

State Profile: **Maine****Selected State Background Characteristics**

	ME	US		ME	US
■ Population ■			■ Socio-Demographics ■		
Total Pop. (<i>millions</i>)	1.3	293.7	Average Household Size	2.4	2.6
Pop. 60+ (<i>thousands</i>)	256.1	48,883.4	Average Family Size	2.9	3.1
% 60+	19.4	16.6	% Pop. in Rural Area	41.8	16.9
National Ranking 60+	4	N/A	Households with Persons 65+ (<i>millions</i>)	0.13	25.2
% White (60+)	98.6	81.4	% Persons Age 65+ Living Alone	31.7	29.8
% African American (60+)	0.2	8.5	% Pop. 65+ in Major Cities	4.9	40.1
% Hispanic/Latino (60+)	0.3	6.1	% Households with Internet Access	58.1	54.7
% Asian (60+)	0.3	2.9			
% Native Hawaiian/ Pacific Islanders (60+)	0.0	0.1	■ Informal Caregivers ■		
% American Indian/ Alaska Native (60+)	0.2	0.5	# of Caregivers	154,000	34,000,000
% Two or More Races (60+)	0.3	0.6	# of Caregiving Hours (<i>millions</i>)	167	36,720
Pop. 65+ (<i>thousands</i>)	189.8	36,294.0	Value of Caregiving (<i>millions</i>)	\$1,680	\$350,000
% Pop. 65+	14.4	12.4	% Grandparents Living with Grandchildren	2.0	3.4
National Ranking 65+	6	N/A	% with Responsibility for the Grandchildren	0.9	1.4
Pop. 85+ (<i>thousands</i>)	25.1	4,859.6	Where to Call to Arrange Help in the Home for Elderly Relatives or Friends		
% Pop. 85	1.9	1.7	% Relative or Friend	17.6	21.5
National Ranking 85+	10	N/A	% Self	12.8	17.2
■ Economic Indicators ■			% Medical Support	25.4	21.6
Per Capita Income	\$29,973	\$33,041	% Religious Support	0.2	0.4
Median Household Income	\$39,395	\$44,473	% Area Agency on Aging	2.9	2.0
Total State Expenditures Per Capita	\$4,980	\$4,009	% Other	4.4	4.5
% Pop. 65+ Below Poverty	9.5	9.4	% Don't Know	36.6	32.7
% Pop. 50+ Who Did Not Visit Doctor Due to Cost	7.0	8.1			

State Profile: **Maine** (cont'd)**Selected State Background Characteristics**

	ME	US		ME	US
■ Long-Term Care ■			■ Care Receivers ■		
Medicaid Spending on Long-Term Care			% Pop. 21-64 Years w/Disability	15.3	12.1
% Spending on Nursing Facilities	32.4	46.0	% Pop. 65+ w/Disability	37.8	39.6
% Spending on Home Health & Personal Care	54.5	37.3	% 65+ by Type of Disability		
# of Certified Nursing Facilities	106	15,209	Sensory	16.9	16.0
% of Certified Facilities with Family Councils	32.1	43.2	Physical	28.3	30.2
# of Certified Nursing Facility Beds (<i>thousands</i>)	6.7	1,579.9	Self-Care	8.5	9.3
Certified Nursing Facility Occupancy Rate	93.2	85.5	Mental	9.5	10.9
Average Cost Per Day in a Nursing Home	\$259	\$213	Difficulty Going Outside Home	14.7	16.3
Average Assisted Living Monthly Cost	\$4,287	\$2,969	■ Medicare Prescription Drug Plans ■		
Average Daily Cost for Adult Day Services	\$87	\$61	# of Companies Offering PDPs	17	N/A
Average Hourly Cost for Home Health Care	\$20	\$19	# of PDP	41	N/A
Average Hourly Cost for Personal/Home Care	\$19	\$18	# of Companies Offering Medicare Advantage Drug Plans	1	N/A
Nursing Facility Residents as % of 65+ Pop.	3.3	3.8			
# of Licensed Adult Day Facilities	42	3,407			
# of Home Health Aides	3,850	751,480			
Median Hourly Wage					
Certified Nursing Assistant	\$10.44	\$10.67			
Home Health Aide	\$9.99	\$9.34			
Personal Care/Home Care Aide	\$8.86	\$8.54			

