

State Profile: **Massachusetts****Selected State Background Characteristics**

	MA	US		MA	US
■ Population ■			■ Socio-Demographics ■		
Total Pop. (<i>millions</i>)	6.4	293.7	Average Household Size	2.6	2.6
Pop. 60+ (<i>thousands</i>)	1,131.8	48,883.4	Average Family Size	3.1	3.1
% 60+	17.6	16.6	% Pop. in Rural Area	0.4	16.9
National Ranking 60+	19	N/A	Households with Persons 65+ (<i>millions</i>)	0.58	25.2
% White (60+)	91.7	81.4	% Persons Age 65+ Living Alone	33.3	29.8
% African American (60+)	3.3	8.5	% Pop. 65+ in Major Cities	37.8	40.1
% Hispanic/Latino (60+)	2.3	6.1	% Households with Internet Access	58.1	54.7
% Asian (60+)	2.1	2.9			
% Native Hawaiian/ Pacific Islanders (60+)	0.0	0.1	■ Informal Caregivers ■		
% American Indian/ Alaska Native (60+)	0.1	0.5	# of Caregivers	700,000	34,000,000
% Two or More Races (60+)	0.4	0.6	# of Caregiving Hours (<i>millions</i>)	760	36,720
Pop. 65+ (<i>thousands</i>)	854.3	36,294.0	Value of Caregiving (<i>millions</i>)	\$8,900	\$350,000
% Pop. 65+	13.3	12.4	% Grandparents Living with Grandchildren	2.6	3.4
National Ranking 65+	13	N/A	% with Responsibility for the Grandchildren	0.7	1.4
Pop. 85+ (<i>thousands</i>)	136.1	4,859.6	Where to Call to Arrange Help in the Home for Elderly Relatives or Friends		
% Pop. 85	2.1	1.7	% Relative or Friend	20.2	21.5
National Ranking 85+	11	N/A	% Self	11.7	17.2
■ Economic Indicators ■			% Medical Support	20.1	21.6
Per Capita Income	\$42,102	\$33,041	% Religious Support	0.1	0.4
Median Household Income	\$52,354	\$44,473	% Area Agency on Aging	2.5	2.0
Total State Expenditures Per Capita	\$4,008	\$4,009	% Other	5.2	4.5
% Pop. 65+ Below Poverty	8.7	9.4	% Don't Know	40.2	32.7
% Pop. 50+ Who Did Not Visit Doctor Due to Cost	4.8	8.1			

State Profile: **Massachusetts** (cont'd)**Selected State Background Characteristics**

	MA	US		MA	US
■ Long-Term Care ■			■ Care Receivers ■		
Medicaid Spending on Long-Term Care			% Pop. 21-64 Years w/Disability	9.8	12.1
% Spending on Nursing Facilities	48.2	46.0	% Pop. 65+ w/Disability	35.2	39.6
% Spending on Home Health & Personal Care	43.4	37.3	% 65+ by Type of Disability		
# of Certified Nursing Facilities	436	15,209	Sensory	14.1	16.0
% of Certified Facilities with Family Councils	49.5	43.2	Physical	25.9	30.2
# of Certified Nursing Facility Beds (<i>thousands</i>)	47.2	1,579.9	Self-Care	8.8	9.3
Certified Nursing Facility Occupancy Rate	90.7	85.5	Mental	8.4	10.9
Average Cost Per Day in a Nursing Home	\$292	\$213	Difficulty Going Outside Home	14.1	16.3
Average Assisted Living Monthly Cost	\$4,426	\$2,969	■ Medicare Prescription Drug Plans ■		
Average Daily Cost for Adult Day Services	\$60	\$61	# of Companies Offering PDPs	17	N/A
Average Hourly Cost for Home Health Care	\$23	\$19	# of PDP	44	N/A
Average Hourly Cost for Personal/Home Care	\$22	\$18	# of Companies Offering Medicare Advantage Drug Plans	7	N/A
Nursing Facility Residents as % of 65+ Pop.	5.0	3.8			
# of Licensed Adult Day Facilities	133	3,407			
# of Home Health Aides	16,750	750,480			
Median Hourly Wage					
Certified Nursing Assistant	\$12.77	\$10.67			
Home Health Aide	\$11.63	\$9.34			
Personal Care/Home Care Aide	\$10.78	\$8.54			

State Profile: **Massachusetts** (cont'd)**State System of Home and Community-Based Services (HCBS)**

Legislation Enacted Within the Last Three Years (2001-2003) that Addresses Family Caregiving Issues	HB 4004 (Enacted 2003) Appropriated funds from the NFCSP to the Executive Office on Elder Affairs. HB 5300 (Enacted 2002) No bill information available. HB 5300 (Enacted 2002) No bill information available.
Task Force or Commission Specifically to Examine Family Caregiver Issues	No
Name of Task Force:	N/A
Single Point of Entry for State System of HCBS	Yes
Single Point of Entry Includes Access to State's Caregiver Support Program	Yes
Uniform Assessment Tool for All HCBS Programs for the Elderly and Adults with Disabilities	No
Assessment Includes Caregiver Component	N/A
At Least One State Program with Consumer-Directed Option for Family Caregivers	Yes

