

State Profile: **California****Selected State Background Characteristics**

	CA	US		CA	US
<b>■ Population ■</b>			<b>■ Socio-Demographics ■</b>		
Total Pop. ( <i>millions</i> )	35.9	293.7	Average Household Size	2.9	2.6
Pop. 60+ ( <i>thousands</i> )	5,184.3	48,883.4	Average Family Size	3.4	3.1
% 60+	14.4	16.6	% Pop. in Rural Area	2.3	16.9
National Ranking 60+	46	N/A	Households with Persons 65+ ( <i>millions</i> )	2.64	25.2
% White (60+)	66.1	81.4	% Persons Age 65+ Living Alone	27.1	29.8
% African American (60+)	5.4	8.5	% Pop. 65+ in Major Cities	62.0	40.1
% Hispanic/Latino (60+)	15.7	6.1	% Households with Internet Access	59.6	54.7
% Asian (60+)	11.3	2.9			
% Native Hawaiian/ Pacific Islanders (60+)	0.2	0.1	<b>■ Informal Caregivers ■</b>		
% American Indian/ Alaska Native (60+)	0.5	0.5	# of Caregivers	4,000,000	34,000,000
% Two or More Races (60+)	1.0	0.6	# of Caregiving Hours ( <i>millions</i> )	4,300	36,720
Pop. 65+ ( <i>thousands</i> )	3,823.0	36,294.0	Value of Caregiving ( <i>millions</i> )	\$45,000	\$350,000
% Pop. 65+	10.7	12.4	% Grandparents Living with Grandchildren	4.4	3.4
National Ranking 65+	46	N/A	% with Responsibility for the Grandchildren	1.3	1.4
Pop. 85+ ( <i>thousands</i> )	514.0	4,859.6	Where to Call to Arrange Help in the Home for Elderly Relatives or Friends		
% Pop. 85	1.4	1.7	% Relative or Friend	29.7	21.5
National Ranking 85+	45	N/A	% Self	16.9	17.2
<b>■ Economic Indicators ■</b>			% Medical Support	24.9	21.6
Per Capita Income	\$35,172	\$33,041	% Religious Support	0.9	0.4
Median Household Income	\$49,894	\$44,473	% Area Agency on Aging	3.0	2.0
Total State Expenditures Per Capita	\$4,370	\$4,009	% Other	9.8	4.5
% Pop. 65+ Below Poverty	7.8	9.4	% Don't Know	14.7	32.7
% Pop. 50+ Who Did Not Visit Doctor Due to Cost	7.9	8.1			

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	CA	US		CA	US
<b>■ Long-Term Care ■</b>			<b>■ Care Receivers ■</b>		
Medicaid Spending on Long-Term Care			% Pop. 21-64 Years w/Disability	10.5	12.1
% Spending on Nursing Facilities	30.4	46.0	% Pop. 65+ w/Disability	39.4	39.6
% Spending on Home Health & Personal Care	42.6	37.3	% 65+ by Type of Disability		
# of Certified Nursing Facilities	1,291	15,209	Sensory	16.3	16.0
% of Certified Facilities with Family Councils	42.2	43.2	Physical	29.5	30.2
# of Certified Nursing Facility Beds ( <i>thousands</i> )	121.3	1,579.9	Self-Care	9.7	9.3
Certified Nursing Facility Occupancy Rate	85.5	85.5	Mental	12.0	10.9
Average Cost Per Day in a Nursing Home	\$275	\$213	Difficulty Going Outside Home	16.8	16.3
Average Assisted Living Monthly Cost	\$2,832	\$2,969	<b>■ Medicare Prescription Drug Plans ■</b>		
Average Daily Cost for Adult Day Services	\$65.33	\$61	# of Companies Offering PDPs	18	N/A
Average Hourly Cost for Adult Home Health Care	\$20.66	\$19	# of PDP	47	N/A
Average Hourly Cost for Personal/Home Care	\$20	\$18	# of Companies Offering Medicare Advantage Drug Plans	22	N/A
Nursing Facility Residents as % of 65+ Pop.	2.8	3.8			
# of Licensed Adult Day Facilities	467	3,407			
# of Home Health Aides	46,470	751,480			
Median Hourly Wage					
Certified Nursing Assistant	\$11.34	\$10.67			
Home Health Aide	\$9.38	\$9.34			
Personal Care/Home Care Aide	\$9.54	\$8.54			