State Profile: **Maine** (cont'd)**State System of Home and Community-Based Services (HCBS)**

Legislation Enacted Within the Last Three Years (2001-2003) that Addresses Family Caregiving Issues	HB 1441 (Enacted 2002) Authorized the Department of Human Services to use money from the Respite Care Fund to carry out purposes of the NFCSP. HB 1441 (Enacted 2002) & HB 655 (Enacted 2001) Allocated funding for FY 2001 and FY 2002 to implement the NFCSP within the Bureau of Elder and Adult Services.
Task Force or Commission Specifically to Examine Family Caregiver Issues	No
Name of Task Force:	N/A
Single Point of Entry for State System of HCBS	Yes
Single Point of Entry Includes Access to State's Caregiver Support Program	Lack of agreement
Uniform Assessment Tool for All HCBS Programs for the Elderly and Adults with Disabilities	Yes
Assessment Includes Caregiver Component	Yes
At Least One State Program with Consumer-Directed Option for Family Caregivers	Yes

State Program Information■ **Administrative Structure** ■

Program Name	Family Caregiver Program (FC)	MaineCare (MC)	Home-Based Care (SC)	Partners in Caring (SC)
Administering State Agency	ME Department of Human Services	ME Department of Human Services	ME Department of Human Services	ME Department of Human Services
Organizational Unit or Person Specifically Designated for Caregiving Programs or Activities	Yes	Yes	Yes	Yes
Geographic Region Served	Statewide	Statewide	Statewide	Statewide
Local Program Administrative Responsibility	<ul style="list-style-type: none"> ▪ AAA 	<ul style="list-style-type: none"> ▪ AAA ▪ Private for-profit agency 	<ul style="list-style-type: none"> ▪ AAA 	<ul style="list-style-type: none"> ▪ AAA

State Profile: **Maine** (cont'd)

■ Funding & Caseload ■

Program Name	Family Caregiver Program (FC)	MaineCare (MC)	Home-Based Care (SC)	Partners in Caring (SC)
Major Sources of Program Funding	<ul style="list-style-type: none"> ▪ OAA, Title III-E ▪ State general fund ▪ Unrestricted funds from AAAs 	<ul style="list-style-type: none"> ▪ Medicaid HCBS waiver 	<ul style="list-style-type: none"> ▪ Client contribution ▪ State general fund 	<ul style="list-style-type: none"> ▪ Client contribution ▪ Federal A/D grants to states ▪ OAA, Title III-E ▪ State general fund
FY 2001 Expenditures	\$564,300	\$133,369 (<i>respite only</i>)	n/a	\$754,600
FY 2002 Expenditures	\$646,191	\$23,271 (<i>respite only</i>)	n/a	\$754,600
FY 2003 Expenditures	\$707,924	\$10,985,711 (<i>total waiver</i>)	n/a	\$666,458
FY 2001 A/D Waiver Respite Participants	N/A	70	N/A	N/A
FY 2002 A/D Waiver Respite Participants	N/A	14	N/A	N/A

■ Eligibility ■

Program Name	Family Caregiver Program (FC)	MaineCare (MC)	Home-Based Care (SC)	Partners in Caring (SC)
Caregiver Age Requirement	60+	None	18+	N/A
Care Receiver Age Requirement	60+	18+	18+	None
Care Receiver Functional Status Requirement	OAA guidelines	Nursing home level of care	ADL/IADL combination	Diagnosis of dementia or related disorder/requires supervision
Client Population	Family caregiver	Care receiver	Care receiver	Both family caregiver and care receiver

■ Assessment ■

Program Name	Family Caregiver Program (FC)	MaineCare (MC)	Home-Based Care (SC)	Partners in Caring (SC)
Program Assesses	Family caregiver	Care receiver	Care receiver	Both family caregiver and care receiver
Uniform Assessment Tool	No	Yes	Yes	Yes
Includes Caregiver Assessment	N/A	Yes	Yes	Yes

