans | 0 | N/A |
| Nursing Facility Residents as % of 65+ Pop. | 1.4 | 3.8 | | | |
| # of Licensed Adult Day Facilities | 11 | 3,407 | | | |
| # of Home Health Aides | 1,880 | 751.480 | | | |
| Median Hourly Wage | | | | | |
| Certified Nursing Assistant | \$14.36 | \$10.67 | | | |
| Home Health Aide | \$12.11 | \$9.34 | | | |
| Personal Care/Home Care Aide | \$13.64 | \$8.54 | | | |

State Profile: **Alaska** (cont'd)**State System of Home and Community-Based Services (HCBS)**

| | |
|---|-------------------|
| Legislation Enacted Within the Last Three Years (2001-2003) that Addresses Family Caregiving Issues | None |
| Task Force or Commission Specifically to Examine Family Caregiver Issues | No |
| Name of Task Force: | N/A |
| Single Point of Entry for State System of HCBS | No |
| Single Point of Entry Includes Access to State's Caregiver Support Program | N/A |
| Uniform Assessment Tool for All HCBS Programs for the Elderly and Adults with Disabilities | Lack of agreement |
| Assessment Includes Caregiver Component | Lack of agreement |
| At Least One State Program with Consumer-Directed Option for Family Caregivers | Yes |

State Program Information**■ Administrative Structure ■**

| Program Name | Family Caregiver Support Program (FC) | Innovative Respite (SC) |
|---|---|--|
| Administering State Agency | AK Department of Health and Social Services, Division of Senior & Disabilities Services | AK Department of Health & Social Services, Commission on Aging |
| Organizational Unit or Person Specifically Designated for Caregiving Programs or Activities | Yes | Yes |
| Geographic Region Served | Statewide | Statewide |
| Local Program Administrative Responsibility | Grantees | SUA |

■ Funding & Caseload ■

| Program Name | Family Caregiver Support Program (FC) | Innovative Respite (SC) |
|---|---------------------------------------|---|
| Major Sources of Program Funding | OAA, Title III-E | Mental Health Trust Authority Authorized Receipts |
| FY 2001 Expenditures | \$564,300 | n/a |
| FY 2002 Expenditures | \$644,212 | n/a |
| FY 2003 Expenditures | \$705,756 | n/a |
| FY 2001 A/D Waiver Respite Participants | N/A | N/A |
| FY 2002 A/D Waiver Respite Participants | N/A | N/A |

State Profile: **Alaska** (cont'd)■ **Eligibility** ■

| Program Name | Family Caregiver Support Program (FC) | Innovative Respite (SC) |
|---|---------------------------------------|----------------------------------|
| Caregiver Age Requirement | None | None |
| Care Receiver Age Requirement | 60+ | No response |
| Care Receiver Functional Status Requirement | No functional status requirement | No functional status requirement |
| Client Population | Family caregiver | Care receiver |

■ **Assessment** ■

| Program Name | Family Caregiver Support Program (FC) | Innovative Respite (SC) |
|---|---------------------------------------|-------------------------|
| Program Assesses | Family caregiver | Care receiver |
| Uniform Assessment Tool | No | No |
| Includes Caregiver Assessment | N/A | N/A |
| Areas Addressed by Caregiver Assessment | N/A | N/A |

■ **Services** ■

| Program Name | Family Caregiver Support Program (FC) | Innovative Respite (SC) |
|---|---|---|
| All Caregivers Eligible for Program Have Access to Same Package of Services | No | Yes |
| Services Provided Specifically to Family Caregivers | <ul style="list-style-type: none"> ▪ Care mgt. ▪ Counseling ▪ Educ. & training ▪ Family consult. ▪ Info. & assistance ▪ Legal and/or financial consultation ▪ Respite care ▪ Support groups | <ul style="list-style-type: none"> ▪ Homemaker/chore/personal care ▪ Respite Care |
| Types of Respite Care Offered | <ul style="list-style-type: none"> ▪ Adult day svcs. ▪ In-home | <ul style="list-style-type: none"> ▪ In-home ▪ Other |
| Caregiver Must Live with Care Receiver to Receive Respite | Yes | No |
| Respite Cap | No cap | 40 hours/month |
| Uniform Respite Cap Across Program Sites | N/A | No |
| Entity that Formulates the Respite Cap | N/A | Administering local agency |

■ **Consumer Direction** ■

| Program Name | Family Caregiver Support Program (FC) | Innovative Respite (SC) |
|---|---|-----------------------------|
| Consumer-Directed Options | Families have a choice of respite providers | None |
| Family Members Can Be Paid to Provide Care | No | Yes (with program approval) |
| Types of Services Families Can Be Paid to Provide | N/A | N/A |