

State Profile: **Arizona**

## Selected State Background Characteristics

	AZ	US		AZ	US
<b>■ Population ■</b>			<b>■ Socio-Demographics ■</b>		
Total Pop. ( <i>millions</i> )	5.7	293.7	Average Household Size	2.6	2.6
Pop. 60+ ( <i>thousands</i> )	978.6	48,883.4	Average Family Size	3.2	3.1
% 60+	18.7	16.6	% Pop. in Rural Area	11.0	16.9
National Ranking 60+	29	N/A	Households with Persons 65+ ( <i>millions</i> )	0.51	25.2
% White (60+)	83.6	81.4	% Persons Age 65+ Living Alone	25.3	29.8
% African American (60+)	1.7	8.5	% Pop. 65+ in Major Cities	51.1	40.1
% Hispanic/Latino (60+)	10.5	6.1	% Households with Internet Access	55.3	54.7
% Asian (60+)	1.2	2.9			
% Native Hawaiian/ Pacific Islanders (60+)	0.1	0.1	<b>■ Informal Caregivers ■</b>		
% American Indian/ Alaska Native (60+)	2.5	0.5	# of Caregivers ( <i>millions</i> )	570,000	34,000,000
% Two or More Races (60+)	0.5	0.6	# of Caregiving Hours ( <i>millions</i> )	620	36,720
			Value of Caregiving ( <i>millions</i> )	\$5,600	\$350,000
Pop. 65+ ( <i>thousands</i> )	732.1	36,294.0	% Grandparents Living with Grandchildren	3.9	3.4
% Pop. 65+	13.8	12.4	% with Responsibility for the Grandchildren	1.9	1.4
National Ranking 65+	26	N/A	Where to Call to Arrange Help in the Home for Elderly Relatives or Friends		
			% Relative or Friend	17.6	21.5
Pop. 85+ ( <i>thousands</i> )	85.9	4,859.6	% Self	14.4	17.2
% Pop. 85	1.7	1.7	% Medical Support	12.0	21.6
National Ranking 85+	32	N/A	% Religious Support	0.3	0.4
			% Area Agency on Aging	1.7	2.0
<b>■ Economic Indicators ■</b>			% Other	15.6	4.5
Per Capita Income	\$28,609	\$33,041	% Don't Know	38.3	32.7
Median Household Income	\$42,590	\$44,473			
Total State Expenditures Per Capita	\$3,786	\$4,009			
% Pop. 65+ Below Poverty	7.5	9.4			
% Pop. 50+ Who Did Not Visit Doctor Due to Cost	7.5	8.1			

State Profile: **Arizona** (cont'd)**Selected State Background Characteristics**

	<b>AZ</b>	<b>US</b>		<b>AZ</b>	<b>US</b>
<b>■ Long-Term Care ■</b>			<b>■ Care Receivers ■</b>		
Medicaid Spending on Long-Term Care			% Pop. 21-64 Years w/Disability	11.9	12.1
% Spending on Nursing Facilities	46.7	46.0	% Pop. 65+ w/Disability	37.4	39.6
% Spending on Home Health & Personal Care	36.9	37.3	% 65+ by Type of Disability		
# of Certified Nursing Facilities	112	15,209	Sensory	16.1	16.0
% of Certified Facilities with Family Councils	29.5	43.2	Physical	28.4	30.2
# of Certified Nursing Facility Beds ( <i>thousands</i> )	13.8	1,579.9	Self-Care	7.0	9.3
Certified Nursing Facility Occupancy Rate	81.1	85.5	Mental	9.8	10.9
Average Cost Per Day in a Nursing Home	\$195	\$213	Difficulty Going Outside Home	14.4	16.3
Average Assisted Living Monthly Cost	\$2,874	\$2,969	<b>■ Medicare Prescription Drug Plans ■</b>		
Average Daily Cost for Adult Day Care Services	\$86	\$61	# of Companies Offering PDPs	18	N/A
Average Hourly Cost for Home Health Care	\$20.50	\$19	# of PDP	43	N/A
Average Hourly Cost for Personal/Home Care	\$18.50	\$18	# of Companies Offering Medicare Advantage Drug Plans	18	N/A
Nursing Facility Residents as % of 65+ Pop.	1.6	3.8			
# of Licensed Adult Day Facilities	22	3,407			
# of Home Health Aides	n/a	751,480			
Median Hourly Wage					
Certified Nursing Assistant	\$10.59	\$10.67			
Home Health Aide	\$9.53	\$9.34			
Personal Care/Home Care Aide	\$9.53	\$8.54			