State Profile: **Maine** (cont'd)

■ **Assessment** (cont'd) ■

Program Name	Family Caregiver Program (FC)	MaineCare (MC)	Home-Based Care (SC)	Partners in Caring (SC)
Areas Addressed by Caregiver Assessment	N/A	<ul style="list-style-type: none"> ▪ Ability of caregiver to provide care ▪ Care frequency ▪ Caregiver mental health/depression ▪ Caregiver strain ▪ Willingness of caregiver to provide care 	<ul style="list-style-type: none"> ▪ Ability of caregiver to provide care ▪ Care frequency ▪ Caregiver mental health/depression ▪ Caregiver strain ▪ Social support network ▪ Type of care (provided) ▪ Willingness of caregiver to provide care 	<ul style="list-style-type: none"> ▪ Care duration ▪ Care frequency ▪ Caregiver demographic information ▪ Caregiver mental health/depression ▪ Caregiver strain

■ **Services** ■

Program Name	Family Caregiver Program (FC)	MaineCare (MC)	Home-Based Care (SC)	Partners in Caring (SC)
All Caregivers Eligible for Program Have Access to Same Package of Services	No	Yes	Yes	Yes
Services Provided Specifically to Family Caregivers	<ul style="list-style-type: none"> ▪ Consumer ehealth applications ▪ Educ. & training ▪ Family consult. ▪ Info. & assistance ▪ Respite care ▪ Support groups 	<ul style="list-style-type: none"> ▪ Info. & assistance ▪ Respite care ▪ Support groups 	<ul style="list-style-type: none"> ▪ Info. & assistance ▪ Respite care ▪ Support groups 	<ul style="list-style-type: none"> ▪ Assistive technology ▪ Care mgt. ▪ Educ. & training ▪ Family consult. ▪ Home modification/repairs ▪ Homemaker/chore/personal care ▪ Info. & assistance ▪ Respite care
Types of Respite Care Offered	<ul style="list-style-type: none"> ▪ Adult day svcs. ▪ In-home ▪ Overnight 	<ul style="list-style-type: none"> ▪ Adult day svcs. ▪ In-home ▪ Overnight 	<ul style="list-style-type: none"> ▪ Adult day svcs. ▪ In-home ▪ Overnight 	<ul style="list-style-type: none"> ▪ Adult day svcs. ▪ In-home ▪ Overnight ▪ Weekend/camp
Caregiver Must Live with Care Receiver to Receive Respite	Yes	No	No	No
Respite Cap	\$500/year	\$4340/year	\$3800/year	\$3800/year
Uniform Respite Cap Across Program Sites	No	Yes	Yes	Yes
Entity that Formulates the Respite Cap	Administering local agency	Administering state agency	Administering state agency	Administering state agency

State Profile: **Maine** (cont'd)

■ **Consumer Direction** ■

Program Name	Family Caregiver Program (FC)	MaineCare (MC)	Home-Based Care (SC)	Partners in Caring (SC)
Consumer-Directed Options	<ul style="list-style-type: none"> ▪ A menu of services from which caregivers can choose ▪ A voucher or budget for respite only ▪ Families have a choice of respite providers 	<ul style="list-style-type: none"> ▪ A menu of services from which caregivers can choose ▪ Families have a choice of respite providers 	<ul style="list-style-type: none"> ▪ A menu of services from which caregivers can choose ▪ Direct payments to family members for the purchase of goods or services ▪ Families have a choice of respite providers 	<ul style="list-style-type: none"> ▪ A menu of services from which caregivers can choose ▪ A voucher or budget for respite and/or supplemental services ▪ Families have a choice of respite providers
Family Members Can Be Paid to Provide Care	Yes	Yes	Yes	Yes
Types of Services Families Can Be Paid to Provide	<ul style="list-style-type: none"> ▪ Respite care 	<ul style="list-style-type: none"> ▪ Personal care ▪ Respite care 	<ul style="list-style-type: none"> ▪ Personal care ▪ Respite care 	<ul style="list-style-type: none"> ▪ Personal care ▪ Respite care