

State Profile: **Maryland****Selected State Background Characteristics**

	MD	US		MD	US
■ Population ■			■ Socio-Demographics ■		
Total Pop. (<i>millions</i>)	5.6	293.7	Average Household Size	2.6	2.6
Pop. 60+ (<i>thousands</i>)	878.2	48,883.4	Average Family Size	3.1	3.1
% 60+	15.8	16.6	% Pop. in Rural Area	5.2	16.9
National Ranking 60+	43	N/A	Households with Persons 65+ (<i>millions</i>)	0.45	25.2
% White (60+)	74.4	81.4	% Persons Age 65+ Living Alone	29.6	29.8
% African American (60+)	19.7	8.5	% Pop. 65+ in Major Cities	27.7	40.1
% Hispanic/Latino (60+)	1.9	6.1	% Households with Internet Access	59.4	54.7
% Asian (60+)	3.3	2.9			
% Native Hawaiian/ Pacific Islanders (60+)	0.0	0.1			
% American Indian/ Alaska Native (60+)	0.2	0.5			
% Two or More Races (60+)	0.5	0.6			
			■ Informal Caregivers ■		
Pop. 65+ (<i>thousands</i>)	634.7	36,294.0	# of Caregivers	600,000	34,000,000
% Pop. 65+	11.4	12.4	# of Caregiving Hours (<i>millions</i>)	650	36,720
National Ranking 65+	41	N/A	Value of Caregiving (<i>millions</i>)	\$6,300	\$350,000
			% Grandparents Living with Grandchildren	3.8	3.4
Pop. 85+ (<i>thousands</i>)	82.8	4,859.6	% with Responsibility for the Grandchildren	1.5	1.4
% Pop. 85	1.5	1.7	Where to Call to Arrange Help in the Home for Elderly Relatives or Friends		
National Ranking 85+	39	N/A	% Relative or Friend	22.3	21.5
			% Self	13.7	17.2
■ Economic Indicators ■			% Medical Support	19.0	21.6
Per Capita Income	\$39,629	\$33,041	% Religious Support	0.4	0.4
Median Household Income	\$56,763	\$44,473	% Area Agency on Aging	2.5	2.0
Total State Expenditures Per Capita	\$3,039	\$4,009	% Other	4.8	4.5
% Pop. 65+ Below Poverty	7.8	9.4	% Don't Know	37.3	32.7
% Pop. 50+ Who Did Not Visit Doctor Due to Cost	7.8	8.1			

State Profile: **Maryland** (cont'd)**Selected State Background Characteristics**

	MD	US		MD	US
■ Long-Term Care ■			■ Care Receivers ■		
Medicaid Spending on Long-Term Care			% Pop. 21-64 Years w/Disability	10.5	12.1
% Spending on Nursing Facilities	51.3	46.0	% Pop. 65+ w/Disability	39.3	39.6
% Spending on Home Health & Personal Care	34.1	37.3	% 65+ by Type of Disability		
# of Certified Nursing Facilities	220	15,209	Sensory	15.5	16.0
% of Certified Facilities with Family Councils	68.2	43.2	Physical	29.5	30.2
# of Certified Nursing Facility Beds (<i>thousands</i>)	26.4	1,579.9	Self-Care	9.8	9.3
Certified Nursing Facility Occupancy Rate	86.4	85.5	Mental	10.1	10.9
Average Cost Per Day in a Nursing Home	\$223	\$213	Difficulty Going Outside Home	15.4	16.3
Average Assisted Living Monthly Cost	\$3,839	\$2,969	■ Medicare Prescription Drug Plans ■		
Average Daily Cost for Adult Day Services	\$70.5	\$61	# of Companies Offering PDPs	19	N/A
Average Hourly Cost for Home Health Care	\$19	\$19	# of PDP	47	N/A
Average Hourly Cost for Personal/Home Care	\$17	\$18	# of Companies Offering Medicare Advantage Drug Plans	5	N/A
Nursing Facility Residents as % of 65+ Pop.	3.7	3.8			
# of Licensed Adult Day Facilities	40	3,407			
# of Home Health Aides	10,870	751,480			
Median Hourly Wage					
Certified Nursing Assistant	\$12.45	\$10.67			
Home Health Aide	\$10.16	\$9.34			
Personal Care/Home Care Aide	\$9.79	\$8.54			

State Profile: **Maryland** (cont'd)**State System of Home and Community-Based Services (HCBS)**

Legislation Enacted Within the Last Three Years (2001-2003) that Addresses Family Caregiving Issues	SB 567 & HB 513 (Enacted 2001) Established the Maryland Family Caregivers Support Coordinating Council in the Department of Human Resources to coordinate statewide planning, development and implementation of family caregiver support services.
Task Force or Commission Specifically to Examine Family Caregiver Issues	Yes
Name of Task Force:	Maryland Caregiver Support Coordinating Council
Single Point of Entry for State System of HCBS	Lack of agreement
Single Point of Entry Includes Access to State's Caregiver Support Program	Lack of agreement
Uniform Assessment Tool for All HCBS Programs for the Elderly and Adults with Disabilities	Lack of agreement
Assessment Includes Caregiver Component	Lack of agreement
At Least One State Program with Consumer-Directed Option for Family Caregivers	Yes

State Program Information■ **Administrative Structure** ■

Program Name	Family Caregiver Support Program (FC)	Medicaid Waiver for Older Adults (MC)	Respite for Caregivers of Adults with Functional Disabilities (SC)
Administering State Agency	MD Department of Aging	MD Department of Aging	MD Department of Human Resources
Organizational Unit or Person Specifically Designated for Caregiving Programs or Activities	Yes	Yes	Yes
Geographic Region Served	Statewide	Statewide	Statewide
Local Program Administrative Responsibility	AAA	AAA	MD Department of Human Resources