State Profile: **Arizona** (cont'd)**State System of Home and Community-Based Services (HCBS)**

Legislation Enacted Within the Last Three Years (2001-2003) that Addresses Family Caregiving Issues	None
Task Force or Commission Specifically to Examine Family Caregiver Issues	No
Name of Task Force:	N/A
Single Point of Entry for State System of HCBS	Lack of agreement
Single Point of Entry Includes Access to State's Caregiver Support Program	Lack of agreement
Uniform Assessment Tool for All HCBS Programs for the Elderly and Adults with Disabilities	Lack of agreement
Assessment Includes Caregiver Component	Lack of agreement
At Least One State Program with Consumer-Directed Option for Family Caregivers	Yes

**State Program Information**■ **Administrative Structure** ■

<b>Program Name</b>	<b>Family Caregiver Support Program (FC)</b>	<b>AZ Long-Term Care System (ALTCs) (MC)</b>	<b>Non-Medical Home and Community Based Services (SC)</b>
Administering State Agency	AZ Department of Economic Security	AZ Health Care Cost Containment System	AZ Department of Economic Security
Organizational Unit or Person Specifically Designated for Caregiving Programs or Activities	Yes	No	Yes
Geographic Region Served	Statewide	Statewide	Statewide
Local Program Administrative Responsibility	AAA	Medicaid agency	AAA

■ **Funding & Caseload** ■

<b>Program Name</b>	<b>Family Caregiver Support Program (FC)</b>	<b>AZ Long-Term Care System (ALTCs) (MC)</b>	<b>Non-Medical Home and Community Based Services (SC)</b>
Major Sources of Program Funding	OAA, Title III-E	Medicaid 1115 (c) Waiver	<ul style="list-style-type: none"> <li>▪ OAA, Title III-B</li> <li>▪ State general fund</li> <li>▪ Title XX</li> </ul>
FY 2001 Expenditures	\$1,956,318	n/a	n/a
FY 2002 Expenditures	\$2,337,035	n/a	n/a
FY 2003 Expenditures	\$2,560,300	n/a	n/a

State Profile: **Arizona** (cont'd)

■ **Funding & Caseload** (cont'd) ■

Program Name	Family Caregiver Support Program (FC)	AZ Long-Term Care System (ALTCs) (MC)	Non-Medical Home and Community Based Services (SC)
FY 2001 A/D Waiver Respite Participants	N/A	n/a	N/A
FY 2002 A/D Waiver Respite Participants	N/A	n/a	N/A

■ **Eligibility** ■

Program Name	Family Caregiver Support Program (FC)	AZ Long-Term Care System (ALTCs) (MC)	Non-Medical Home and Community Based Services (SC)
Caregiver Age Requirement	None	18+	None
Care Receiver Age Requirement	60+	None	60+
Care Receiver Functional Status Requirement	<ul style="list-style-type: none"> <li>▪ 2 ADLs</li> <li>▪ 2 IADLs</li> <li>▪ Diagnosis of dementia or related disorder/requires supervision</li> </ul>	<ul style="list-style-type: none"> <li>▪ Nursing home level of care</li> </ul>	<ul style="list-style-type: none"> <li>▪ 2 ADLs</li> <li>▪ 2 IADLs</li> </ul>
Client Population	Both family caregiver and care receiver	Care receiver	Both family caregiver and care receiver

