

State Profile: **Iowa**

Selected State Background Characteristics

	IA	US		IA	US
■ Population ■			■ Socio-Demographics ■		
Total Pop. (<i>millions</i>)	3.0	293.7	Average Household Size	2.4	2.6
Pop. 60+ (<i>thousands</i>)	564.7	48,883.4	Average Family Size	3.0	3.1
% 60+	19.1	16.6	% Pop. in Rural Area	45.5	16.9
National Ranking 60+	5	N/A	Households with Persons 65+ (<i>millions</i>)	0.29	25.2
% White (60+)	97.4	81.4	% Persons Age 65+ Living Alone	34.9	29.8
% African American (60+)	1.0	8.5	% Pop. 65+ in Major Cities	22.8	40.1
% Hispanic/Latino (60+)	0.7	6.1	% Households with Internet Access	57.0	54.7
% Asian (60+)	0.5	2.9			
% Native Hawaiian/ Pacific Islanders (60+)	0.0	0.1	■ Informal Caregivers ■		
% American Indian/ Alaska Native (60+)	0.1	0.5	# of Caregivers	310,000	34,000,000
% Two or More Races (60+)	0.3	0.6	# of Caregiving Hours (<i>millions</i>)	330	36,720
Pop. 65+ (<i>thousands</i>)	433.1	36,294.0	Value of Caregiving (<i>millions</i>)	\$3,500	\$350,000
% Pop. 65+	14.7	12.4	% Grandparents Living with Grandchildren	1.4	3.4
National Ranking 65+	5	N/A	% with Responsibility for the Grandchildren	0.7	1.4
Pop. 85+ (<i>thousands</i>)	72.4	4,859.6	Where to Call to Arrange Help in the Home for Elderly Relatives or Friends		
% Pop. 85	2.4	1.7	% Relative or Friend	12.4	21.5
National Ranking 85+	5	N/A	% Self	7.8	17.2
■ Economic Indicators ■			% Medical Support	23.9	21.6
Per Capita Income	\$30,970	\$33,041	% Religious Support	0.3	0.4
Median Household Income	\$43,042	\$44,473	% Area Agency on Aging	1.2	2.0
Total State Expenditures Per Capita	\$4,557	\$4,009	% Other	4.0	4.5
% Pop. 65+ Below Poverty	7.8	9.4	% Don't Know	50.4	32.7
% Pop. 50+ Who Did Not Visit Doctor Due to Cost	4.7	8.1			

State Profile: **Iowa** (cont'd)

Selected State Background Characteristics

	IA	US		IA	US
■ Long-Term Care ■			■ Care Receivers ■		
Medicaid Spending on Long-Term Care			% Pop. 21-64 Years w/Disability	10.8	12.1
% Spending on Nursing Facilities	42.5	46.0	% Pop. 65+ w/Disability	39.7	39.6
% Spending on Home Health & Personal Care	32.4	37.3	% 65+ by Type of Disability		
# of Certified Nursing Facilities	409	15,209	Sensory	15.6	16.0
% of Certified Facilities with Family Councils	17.8	43.2	Physical	30.5	30.2
# of Certified Nursing Facility Beds (<i>thousands</i>)	30.4	1,579.9	Self-Care	8.2	9.3
Certified Nursing Facility Occupancy Rate	83.0	85.5	Mental	8.9	10.9
Average Cost Per Day in a Nursing Home	\$158	\$213	Difficulty Going Outside Home	13.6	16.3
Average Assisted Living Monthly Cost	\$2,612	\$2,969	■ Medicare Prescription Drug Plans ■		
Average Daily Cost for Adult Day Services	\$47	\$61	# of Companies Offering PDPs	17	N/A
Average Hourly Cost for Home Health Care	\$24	\$19	# of PDP	41	N/A
Average Hourly Cost for Personal/Home Care	\$20	\$18	# of Companies Offering Medicare Advantage Drug Plans	7	N/A
Nursing Facility Residents as % of 65+ Pop.	5.8	3.8			
# of Licensed Adult Day Facilities	71	3,407			
# of Home Health Aides	9,670	751,480			
Median Hourly Wage					
Certified Nursing Assistant	\$10.51	\$10.67			
Home Health Aide	\$9.41	\$9.34			
Personal Care/Home Care Aide	\$9.37	\$8.54			

State Profile: **Iowa** (cont'd)**State System of Home and Community-Based Services (HCBS)**

