

State Profile: **Minnesota****Selected State Background Characteristics**

	MN	US		MN	US
■ Population ■			■ Socio-Demographics ■		
Total Pop. (<i>millions</i>)	5.1	293.7	Average Household Size	2.4	2.6
Pop. 60+ (<i>thousands</i>)	824.5	48,883.4	Average Family Size	3.1	3.1
% 60+	16.2	16.6	% Pop. in Rural Area	27.6	16.9
National Ranking 60+	38	N/A	Households with Persons 65+ (<i>millions</i>)	0.42	25.2
% White (60+)	96.0	81.4	% Persons Age 65+ Living Alone	30.6	29.8
% African American (60+)	1.2	8.5	% Pop. 65+ in Major Cities	23.4	40.1
% Hispanic/Latino (60+)	0.7	6.1	% Households with Internet Access	61.7	54.7
% Asian (60+)	1.2	2.9			
% Native Hawaiian/ Pacific Islanders (60+)	0.0	0.1	■ Informal Caregivers ■		
% American Indian/ Alaska Native (60+)	0.5	0.5	# of Caregivers	610,000	34,000,000
% Two or More Races (60+)	0.3	0.6	# of Caregiving Hours (<i>millions</i>)	650	36,720
Pop. 65+ (<i>thousands</i>)	615.2	36,294.0	Value of Caregiving (<i>millions</i>)	\$7,100	\$350,000
% Pop. 65+	12.1	12.4	% Grandparents Living with Grandchildren	1.8	3.4
National Ranking 65+	36	N/A	% with Responsibility for the Grandchildren	0.6	1.4
Pop. 85+ (<i>thousands</i>)	98.2	4,859.6	Where to Call to Arrange Help in the Home for Elderly Relatives or Friends		
% Pop. 85	1.9	1.7	% Relative or Friend	18.6	21.5
National Ranking 85+	24	N/A	% Self	8.3	17.2
■ Economic Indicators ■			% Medical Support	26.0	21.6
Per Capita Income	\$36,173	\$33,041	% Religious Support	1.0	0.4
Median Household Income	\$55,914	\$44,473	% Area Agency on Aging	6.6	2.0
Total State Expenditures Per Capita	\$4,618	\$4,009	% Other	3.2	4.5
% Pop. 65+ Below Poverty	7.7	9.4	% Don't Know	36.3	32.7
% Pop. 50+ Who Did Not Visit Doctor Due to Cost	6.6	8.1			

State Profile: **Minnesota** (cont'd)**Selected State Background Characteristics**

	MN	US		MN	US
■ Long-Term Care ■			■ Care Receivers ■		
Medicaid Spending on Long-Term Care			% Pop. 21-64 Years w/Disability	9.7	12.1
% Spending on Nursing Facilities	33.9	46.0	% Pop. 65+ w/Disability	33.9	39.6
% Spending on Home Health & Personal Care	57.7	37.3	% 65+ by Type of Disability		
# of Certified Nursing Facilities	377	15,209	Sensory	14.7	16.0
% of Certified Facilities with Family Councils	62.9	43.2	Physical	24.4	30.2
# of Certified Nursing Facility Beds (<i>thousands</i>)	34.2	1,579.9	Self-Care	6.3	9.3
Certified Nursing Facility Occupancy Rate	92.4	85.5	Mental	7.8	10.9
Average Cost Per Day in a Nursing Home	\$189	\$213	Difficulty Going Outside Home	12.2	16.3
Average Assisted Living Monthly Cost	\$2,573	\$2,969	■ Medicare Prescription Drug Plans ■		
Average Daily Cost for Adult Day Services	\$64	\$61	# of Companies Offering PDPs	17	N/A
Average Hourly Cost for Home Health Care	\$27	\$19	# of PDP	41	N/A
Average Hourly Cost for Personal/Home Care	\$22.50	\$18	# of Companies Offering Medicare Advantage Drug Plans	8	N/A
Nursing Facility Residents as % of 65+ Pop.	5.2	3.8			
# of Licensed Adult Day Facilities	68	3,407			
# of Home Health Aides	23,750	751,480			
Median Hourly Wage					
Certified Nursing Assistant	\$12.06	\$10.67			
Home Health Aide	\$10.57	\$9.34			
Personal Care/Home Care Aide	\$10.52	\$8.54			

State Profile: **Minnesota** (cont'd)**State System of Home and Community-Based Services (HCBS)**

Legislation Enacted Within the Last Three Years (2001-2003) that Addresses Family Caregiving Issues	HB6a (Enacted 2003) Increased reimbursement limits for Medigap coverage and removed the exclusion for coverage for care provided by a family member.
Task Force or Commission Specifically to Examine Family Caregiver Issues	No
Name of Task Force:	N/A
Single Point of Entry for State System of HCBS	Yes
Single Point of Entry Includes Access to State's Caregiver Support Program	Yes
Uniform Assessment Tool for All HCBS Programs for the Elderly and Adults with Disabilities	Yes
Assessment Includes Caregiver Component	Yes
At Least One State Program with Consumer-Directed Option for Family Caregivers	Yes

State Program Information■ **Administrative Structure** ■

Program Name	Family Caregiver Support Program (FC)	Elderly Waiver (MC)	Alternative Care Program (SC)
Administering State Agency	MN Department of Human Services	MN Department of Human Services	MN Department of Human Services
Organizational Unit or Person Specifically Designated for Caregiving Programs or Activities	Yes	Yes	Yes
Geographic Region Served	Statewide AAA	Statewide	Statewide
Local Program Administrative Responsibility	AAA	County Dept. of Human or Social Services	County Dept. of Human or Social Services