State Profile: **California** (cont'd)

**State System of Home and Community-Based Services (HCBS)**

Legislation Enacted Within the Last Three Years (2001-2003) that Addresses Family Caregiving Issues	<p><b>SB 723</b> (Enacted 2003) Provided conforming, clarifying and technical changes to SB 1661.</p> <p><b>SB 1661</b> (Enacted 2002) Expanded on the federal FMLA by providing up to six weeks paid leave (100% employee-funded) for workers caring for a new child or a seriously ill family member.</p> <p><b>SB 739</b> (Enacted 2001) Required the Department of Aging to establish guidelines for the use of NFCSP funds to ensure the quality of services provided with those funds.</p>
Task Force or Commission Specifically to Examine Family Caregiver Issues	No
Name of Task Force:	N/A
Single Point of Entry for State System of HCBS	No
Single Point of Entry Includes Access to State's Caregiver Support Program	N/A
Uniform Assessment Tool for All HCBS Programs for the Elderly and Adults with Disabilities	No
Assessment Includes Caregiver Component	N/A
At Least One State Program with Consumer-Directed Option for Family Caregivers	Yes

**State Program Information**

■ **Administrative Structure** ■

Program Name	Family Caregiver Support Program (FCSP) (FC)	Multipurpose Senior Services Program (MSSP) (MC)	Adult Day Health Care Program (ADHC) (SC)	Alzheimer's Day Care Resource Center (ADCRC) (SC)	Caregiver Resource Centers (CRCs) (SC)	In-Home Supportive Services (IHSS) (SC)
Administering State Agency	CA Department of Aging	CA Department of Aging	CA Department of Aging	CA Department of Aging	CA Department of Mental Health	CA Department of Social Services
Organizational Unit or Person Specifically Designated for Caregiving Programs or Activities	Yes	No	Yes	Yes	Yes	No
Geographic Region Served	Statewide	Statewide	Statewide	Statewide	Statewide	Statewide
Local Program Administrative Responsibility	<ul style="list-style-type: none"> <li>▪ AAA</li> </ul>	<ul style="list-style-type: none"> <li>▪ AAA</li> <li>▪ County Health Dept.</li> <li>▪ Non-profit agency</li> <li>▪ Other gov't. agency</li> </ul>	<ul style="list-style-type: none"> <li>▪ State Dept. of Health Services licenses ADHC centers; Dept of Aging certifies for Medi-Cal to reimburse; both monitor for compliance.</li> </ul>	<ul style="list-style-type: none"> <li>▪ AAA</li> </ul>	<ul style="list-style-type: none"> <li>▪ Caregiver Resource Centers (CRCs)</li> </ul>	<ul style="list-style-type: none"> <li>▪ County Departments of Social Services</li> <li>▪ Non-profit consortium</li> <li>▪ Public Authority</li> </ul>

State Profile: **California** (cont'd)

