

State Profile: **District of Columbia****Selected State Background Characteristics**

	DC	US		DC	US
■ Population ■			■ Socio-Demographics ■		
Total Pop. (<i>millions</i>)	0.6	293.7	Average Household Size	2.1	2.6
Pop. 60+ (<i>thousands</i>)	91.3	48,883.4	Average Family Size	N/A	3.1
% 60+	16.5	16.6	% Pop. in Rural Area	0.0	16.9
National Ranking 60+	35	N/A	Households with Persons 65+ (<i>millions</i>)	0.05	25.2
% White (60+)	28.5	81.4	% Persons Age 65+ Living Alone	41.5	29.8
% African American (60+)	64.9	8.5	% Pop. 65+ in Major Cities	100.0	40.1
% Hispanic/Latino (60+)	3.6	6.1	% Households with Internet Access	53.2	54.7
% Asian (60+)	2.0	2.9			
% Native Hawaiian/ Pacific Islanders (60+)	0.0	0.1			
% American Indian/ Alaska Native (60+)	0.3	0.5			
% Two or More Races (60+)	0.7	0.6			
			■ Informal Caregivers ■		
Pop. 65+ (<i>thousands</i>)	67.2	36,294.0	# of Caregivers	59,000	34,000,000
% Pop. 65+	12.1	12.4	# of Caregiving Hours (<i>millions</i>)	64	36,720
National Ranking 65+	33	N/A	Value of Caregiving (<i>millions</i>)	\$640	\$350,000
			% Grandparents Living with Grandchildren	3.8	3.4
Pop. 85+ (<i>thousands</i>)	9.3	4,859.6	% with Responsibility for the Grandchildren	1.8	1.4
% Pop. 85	1.7	1.7	Where to Call to Arrange Help in the Home for Elderly Relatives or Friends		
National Ranking 85+	29	N/A	% Relative or Friend	30.9	21.5
			% Self	10.2	17.2
■ Economic Indicators ■			% Medical Support	17.2	21.6
Per Capita Income	\$52,101	\$33,041	% Religious Support	0.8	0.4
Median Household Income	\$43,573	\$44,473	% Area Agency on Aging	2.7	2.0
Total State Expenditures Per Capita	N/A	\$4,009	% Other	5.8	4.5
% Pop. 65+ Below Poverty	14.4	9.4	% Don't Know	32.4	32.7
% Pop. 50+ Who Did Not Visit Doctor Due to Cost	9.6	8.1			

State Profile: **District of Columbia** (cont'd)**Selected State Background Characteristics**

	DC	US		DC	US
■ Long-Term Care ■			■ Care Receivers ■		
Medicaid Spending on Long-Term Care			% Pop. 21-64 Years w/Disability	10.9	12.1
% Spending on Nursing Facilities	83.1	46.0	% Pop. 65+ w/Disability	37.9	39.6
% Spending on Home Health & Personal Care	13.1	37.3	% 65+ by Type of Disability		
# of Certified Nursing Facilities	17	15,209	Sensory	11.9	16.0
% of Certified Facilities with Family Councils	64.7	43.2	Physical	29.2	30.2
# of Certified Nursing Facility Beds (<i>thousands</i>)	2.4	1,579.9	Self-Care	9.4	9.3
Certified Nursing Facility Occupancy Rate	91.9	85.5	Mental	12.1	10.9
Average Cost Per Day in a Nursing Home	\$301	\$213	Difficulty Going Outside Home	17.1	16.3
Average Assisted Living Monthly Cost	\$5,031	\$2,969	■ Medicare Prescription Drug Plans ■		
Average Daily Cost for Adult Day Services	\$72	\$61	# of Companies Offering PDPs	19	N/A
Average Hourly cost for Home Health Care	\$19	\$19	# of PDP	47	N/A
Average Hourly Cost for Personal/Home Care	\$18	\$18	# of Companies Offering Medicare Advantage Drug Plans	5	N/A
Nursing Facility Residents as % of 65+ Pop.	3.3	3.8			
# of Licensed Adult Day Facilities	40	3,407			
# of Home Health Aides	970	751,480			
Median Hourly Wage					
Certified Nursing Assistant	\$12.47	\$10.67			
Home Health Aide	\$9.12	\$9.34			
Personal Care/Home Care Aide	\$8.54	\$8.54			

State Profile: **District of Columbia** (cont'd)**State System of Home and Community-Based Services (HCBS)**