State Program Information■ **Administrative Structure** ■

Program Name	Family Caregiver Support Program (FCSP) (FC)	Home and Community-Based Waiver (HCBW) (MC)	Home Care Program (HCP) (SC)
Administering State Agency	MA Executive Office of Elder Affairs	MA Executive Office of Elder Affairs	MA Executive Office of Elder Affairs
Organizational Unit or Person Specifically Designated for Caregiving Programs or Activities	Yes	Yes	Yes
Geographic Region Served	Statewide	Statewide	Statewide
Local Program Administrative Responsibility	<ul style="list-style-type: none"> ▪ AAA ▪ Aging services access points 	<ul style="list-style-type: none"> ▪ Aging services access points 	<ul style="list-style-type: none"> ▪ Aging services access points

■ **Funding & Caseload** ■

Program Name	FCSP (FC)	HCBW (MC)	HCP (SC)
Major Sources of Program Funding	<ul style="list-style-type: none"> ▪ Client contribution ▪ Federal A/D grants to states ▪ Foundation ▪ OAA, Title III-E ▪ Private donations ▪ State general fund 	<ul style="list-style-type: none"> ▪ Medicaid HCBS waiver ▪ State general fund 	<ul style="list-style-type: none"> ▪ Client contribution ▪ State general fund
FY 2001 Expenditures	\$2,766,510	\$345,030 (<i>respite only</i>)	n/a
FY 2002 Expenditures	\$3,120,206	\$386,194 (<i>respite only</i>)	n/a
FY 2003 Expenditures	\$3,418,290	\$12,324,152 (<i>total waiver</i>)	n/a

State Profile: **Massachusetts** (cont'd)■ **Funding & Caseload** (cont'd) ■

Program Name	FCSP (FC)	HCBW (MC)	HCP (SC)
FY 2001 A/D Waiver Respite Participants	N/A	245	N/A
FY 2002 A/D Waiver Respite Participants	N/A	286	N/A

■ **Eligibility** ■

Program Name	FCSP (FC)	HCBW (MC)	HCP (SC)
Caregiver Age Requirement	18+	None	None
Care Receiver Age Requirement	60+	60+	60+
Care Receiver Functional Status Requirement	No functional status requirement	Nursing home level of care	4+ ADLs and/or IADLs
Client Population	Family caregiver	Care receiver	Care receiver

■ **Assessment** ■

Program Name	FCSP (FC)	HCBW (MC)	HCP (SC)
Program Assesses	Both family caregiver and care receiver	Both family caregiver and care receiver	Both family caregiver and care receiver
Uniform Assessment Tool	No	Yes	Yes
Includes Caregiver Assessment	N/A	Yes	Yes
Areas Addressed by Caregiver Assessment	N/A	<ul style="list-style-type: none"> ▪ Ability of caregiver to provide care ▪ Care frequency ▪ Caregiver physical health ▪ Caregiver strain ▪ Willingness of caregiver to provide care 	<ul style="list-style-type: none"> ▪ Ability of caregiver to provide care ▪ Care frequency ▪ Caregiver strain ▪ Willingness of caregiver to provide care

■ **Services** ■

Program Name	FCSP (FC)	HCBW (MC)	HCP (SC)
All Caregivers Eligible for Program Have Access to Same Package of Services	No	Yes	Yes
Services Provided Specifically to Family Caregivers	<ul style="list-style-type: none"> ▪ Assistive technology ▪ Care mgt. ▪ Consum. supplies ▪ Counseling ▪ Educ. & training ▪ Family consult. ▪ Family meetings ▪ Home modification/ repairs ▪ Homemaker/chore/ personal care ▪ Info. & assistance ▪ Legal and/or financial consultation ▪ Respite care ▪ Support groups ▪ Transportation ▪ Other 	<ul style="list-style-type: none"> ▪ Home modification/ repairs ▪ Homemaker/chore/ personal care ▪ Respite care ▪ Transportation 	<ul style="list-style-type: none"> ▪ Care mgt. ▪ Emerg. response ▪ Home modification/ repairs ▪ Homemaker/chore/ personal care ▪ Info. & assistance ▪ Respite care ▪ Transportation

State Profile: **Massachusetts** (cont'd)■ **Services** (cont'd) ■

Program Name	FCSP (FC)	HCBW (MC)	HCP (SC)
Types of Respite Care Offered	<ul style="list-style-type: none"> ▪ Adult day svcs. ▪ In-home ▪ Overnight ▪ Weekend/camp 	<ul style="list-style-type: none"> ▪ Adult day svcs. ▪ In-home ▪ Overnight ▪ Weekend/camp 	<ul style="list-style-type: none"> ▪ Adult day svcs. ▪ In-home ▪ Overnight ▪ Weekend/camp
Caregiver Must Live with Care Receiver to Receive Respite	No	No	No
Respite Cap	\$500 - \$1000/year	No cap	No cap
Uniform Respite Cap Across Program Sites	No	N/A	N/A
Entity that Formulates the Respite Cap	Administering local agency	N/A	N/A

■ **Consumer Direction** ■

Program Name	FCSP (FC)	HCBW (MC)	HCP (SC)
Consumer-Directed Options	<ul style="list-style-type: none"> ▪ A menu of services from which caregivers can choose ▪ A voucher or budget for respite and/or supplemental services ▪ Families have a choice of respite providers 	None	<ul style="list-style-type: none"> ▪ A menu of services from which caregivers can choose ▪ Consumer-directed attendant care
Family Members Can Be Paid to Provide Care	Yes	No	Yes
Types of Services Families Can Be Paid to Provide	<ul style="list-style-type: none"> ▪ Homemaker/chore ▪ Personal care 	N/A	<ul style="list-style-type: none"> ▪ Homemaker/chore ▪ Personal care