

State Profile: **North Carolina****Selected State Background Characteristics**

	NC	US		NC	US
<b>■ Population ■</b>			<b>■ Socio-Demographics ■</b>		
Total Pop. ( <i>millions</i> )	8.5	293.7	Average Household Size	2.5	2.6
Pop. 60+ ( <i>thousands</i> )	1,404.6	48,883.4	Average Family Size	3.0	3.1
% 60+	16.4	16.6	% Pop. in Rural Area	31.0	16.9
National Ranking 60+	36	N/A	Households with Persons 65+ ( <i>millions</i> )	0.72	25.2
% White (60+)	81.5	81.4	% Persons Age 65+ Living Alone	30.1	29.8
% African American (60+)	15.7	8.5	% Pop. 65+ in Major Cities	23.1	40.1
% Hispanic/Latino (60+)	0.9	6.1	% Households with Internet Access	51.3	54.7
% Asian (60+)	0.7	2.9			
% Native Hawaiian/ Pacific Islanders (60+)	0.0	0.1	<b>■ Informal Caregivers ■</b>		
% American Indian/ Alaska Native (60+)	0.8	0.5	# of Caregivers	1,080,000	34,000,000
% Two or More Races (60+)	0.4	0.6	# of Caregiving Hours ( <i>millions</i> )	1,170	36,720
Pop. 65+ ( <i>thousands</i> )	1,032.2	36,294.0	Value of Caregiving ( <i>millions</i> )	\$10,700	\$350,000
% Pop. 65+	12.1	12.4	% Grandparents Living with Grandchildren	3.4	3.4
National Ranking 65+	34	N/A	% with Responsibility for the Grandchildren	1.9	1.4
Pop. 85+ ( <i>thousands</i> )	120.6	4,859.6	Where to Call to Arrange Help in the Home for Elderly Relatives or Friends		
% Pop. 85	1.4	1.7	% Relative or Friend	20.5	21.5
National Ranking 85+	37	N/A	% Self	24.7	17.2
<b>■ Economic Indicators ■</b>			% Medical Support	22.4	21.6
Per Capita Income	\$29,303	\$33,041	% Religious Support	0.2	0.4
Median Household Income	\$39,000	\$44,473	% Area Agency on Aging	1.9	2.0
Total State Expenditures Per Capita	\$3,758	\$4,009	% Other	3.5	4.5
% Pop. 65+ Below Poverty	11.6	9.4	% Don't Know	26.8	32.7
% Pop. 50+ Who Did Not Visit Doctor Due to Cost	13.1	8.1			

State Profile: **North Carolina** (cont'd)**Selected State Background Characteristics**

	NC	US		NC	US
<b>■ Long-Term Care ■</b>			<b>■ Care Receivers ■</b>		
Medicaid Spending on Long-Term Care			% Pop. 21-64 Years w/Disability	13.1	12.1
% Spending on Nursing Facilities	41.0	46.0	% Pop. 65+ w/Disability	44.1	39.6
% Spending on Home Health & Personal Care	41.6	37.3	% 65+ by Type of Disability		
# of Certified Nursing Facilities	396	15,209	Sensory	18.4	16.0
% of Certified Facilities with Family Councils	44.7	43.2	Physical	34.1	30.2
# of Certified Nursing Facility Beds ( <i>thousands</i> )	40.3	1,579.9	Self-Care	11.3	9.3
Certified Nursing Facility Occupancy Rate	89.4	85.5	Mental	13.9	10.9
Average Cost Per Day in a Nursing Home	\$182	\$213	Difficulty Going Outside Home	18.5	16.3
Average Assisted Living Monthly Cost	\$2,916	\$2,969	<b>■ Medicare Prescription Drug Plans ■</b>		
Average Daily Cost for Adult Day Services	\$49.50	\$61	# of Companies Offering PDPs	16	N/A
Average Hourly Cost for Home Health Care	\$17.50	\$19	# of PDP	38	N/A
Average Hourly Cost for Personal/Home Care	\$16	\$18	# of Companies Offering Medicare Advantage Drug Plans	7	N/A
Nursing Facility Residents as % of 65+ Pop.	3.5	3.8			
# of Licensed Adult Day Facilities	107	3,407			
# of Home Health Aides	61,150	751,480			
Median Hourly Wage					
Certified Nursing Assistant	\$10.16	\$10.67			
Home Health Aide	\$8.73	\$9.34			
Personal Care/Home Care Aide	\$8.35	\$8.54			

