

State Profile: **Alabama****Selected State Background Characteristics**

	AL	US		AL	US
■ Population ■			■ Socio-Demographics ■		
Total Pop. (<i>millions</i>)	4.5	293.7	Average Household Size	2.5	2.6
Pop. 60+ (<i>thousands</i>)	810.1	48,883.4	Average Family Size	3.0	3.1
% 60+	17.9	16.6	% Pop. in Rural Area	29.2	16.9
National Ranking 60+	15	N/A	Households with Persons 65+ (<i>millions</i>)	0.41	25.2
% White (60+)	79.8	81.4	% Persons Age 65+ Living Alone	29.3	29.8
% African American (60+)	18.3	8.5	% Pop. 65+ in Major Cities	23.5	40.1
% Hispanic/Latino (60+)	0.7	6.1	% Households with Internet Access	45.8	54.7
% Asian (60+)	0.4	2.9			
% Native Hawaiian/ Pacific Islanders (60+)	0.0	0.1			
% American Indian/ Alaska Native (60+)	0.3	0.5			
% Two or More Races (60+)	0.6	0.6			
			■ Informal Caregivers ■		
Pop. 65+ (<i>thousands</i>)	598.0	36,294.0	# of Caregivers (<i>millions</i>)	570,000	34,000,000
% Pop. 65+	13.2	12.4	# of Caregiving Hours (<i>millions</i>)	610	36,720
National Ranking 65+	17	N/A	Value of Caregiving (<i>millions</i>)	\$4,700	\$350,000
			% Grandparents Living with Grandchildren	3.9	3.4
Pop. 85+ (<i>thousands</i>)	66.2	4,859.6	% with Responsibility for the Grandchildren	2.2	1.4
% Pop. 85	1.5	1.7	Where to Call to Arrange Help in the Home for Elderly Relatives or Friends		
National Ranking 85+	28	N/A	% Relative or Friend	32.5	21.5
			% Self	23.0	17.2
■ Economic Indicators ■			% Medical Support	26.2	21.6
Per Capita Income	\$27,630	\$33,041	% Religious Support	0.7	0.4
Median Household Income	\$38,111	\$44,473	% Area Agency on Aging	0.7	2.0
Total State Expenditures Per Capita	\$3,554	\$4,009	% Other	2.6	4.5
% Pop. 65+ Below Poverty	11.9	9.4	% Don't Know	14.4	32.7
% Pop. 50+ Who Did Not Visit Doctor Due to Cost	11.7	8.1			

State Profile: **Alabama** (cont'd)**Selected State Background Characteristics**

	AL	US		AL	US
■ Long-Term Care ■			■ Care Receivers ■		
Medicaid Spending on Long-Term Care			% Pop. 21-64 Years w/Disability	16.8	12.1
% Spending on Nursing Facilities	63.6	46.0	% Pop. 65+ w/Disability	46.0	39.6
% Spending on Home Health & Personal Care	29.9	37.3	% 65+ by Type of Disability		
# of Certified Nursing Facilities	216	15,209	Sensory	18.0	16.0
% of Certified Facilities with Family Councils	62.5	43.2	Physical	35.7	30.2
# of Certified Nursing Facility Beds (<i>thousands</i>)	24.7	1,579.9	Self-Care	10.7	9.3
Certified Nursing Facility Occupancy Rate	88.9	85.5	Mental	13.3	10.9
Average Cost Per Day in a Nursing Home	\$167	\$213	Difficulty Going Outside Home	18.1	16.3
Average Assisted Living Monthly Cost	\$2,563	\$2,969	■ Medicare Prescription Drug Plans ■		
Average Daily Cost for Adult Day Care Services	\$30.50	\$61	# of Companies Offering PDPs	17	N/A
Average Hourly Cost for Home Health Care	\$14.50	\$19	# of PDP	41	N/A
Average Hourly Cost for Personal/Home Care	\$14	\$18	# of Companies Offering Medicare Advantage Drug Plans	6	N/A
Nursing Facility Residents as % of 65+ Pop.	3.7	3.8			
# of Licensed Adult Day Facilities	40	3,407			
# of Home Health Aides	9,250	751,480			
Median Hourly Wage					
Certified Nursing Assistant	\$8.76	\$10.67			
Home Health Aide	\$7.77	\$9.34			
Personal Care/Home Care Aide	\$7.73	\$8.54			

State Profile: **Alabama** (cont'd)**State System of Home and Community-Based Services (HCBS)**