■ **Funding & Caseload** ■

Program Name	Family Caregiver Support Program (FC)	Elderly Waiver (MC)	Alternative Care Program (SC)
Major Sources of Program Funding	<ul style="list-style-type: none"> ▪ Federal A/D grants to states ▪ Medicaid HCBS waiver ▪ OAA, Title III-E ▪ State funded grants 	<ul style="list-style-type: none"> ▪ Medicaid HCBS waiver ▪ State general fund 	<ul style="list-style-type: none"> ▪ State general fund
FY 2001 Expenditures	\$1,875,522	\$399,516 (<i>respite only</i>)	n/a
FY 2002 Expenditures	\$2,138,248	\$428,623 (<i>respite only</i>)	\$250,971
FY 2003 Expenditures	\$2,342,523	\$95,451,136 (<i>total waiver</i>)	\$255,889

State Profile: **Minnesota** (cont'd)■ **Funding & Caseload** (cont'd) ■

Program Name	Family Caregiver Support Program (FC)	Elderly Waiver (MC)	Alternative Care Program (SC)
FY 2001 A/D Waiver Respite Participants	N/A	220	N/A
FY 2002 A/D Waiver Respite Participants	N/A	195	N/A

■ **Eligibility** ■

Program Name	Family Caregiver Support Program (FC)	Elderly Waiver (MC)	Alternative Care Program (SC)
Caregiver Age Requirement	None	18+	18+
Care Receiver Age Requirement	60+	65+	65+
Care Receiver Functional Status Requirement	OAA guidelines	Nursing home level of care	Nursing home level of care
Client Population	Family caregiver	Care receiver	Care receiver

■ **Assessment** ■

Program Name	Family Caregiver Support Program (FC)	Elderly Waiver (MC)	Alternative Care Program (SC)
Program Assesses	Family caregiver	Both family caregiver and care receiver	Both family caregiver and care receiver
Uniform Assessment Tool	Yes	Yes	Yes
Includes Caregiver Assessment	Yes	Yes	Yes
Areas Addressed by Caregiver Assessment	<ul style="list-style-type: none"> ▪ Caregiver needs/ preferences ▪ Caregiver social support network 	<ul style="list-style-type: none"> ▪ Ability of caregiver to provide care ▪ Caregiver needs/ preferences ▪ Caregiver social support network ▪ Willingness of caregiver to provide care 	<ul style="list-style-type: none"> ▪ Ability of caregiver to provide care ▪ Caregiver needs/ preferences ▪ Caregiver social support network ▪ Willingness of caregiver to provide care

■ **Services** ■

Program Name	Family Caregiver Support Program (FC)	Elderly Waiver (MC)	Alternative Care Program (SC)
Do all family caregivers eligible for your program have access to the same package of services?	Yes	No	Yes

State Profile: **Minnesota** (cont'd)■ **Services** (cont'd) ■

Program Name	Family Caregiver Support Program (FC)	Elderly Waiver (MC)	Alternative Care Program (SC)
Services provided specifically to family caregivers	<ul style="list-style-type: none"> ▪ Assistive technology ▪ Care mgt. ▪ Counseling ▪ Educ. & training ▪ Family consult. ▪ Home modification/repairs ▪ Info. & assistance ▪ Legal and/or financial consultation ▪ Respite care ▪ Support groups ▪ Transportation 	<ul style="list-style-type: none"> ▪ Care mgt. ▪ Cash grant ▪ Consumer ehealth applications ▪ Counseling ▪ Educ. & training ▪ Family consult. ▪ Family meetings ▪ Home modification/repairs ▪ Homemaker/chore/personal care ▪ Info. & assistance ▪ Legal and/or financial consultation ▪ Respite care ▪ Support groups ▪ Transportation 	<ul style="list-style-type: none"> ▪ Care mgt. ▪ Cash grant ▪ Consumer ehealth applications ▪ Counseling ▪ Educ. & training ▪ Family consult. ▪ Family meetings ▪ Home modification/repairs ▪ Homemaker/chore/personal care ▪ Info. & assistance ▪ Legal and/or financial consultation ▪ Respite care ▪ Support groups ▪ Transportation
Types of Respite Care Offered	<ul style="list-style-type: none"> ▪ Adult day svcs. ▪ In-home ▪ Overnight ▪ Weekend/camp 	<ul style="list-style-type: none"> ▪ Adult day svcs. ▪ In-home ▪ Overnight ▪ Other 	<ul style="list-style-type: none"> ▪ Adult day svcs. ▪ In-home ▪ Overnight ▪ Other
Caregiver Must Live with Care Receiver to Receive Respite	No	No	No
Respite Cap	No cap	No cap	No cap
Uniform Respite Cap Across Program Sites	N/A	N/A	N/A
Entity that Formulates the Respite Cap	N/A	N/A	N/A

■ **Consumer Direction** ■

Program Name	Family Caregiver Support Program (FC)	Elderly Waiver (MC)	Alternative Care Program (SC)
Consumer-Directed Options	<ul style="list-style-type: none"> ▪ Families have a choice of respite providers 	<ul style="list-style-type: none"> ▪ A menu of services from which caregivers can choose ▪ Families have a choice of respite providers 	<ul style="list-style-type: none"> ▪ A menu of services from which caregivers can choose ▪ A voucher or budget for respite and/or supplemental services ▪ Families have a choice of respite providers ▪ Other
Family Members Can Be Paid to Provide Care	Yes	No ¹	Yes
Types of Services Families Can Be Paid to Provide	<ul style="list-style-type: none"> ▪ Personal care ▪ Respite care 	N/A	<ul style="list-style-type: none"> ▪ Personal care ▪ Respite care

¹ Effective October 1, 2004 this program will allow family members to be paid providers of care.