## ■ Funding &amp; Caseload ■

Program Name	FCSP (FC)	MSSP (MC)	ADHC (SC)	ADCRC (SC)	CRCs (SC)	IHSS (SC)
Major Sources of Program Funding	<ul style="list-style-type: none"> <li>▪ OAA, Title III-E</li> </ul>	<ul style="list-style-type: none"> <li>▪ Medicaid HCBS waiver</li> </ul>	<ul style="list-style-type: none"> <li>▪ Client contribution</li> <li>▪ Foundation</li> <li>▪ State general fund</li> <li>▪ Title XIX (Medicaid)</li> </ul>	<ul style="list-style-type: none"> <li>▪ Local/county funds</li> <li>▪ State general fund</li> </ul>	<ul style="list-style-type: none"> <li>▪ Client contribution</li> <li>▪ OAA, Title III-E</li> <li>▪ State general fund</li> </ul>	<ul style="list-style-type: none"> <li>▪ State general fund</li> <li>▪ Title XIX (Medicaid)</li> <li>▪ Title XX</li> </ul>
FY 2001 Expenditures	\$11,359,851	\$1,595,565 <i>(respite only)</i>	\$177,075*	\$4,293,000*	\$11,747,000*	n/a
FY 2002 Expenditures	\$12,657,601	\$1,988,822 <i>(respite only)</i>	\$242,279**	\$4,189,000**	\$11,747,000**	n/a
FY 2003 Expenditures	\$13,866,825	\$42,937,460 <i>(total waiver)</i>	\$305,264***	\$4,191,000***	\$11,747,000***	n/a
FY 2001 A/D Waiver Respite Participants	N/A	1,582	N/A	N/A	N/A	N/A
FY 2002 A/D Waiver Respite Participants	N/A	1,674	N/A	N/A	N/A	N/A

## ■ Eligibility ■

Program Name	FCSP (FC)	MSSP (MC)	ADHC (SC)	ADCRC (SC)	CRCs (SC)	IHSS (SC)
Caregiver Age Requirement	18+	N/A	N/A	Other	None	Legally eligible to work under state law
Care Receiver Age Requirement	60+	65+	18+	18+	18+	None
Care Receiver Functional Status Requirement	OAA guidelines	Nursing home level of care	Other	Diagnosis of dementia or related disorder/requires supervision	Adult-onset cognitive disorder	<ul style="list-style-type: none"> <li>▪ 1 ADL</li> <li>▪ 1 IADL</li> </ul>
Client Population	Family caregiver	Care receiver	Care receiver	Both family caregiver and care receiver	Family caregiver	Care receiver

Note:\*=FY 2000/2001 state general funds only; \*\*=FY 2001/2002; \*\*\*=FY 2002/2003

State Profile: **California** (cont'd)

■ **Assessment Process** ■

Program Name	FCSP (FC)	MSSP (MC)	ADHC (SC)	ADCRC (SC)	CRCs (SC)	IHSS (SC)
Program Assesses	Both family caregiver and care receiver	Care receiver	Care receiver	Care receiver	Family caregiver	Care receiver
Uniform Assessment Tool	No	Yes	No	Yes	Yes	Yes
Includes Caregiver Assessment	N/A	No	N/A	No	Yes	No
Areas Addressed by Caregiver Assessment	N/A	N/A	N/A	N/A	<ul style="list-style-type: none"> <li>▪ Caregiver demographic information</li> <li>▪ Care duration</li> <li>▪ Care frequency</li> <li>▪ Caregiver mental health/ depression</li> <li>▪ Caregiver physical health</li> <li>▪ Caregiver strain</li> <li>▪ If family caregivers are providing long-distance caregiving</li> <li>▪ Caregiver social support network</li> <li>▪ Need for education/ training</li> </ul>	N/A