■ **Funding & Caseload** ■

Program Name	Family Caregiver Support Program (FC)	Medicaid Waiver for Older Adults (MC)	Respite for Caregivers of Adults with Functional Disabilities (SC)
Major Sources of Program Funding	▪ OAA, Title III-E	▪ Medicaid HCBS waiver ▪ State general fund	▪ State general fund
FY 2001 Expenditures	\$1,843,229	\$576 (<i>respite only</i>)	n/a
FY 2002 Expenditures	\$2,089,617	\$14,363 (<i>respite only</i>)	n/a

State Profile: **Maryland** (cont'd)■ **Funding & Caseload** (cont'd) ■

Program Name	Family Caregiver Support Program (FC)	Medicaid Waiver for Older Adults (MC)	Respite for Caregivers of Adults with Functional Disabilities (SC)
FY 2003 Expenditures	\$2,289,246	\$43,074,185 (<i>total waiver</i>)	n/a
FY 2001 A/D Waiver Respite Participants	N/A	1	N/A
FY 2002 A/D Waiver Respite Participants	N/A	31	N/A

■ **Eligibility** ■

Program Name	Family Caregiver Support Program (FC)	Medicaid Waiver for Older Adults (MC)	Respite for Caregivers of Adults with Functional Disabilities (SC)
Caregiver Age Requirement	None	50+	18+
Care Receiver Age Requirement	60+	Other	18+
Care Receiver Functional Status Requirement	▪ OAA guidelines	▪ Nursing home level of care	▪ 3+ ADLs
Client Population	Family caregiver	Care receiver	Both family caregiver and care receiver

■ **Assessment** ■

Program Name	Family Caregiver Support Program (FC)	Medicaid Waiver for Older Adults (MC)	Respite for Caregivers of Adults with Functional Disabilities (SC)
Program Assesses	Both family caregiver and care receiver	Care receiver	Care receiver
Uniform Assessment Tool	No	Yes	No
Includes Caregiver Assessment	N/A	Yes	N/A
Areas Addressed by Caregiver Assessment	N/A	<ul style="list-style-type: none"> ▪ Ability of caregiver to provide care ▪ Care duration ▪ Care frequency ▪ Caregiver demographic information ▪ Caregiver physical health ▪ Caregiver strain ▪ Willingness of caregiver to provide care 	N/A

■ **Services** ■

Program Name	Family Caregiver Support Program (FC)	Medicaid Waiver for Older Adults (MC)	Respite for Caregivers of Adults with Functional Disabilities (SC)
All Caregivers Eligible for Program Have Access to Same Package of Services	Yes	No	No

State Profile: **Maryland** (cont'd)

■ **Services** (cont'd) ■

Program Name	Family Caregiver Support Program (FC)	Medicaid Waiver for Older Adults (MC)	Respite for Caregivers of Adults with Functional Disabilities (SC)
Services Provided Specifically to Family Caregivers	<ul style="list-style-type: none"> • Assistive technology ▪ Care mgt. ▪ Cash grant ▪ Consum. supplies ▪ Counseling ▪ Educ. & training ▪ Emerg. response ▪ Family consult. ▪ Home modification/ repairs ▪ Homemaker/chore/ personal care ▪ Info. & assistance ▪ Legal and/or financial consultation ▪ Respite care ▪ Support groups ▪ Transportation ▪ Other 	<ul style="list-style-type: none"> ▪ Care mgt. ▪ Consum. supplies ▪ Educ. & training ▪ Emerg. response ▪ Family consult. ▪ Home modification/ repairs ▪ Homemaker/chore/ personal care ▪ Respite care 	<ul style="list-style-type: none"> ▪ Care mgt. ▪ Counseling ▪ Educ. & training ▪ Emerg. response ▪ Family consult. ▪ Family meetings ▪ Homemaker/chore/ personal care ▪ Info. & assistance ▪ Respite care
Types of Respite Care Offered	<ul style="list-style-type: none"> ▪ Adult day svcs. ▪ In-home ▪ Overnight ▪ Weekend/camp 	<ul style="list-style-type: none"> ▪ Adult day svcs. ▪ In-home ▪ Overnight 	<ul style="list-style-type: none"> ▪ Adult day svcs. ▪ In-home ▪ Overnight ▪ Weekend/camp
Caregiver Must Live with Care Receiver to Receive Respite	No	No	No
Respite Cap	\$599/year	168 hours/year	164 hours/year
Uniform Respite Cap Across Program Sites	No	Yes	Yes
Entity that Formulates the Respite Cap	Administering local agency	Administering state agency	Administering state agency

■ **Consumer Direction** ■

Program Name	Family Caregiver Support Program (FC)	Medicaid Waiver for Older Adults (MC)	Respite for Caregivers of Adults with Functional Disabilities (SC)
Consumer-Directed Options	<ul style="list-style-type: none"> • A menu of services from which caregivers can choose ▪ A voucher or budget for respite and/or supplemental services ▪ Direct payments to family members for the purchase of goods or services ▪ Families have a choice of respite providers 	<ul style="list-style-type: none"> ▪ Families have a choice of respite providers 	<ul style="list-style-type: none"> ▪ Families have a choice of respite providers
Family Members Can Be Paid to Provide Care	Yes	Yes	No
Types of Services Families Can Be Paid to Provide	<ul style="list-style-type: none"> ▪ Respite care 	<ul style="list-style-type: none"> ▪ Personal care ▪ Respite care 	N/A