Legislation Enacted Within the Last Three Years (2001-2003) that Addresses Family Caregiving Issues	None
Task Force or Commission Specifically to Examine Family Caregiver Issues	No
Name of Task Force:	N/A
Single Point of Entry for State System of HCBS	No
Single Point of Entry Includes Access to State's Caregiver Support Program	N/A
Uniform Assessment Tool for All HCBS Programs for the Elderly and Adults with Disabilities	Lack of agreement
Assessment Includes Caregiver Component	Lack of agreement
At Least One State Program with Consumer-Directed Option for Family Caregivers	Yes

State Program Information**■ Administrative Structure ■**

Program Name	Family Caregiver Support Program (FC)	Elderly and Physical Disabilities Waiver (MC)
Administering State Agency	DC Office on Aging	DC Department of Health, Medical Assistance & Administration
Organizational Unit or Person Specifically Designated for Caregiving Programs or Activities	Yes	Yes
Geographic Region Served	Statewide	Statewide
Local Program Administrative Responsibility	<ul style="list-style-type: none"> ▪ AAA ▪ SUA 	Medical Assistance Administration

■ Funding & Caseload ■

Program Name	Family Caregiver Support Program (FC)	Elderly and Physical Disabilities Waiver (MC)
Major Sources of Program Funding	<ul style="list-style-type: none"> ▪ OAA, Title III-E ▪ State general fund 	<ul style="list-style-type: none"> ▪ Medicaid HCBS waiver ▪ Real Choice Systems Change Grants ▪ State general fund
FY 2001 Expenditures	\$564,300	\$219 (<i>respite only</i>)
FY 2002 Expenditures	\$644,212	\$1,288 (<i>respite only</i>)
FY 2003 Expenditures	\$705,756	\$2,933,176 (<i>total waiver</i>)
FY 2001 A/D Waiver Respite Participants	N/A	2
FY 2002 A/D Waiver Respite Participants	N/A	3

State Profile: **District of Columbia** (cont'd)■ **Eligibility** ■

Program Name	Family Caregiver Support Program (FC)	Elderly and Physical Disabilities Waiver (MC)
Caregiver Age Requirement	None	No response
Care Receiver Age Requirement	60+	18+
Care Receiver Functional Status Requirement	No functional status requirement	<ul style="list-style-type: none"> ▪ 2 ADLs ▪ 3+ IADLs ▪ Nursing home level of care
Client Population	Family caregiver	Care receiver

■ **Assessment** ■

Program Name	Family Caregiver Support Program (FC)	Elderly and Physical Disabilities Waiver (MC)
Program Assesses	Family caregiver	Care receiver
Uniform Assessment Tool	No	Yes
Includes Caregiver Assessment	N/A	No
Areas Addressed by Caregiver Assessment	N/A	N/A

■ **Services** ■

Program Name	Family Caregiver Support Program (FC)	Elderly and Physical Disabilities Waiver (MC)
All Caregivers Eligible for Program Have Access to Same Package of Services	No	Yes
Services Provided Specifically to Family Caregivers	<ul style="list-style-type: none"> ▪ Care mgt. ▪ Cash grant ▪ Consum. supplies ▪ Counseling ▪ Educ. & training ▪ Family consult. ▪ Family meetings ▪ Home modification/repairs ▪ Homemaker/chore/personal care ▪ Info. & assistance ▪ Respite care ▪ Support groups ▪ Transportation 	<ul style="list-style-type: none"> ▪ Care mgt. ▪ Counseling ▪ Educ. & training ▪ Emerg. response ▪ Home modification/repairs ▪ Homemaker/chore/personal care ▪ Info. & assistance ▪ Respite care ▪ Transportation
Types of Respite Care Offered	<ul style="list-style-type: none"> ▪ Adult day svcs. ▪ In-home ▪ Overnight ▪ Weekend/camp 	<ul style="list-style-type: none"> ▪ In-home ▪ Overnight ▪ Weekend/camp
Caregiver Must Live with Care Receiver to Receive Respite	No	Yes
Respite Cap	No cap	6480 hours/year
Uniform Respite Cap Across Program Sites	N/A	Yes
Entity that Formulates the Respite Cap	N/A	Administering state agency

State Profile: **District of Columbia** (cont'd)

■ **Consumer Direction** ■

Program Name	Family Caregiver Support Program (FC)	Elderly and Physical Disabilities Waiver (MC)
Consumer-Directed Options	Direct payments to family members for the purchase of goods or services	None
Family Members Can Be Paid to Provide Care	Yes	Yes
Types of Services Families Can Be Paid to Provide	<ul style="list-style-type: none"> ▪ Personal care ▪ Respite care 	<ul style="list-style-type: none"> ▪ Personal care ▪ Respite care