■ **Services** ■

Program Name	FCSP (FC)	MSSP (MC)	ADHC (SC)	ADCRC (SC)	CRCs (SC)	IHSS (SC)
All Caregivers Eligible for Program Have Access to Same Package of Services	No	Yes	N/A	Yes	Yes	No
Services Provided Specifically to Family Caregivers	<ul style="list-style-type: none"> <li>▪ Assistive technology</li> <li>▪ Care mgt.</li> <li>▪ Consum. supplies</li> <li>▪ Counseling</li> <li>▪ Educ. &amp; training</li> <li>▪ Emerg. response</li> <li>▪ Family consultation</li> <li>▪ Family meetings</li> <li>▪ Home modification/ repairs</li> <li>▪ Homemaker/ chore/ personal care</li> <li>▪ Info. &amp; assistance</li> <li>▪ Legal and/or financial consultation</li> <li>▪ Respite care</li> <li>▪ Support groups</li> <li>▪ Transportation</li> <li>▪ Other</li> </ul>	<ul style="list-style-type: none"> <li>▪ Respite care</li> </ul>	<ul style="list-style-type: none"> <li>▪ Respite care</li> </ul>	<ul style="list-style-type: none"> <li>▪ Counseling</li> <li>▪ Educ. &amp; training</li> <li>▪ Family consultation</li> <li>▪ Info. &amp; assistance</li> <li>▪ Respite care</li> <li>▪ Support groups</li> </ul>	<ul style="list-style-type: none"> <li>▪ Care mgt.</li> <li>▪ Consumer ehealth applications</li> <li>▪ Counseling</li> <li>▪ Educ. &amp; training</li> <li>▪ Family consultation</li> <li>▪ Family meetings</li> <li>▪ Info. &amp; assistance</li> <li>▪ Legal and/or financial consultation</li> <li>▪ Respite care</li> <li>▪ Support groups</li> <li>▪ Transportation</li> </ul>	<ul style="list-style-type: none"> <li>▪ Educ. &amp; training</li> <li>▪ Info. &amp; assistance</li> <li>▪ Respite care</li> </ul>

State Profile: **California** (cont'd)

■ **Services** (cont'd) ■

Program Name	FCSP (FC)	MSSP (MC)	ADHC (SC)	ADCRC (SC)	CRCs (SC)	IHSS (SC)
Types of Respite Care Offered	<ul style="list-style-type: none"> <li>▪ Adult day svcs.</li> <li>▪ In-home</li> <li>▪ Overnight</li> <li>▪ Weekend/ camp</li> </ul>	<ul style="list-style-type: none"> <li>▪ Adult day svcs.</li> <li>▪ In-home</li> <li>▪ Overnight</li> </ul>	<ul style="list-style-type: none"> <li>▪ Adult day svcs.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Adult day svcs.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Adult day svcs.</li> <li>▪ In-home</li> <li>▪ Overnight</li> <li>▪ Weekend/ camp</li> </ul>	<ul style="list-style-type: none"> <li>▪ In-home</li> </ul>
Caregiver Must Live with Care Receiver to Receive Respite	No	N/A	No	No	Yes	No
Respite Cap	No cap	No cap	No cap	No cap	\$3600/year	No cap
Uniform Respite Cap Across Program Sites	N/A	N/A	N/A	N/A	Yes	N/A
Entity that Formulates the Respite Cap	N/A	N/A	N/A	N/A	Administering local agency	N/A

■ **Consumer Direction** ■

Program Name	FCSP (FC)	MSSP (MC)	ADHC (SC)	ADCRC (SC)	CRCs (SC)	IHSS (SC)
Consumer-Directed Options	<ul style="list-style-type: none"> <li>▪ A menu of services from which caregivers can choose</li> </ul>	<ul style="list-style-type: none"> <li>▪ None</li> </ul>	<ul style="list-style-type: none"> <li>▪ None</li> </ul>	<ul style="list-style-type: none"> <li>▪ None</li> </ul>	<ul style="list-style-type: none"> <li>▪ A menu of services from which caregivers can choose</li> <li>▪ A voucher or budget for respite only</li> <li>▪ Direct payments to family members for the purchase of goods or services</li> <li>▪ Families have a choice of respite providers</li> </ul>	<ul style="list-style-type: none"> <li>▪ Direct payments to family members for the purchase of goods or services</li> </ul>
Family Members Can Be Paid to Provide Care	Yes	No	No	No	Yes	Yes
Types of Services Families Can Be Paid to Provide	<ul style="list-style-type: none"> <li>▪ Personal care</li> <li>▪ Respite care</li> <li>▪ Any service needed</li> </ul>	N/A	N/A	N/A	<ul style="list-style-type: none"> <li>▪ Respite care</li> </ul>	<ul style="list-style-type: none"> <li>▪ Personal care</li> <li>▪ Respite care</li> </ul>