Legislation Enacted Within the Last Three Years (2001-2003) that Addresses Family Caregiving Issues	None
Task Force or Commission Specifically to Examine Family Caregiver Issues	Yes
Name of Task Force:	Department of Senior Services Support for Caregivers
Single Point of Entry for State System of HCBS	No
Single Point of Entry Includes Access to State's Caregiver Support Program	N/A
Uniform Assessment Tool for All HCBS Programs for the Elderly and Adults with Disabilities	Lack of agreement
Assessment Includes Caregiver Component	N/A
At Least One State Program with Consumer-Directed Option for Family Caregivers	Yes

State Program Information■ **Administrative Structure** ■

Program Name	Alabama CARES (FC)	Elderly & Disabled Waiver (MC)
Administering State Agency	AL Department of Senior Services	AL Medicaid Agency
Organizational Unit or Person Specifically Designated for Caregiving Programs or Activities	Yes	Yes
Geographic Region Served	Statewide	Statewide
Local Program Administrative Responsibility	<ul style="list-style-type: none"> ▪ AAA 	<ul style="list-style-type: none"> ▪ AAA ▪ Dept. of Public Health & Dept. of Senior Services are operating agencies

■ **Funding & Caseload** ■

Program Name	Alabama CARES (FC)	Elderly & Disabled Waiver (MC)
Major Sources of Program Funding	<ul style="list-style-type: none"> ▪ OAA, Title III-E ▪ State general fund 	Medicaid HCBS waiver
FY 2001 Expenditures	\$1,739,242	\$5,148,710 (<i>respite only</i>)
FY 2002 Expenditures	\$1,996,374	\$5,676,620 (<i>respite only</i>)
FY 2003 Expenditures	\$2,187,095	\$52,919,759 (<i>total waiver</i>)
FY 2001 A/D Waiver Respite Participants	N/A	1,704
FY 2002 A/D Waiver Respite Participants	N/A	1,776

State Profile: **Alabama** (cont'd)■ **Eligibility** ■

Program Name	Alabama CARES (FC)	Elderly & Disabled Waiver (MC)
Caregiver Age Requirement	None	None
Care Receiver Age Requirement	60+	None
Care Receiver Functional Status Requirement	2 IADLs	Nursing home level of care
Client Population	Family Caregiver	Care Receiver

■ **Assessment** ■

Program Name	Alabama CARES (FC)	Elderly & Disabled Waiver (MC)
Program Assesses	Both family caregiver and care receiver	Care Receiver
Uniform Assessment Tool	Yes	Yes
Includes Caregiver Assessment	Yes	N/A
Areas Addressed by Caregiver Assessment	<ul style="list-style-type: none"> ▪ Ability of caregiver to provide care ▪ Care duration ▪ Care frequency ▪ Caregiver demographic information ▪ Caregiver mental health/ depression ▪ Caregiver social support network ▪ Financial situation 	N/A

■ **Services** ■

Program Name	Alabama CARES (FC)	Elderly & Disabled Waiver (MC)
All Caregivers Eligible for Program Have Access to Same Package of Services	No	No
Services Provided Specifically to Family Caregivers	<ul style="list-style-type: none"> ▪ Assistive technology ▪ Care mgt. ▪ Consum. supplies ▪ Counseling ▪ Educ. & training ▪ Emerg. Response ▪ Home modification/repairs ▪ Homemaker/chore/personal care ▪ Info. & assistance ▪ Respite care ▪ Support groups ▪ Transportation ▪ Other 	<ul style="list-style-type: none"> ▪ Assistive technology ▪ Care mgt. ▪ Cash grant ▪ Counseling ▪ Home modification/repairs
Types of Respite Care Offered	<ul style="list-style-type: none"> ▪ Adult day svcs. ▪ In-home ▪ Overnight ▪ Weekend/camp 	<ul style="list-style-type: none"> ▪ In-home

State Profile: **Alabama** (cont'd)■ **Services** (cont'd) ■

Program Name	Alabama CARES (FC)	Elderly & Disabled Waiver (MC)
Caregiver Must Live with Care Receiver to Receive Respite	No	No
Respite Cap	\$500 - \$1200/year	720 hours/year
Uniform Respite Cap Across Program Sites	No	Yes
Entity that Formulates the Respite Cap	Administering local agency	Operating agencies

■ **Consumer Direction** ■

Program Name	Alabama CARES (FC)	Elderly & Disabled Waiver (MC)
Consumer-Directed Options	<ul style="list-style-type: none"> ▪ A menu of services from which caregivers can choose ▪ A voucher or budget for respite and/or supplemental services ▪ Families have a choice of respite providers 	None
Family Members Can Be Paid to Provide Care	No	Yes
Types of Services Families Can Be Paid to Provide	N/A	<ul style="list-style-type: none"> ▪ Homemaker/chore ▪ Personal care