■ **Assessment Process** ■

Program Name	Family Caregiver Support Program (FC)	AZ Long-Term Care System (ALTCs) (MC)	Non-Medical Home and Community Based Services (SC)
Program Assesses	Both family caregiver and care receiver	Care receiver	Both family caregiver and care receiver
Uniform Assessment Tool	Yes	No	Yes
Includes Caregiver Assessment	Yes	N/A	Yes
Areas Addressed by Caregiver Assessment	<ul style="list-style-type: none"> <li>▪ Ability of caregiver to provide care</li> <li>▪ Care duration</li> <li>▪ Caregiver demographic information</li> <li>▪ Caregiver mental health/depression</li> <li>▪ Caregiver strain</li> </ul>	N/A	<ul style="list-style-type: none"> <li>▪ Ability of caregiver to provide care</li> <li>▪ Care duration</li> <li>▪ Caregiver demographic information</li> <li>▪ Caregiver mental health/depression</li> <li>▪ Caregiver strain</li> </ul>

State Profile: **Arizona** (cont'd)■ **Services** ■

<b>Program Name</b>	<b>Family Caregiver Support Program (FC)</b>	<b>AZ Long-Term Care System (ALTCs) (MC)</b>	<b>Non-Medical Home and Community Based Services (SC)</b>
All Caregivers Eligible for Program Have Access to Same Package of Services	No	Yes	No
Services Provided Specifically to Family Caregivers	<ul style="list-style-type: none"> <li>▪ Assistive technology</li> <li>▪ Care mgt.</li> <li>▪ Consum. supplies</li> <li>▪ Counseling</li> <li>▪ Educ. &amp; training</li> <li>▪ Family consult.</li> <li>▪ Home modification/ repairs</li> <li>▪ Info. &amp; assistance</li> <li>▪ Respite care</li> <li>▪ Support groups</li> <li>▪ Transportation</li> </ul>	<ul style="list-style-type: none"> <li>▪ Assistive technology</li> <li>▪ Care mgt.</li> <li>▪ Consum. supplies</li> <li>▪ Counseling</li> <li>▪ Emerg. response</li> <li>▪ Family meetings</li> <li>▪ Homemaker/chore/ personal care</li> <li>▪ Home modification/ repairs</li> <li>▪ Info. &amp; assistance</li> <li>▪ Respite care</li> <li>▪ Transportation</li> </ul>	<ul style="list-style-type: none"> <li>▪ Assistive technology</li> <li>▪ Care mgt.</li> <li>▪ Consum. supplies</li> <li>▪ Counseling</li> <li>▪ Educ. &amp; training</li> <li>▪ Family consult.</li> <li>▪ Home modification/ repairs</li> <li>▪ Info. &amp; assistance</li> <li>▪ Respite care</li> <li>▪ Support groups</li> <li>▪ Transportation</li> </ul>
Types of Respite Care Offered	<ul style="list-style-type: none"> <li>▪ Adult day svcs.</li> <li>▪ In-home</li> <li>▪ Overnight</li> <li>▪ Weekend/camp</li> </ul>	<ul style="list-style-type: none"> <li>▪ Adult day svcs.</li> <li>▪ In-home</li> <li>▪ Overnight</li> </ul>	<ul style="list-style-type: none"> <li>▪ Adult day svcs.</li> <li>▪ In-home</li> <li>▪ Overnight</li> <li>▪ Weekend/camp</li> </ul>
Caregiver Must Live with Care Receiver to Receive Respite	No	No	No
Respite Cap	No cap	720 hours/year	No cap
Uniform Respite Cap Across Program Sites	N/A	Yes	N/A
Entity that Formulates the Respite Cap	N/A	Administering state agency	N/A

■ **Consumer Direction** ■

<b>Program Name</b>	<b>Family Caregiver Support Program (FC)</b>	<b>AZ Long-Term Care System (ALTCs) (MC)</b>	<b>Non-Medical Home and Community Based Services (SC)</b>
Consumer-Directed Options	<ul style="list-style-type: none"> <li>▪ A voucher or budget for respite only</li> <li>▪ Families have a choice of respite providers</li> </ul>	<ul style="list-style-type: none"> <li>▪ A menu of services from which caregivers can choose</li> </ul>	None
Family Members Can Be Paid to Provide Care	Yes	Yes	No
Types of Services Families Can Be Paid to Provide	<ul style="list-style-type: none"> <li>▪ Respite care</li> </ul>	<ul style="list-style-type: none"> <li>▪ Personal care</li> <li>▪ Respite care</li> </ul>	N/A