Legislation Enacted Within the Last Three Years (2001-2003) that Addresses Family Caregiving Issues	HB 386 (Enacted 2003) Added “support for caregivers” to the state’s objectives for serving older individuals.
Task Force or Commission Specifically to Examine Family Caregiver Issues	No
Name of Task Force:	N/A
Single Point of Entry for State System of HCBS	Yes
Single Point of Entry Includes Access to State’s Caregiver Support Program	Yes
Uniform Assessment Tool for All HCBS Programs for the Elderly and Adults with Disabilities	No
Assessment Includes Caregiver Component	N/A
At Least One State Program with Consumer-Directed Option for Family Caregivers	Yes

State Program Information**■ Administrative Structure ■**

Program Name	Iowa Family Caregiver (FC)	Elderly Waiver (MC)
Administering State Agency	IA Department of Elder Affairs	IA Department of Human Services
Organizational Unit or Person Specifically Designated for Caregiving Programs or Activities	Yes	Yes
Geographic Region Served	Statewide	Statewide
Local Program Administrative Responsibility	<ul style="list-style-type: none"> ▪ AAA ▪ SUA 	<ul style="list-style-type: none"> ▪ Medicaid agency

■ Funding & Caseload ■

Program Name	Iowa Family Caregiver (FC)	Elderly Waiver (MC)
Major Sources of Program Funding	OAA, Title III-E	<ul style="list-style-type: none"> ▪ Medicaid HCBS waiver ▪ Tobacco fund
FY 2001 Expenditures	\$1,391,731	\$702,563 (<i>respite only</i>)
FY 2002 Expenditures	\$1,594,075	\$714,081 (<i>respite only</i>)
FY 2003 Expenditures	\$1,746,362	\$26,846,176 (<i>total waiver</i>)
FY 2001 A/D Waiver Respite Participants	N/A	366
FY 2002 A/D Waiver Respite Participants	N/A	357

State Profile: **Iowa** (cont'd)

■ Eligibility ■

Program Name	Iowa Family Caregiver (FC)	Elderly Waiver (MC)
Caregiver Age Requirement	None	18+
Care Receiver Age Requirement	60+	65+
Care Receiver Functional Status Requirement	2 ADLs	2 ADLs
Client Population	Family caregiver	Care receiver

■ Assessment ■

Program Name	Iowa Family Caregiver (FC)	Elderly Waiver (MC)
Program Assesses	Care receiver	Care receiver
Uniform Assessment Tool	No	Yes
Includes Caregiver Assessment	N/A	No
Areas Addressed by Caregiver Assessment	N/A	N/A

■ Services ■

Program Name	Iowa Family Caregiver (FC)	Elderly Waiver (MC)
All Caregivers Eligible for Program Have Access to Same Package of Services	No	Yes
Services Provided Specifically to Family Caregivers	<ul style="list-style-type: none"> ▪ Assistive technology ▪ Care mgt. ▪ Cash grant ▪ Consum. supplies ▪ Counseling ▪ Educ. & training ▪ Emerg. response ▪ Family consult. ▪ Family meetings ▪ Home modification/repairs ▪ Homemaker/chore/personal care ▪ Info. & assistance ▪ Legal and/or financial consultation ▪ Respite care ▪ Support groups ▪ Transportation 	<ul style="list-style-type: none"> ▪ Assistive technology ▪ Educ. & training ▪ Respite care ▪ Other
Types of Respite Care Offered	<ul style="list-style-type: none"> ▪ Adult day svcs. ▪ In-home ▪ Overnight 	<ul style="list-style-type: none"> ▪ Adult day svcs. ▪ In-home ▪ Overnight ▪ Weekend/camp
Caregiver Must Live with Care Receiver to Receive Respite	No	Yes
Respite Cap	No cap	No cap
Uniform Respite Cap Across Program Sites	N/A	N/A
Entity that Formulates the Respite Cap	N/A	N/A

State Profile: **Iowa** (cont'd)

■ **Consumer Direction** ■

Program Name	Iowa Family Caregiver (FC)	Elderly Waiver (MC)
Consumer-Directed Options	<ul style="list-style-type: none"> ▪ A menu of services from which caregivers can choose ▪ A voucher or budget for respite and/or supplemental services ▪ Direct payments to family members for the purchase of goods or services ▪ Families have a choice of respite providers 	<ul style="list-style-type: none"> ▪ Families have a choice of respite providers
Family Members Can Be Paid to Provide Care	Yes	Yes
Types of Services Families Can Be Paid to Provide	<ul style="list-style-type: none"> ▪ Personal care ▪ Respite care 	<ul style="list-style-type: none"> ▪ Personal care