State Profile: **North Carolina** (cont'd)**State System of Home and Community-Based Services (HCBS)**

Legislation Enacted Within the Last Three Years (2001-2003) that Addresses Family Caregiving Issues	None
Task Force or Commission Specifically to Examine Family Caregiver Issues	Yes
Name of Task Force:	State Family Caregiver Steering Team
Single Point of Entry for State System of HCBS	No
Single Point of Entry Includes Access to State's Caregiver Support Program	N/A
Uniform Assessment Tool for All HCBS Programs for the Elderly and Adults with Disabilities	No
Assessment Includes Caregiver Component	N/A
At Least One State Program with Consumer-Directed Option for Family Caregivers	Yes

**State Program Information**■ **Administrative Structure** ■

Program Name	Family Caregiver Support Program (FCSP) (FC)	Community Alternatives Program for Disabled Adults (CAP/DA) (MC)	Respite Care Program (SC)
Administering State Agency	NC Department of Health & Human Services, Division of Aging & Adult Services	NC Department of Health & Human Services, Division of Medical Assistance	NC Department of Health & Human Services, Division of Aging & Adult Services
Organizational Unit or Person Specifically Designated for Caregiving Programs or Activities	Yes	No	No
Geographic Region Served	Statewide	Statewide	Other
Local Program Administrative Responsibility	<ul style="list-style-type: none"> <li>▪ AAA</li> </ul>	<ul style="list-style-type: none"> <li>▪ County Health Dept.</li> <li>▪ Other gov't. agency</li> <li>▪ Other non-profit agency</li> </ul>	<ul style="list-style-type: none"> <li>▪ AAA</li> <li>▪ Other gov't. agency</li> </ul>

■ **Funding & Caseload** ■

Program Name	FCSP (FC)	CAP/DA (MC)	Respite Care Program (SC)
Major Sources of Program Funding	<ul style="list-style-type: none"> <li>▪ Client contribution</li> <li>▪ OAA, Title III-E</li> </ul>	<ul style="list-style-type: none"> <li>▪ Medicaid HCBS waiver</li> </ul>	<ul style="list-style-type: none"> <li>▪ Client contribution</li> <li>▪ State general fund</li> </ul>
FY 2001 Expenditures	\$2,916,628	\$181,744 ( <i>respite only</i> )	n/a
FY 2002 Expenditures	\$3,326,460	\$223,341 ( <i>respite only</i> )	\$563,640
FY 2003 Expenditures	\$3,644,249	\$183,297,444 ( <i>total waiver</i> )	\$316,102

State Profile: **North Carolina** (cont'd)■ **Funding & Caseload** (cont'd) ■

Program Name	FCSP (FC)	CAP/DA (MC)	Respite Care Program (SC)
FY 2001 A/D Waiver Respite Participants	N/A	203	N/A
FY 2002 A/D Waiver Respite Participants	N/A	217	N/A

■ **Eligibility** ■

Program Name	FCSP (FC)	CAP/DA (MC)	Respite Care Program (SC)
Caregiver Age Requirement	18+	18+	Either caregiver or care receiver must be 60+
Care Receiver Age Requirement	60+	18+	18+
Care Receiver Functional Status Requirement	<ul style="list-style-type: none"> <li>▪ OAA guidelines</li> </ul>	<ul style="list-style-type: none"> <li>▪ Nursing home level of care</li> </ul>	<ul style="list-style-type: none"> <li>▪ Diagnosis of dementia or related disorder/requires supervision</li> <li>▪ Physically disabled</li> </ul>
Client Population	Family caregiver	Care receiver	Both family caregiver and care receiver

■ **Assessment** ■

Program Name	FCSP (FC)	CAP/DA (MC)	Respite Care Program (SC)
Program Assesses	Both family caregiver and care receiver	Both family caregiver and care receiver	Both family caregiver and care receiver
Uniform Assessment Tool	No	Yes	No
Includes Caregiver Assessment	N/A	Yes	N/A
Areas Addressed by Caregiver Assessment	N/A	<ul style="list-style-type: none"> <li>▪ Ability of caregiver to provide care</li> <li>▪ Care frequency</li> <li>▪ Caregiver physical health</li> <li>▪ Caregiver strain</li> <li>▪ Willingness of caregiver to provide care</li> </ul>	N/A

■ **Services** ■

Program Name	FCSP (FC)	CAP/DA (MC)	Respite Care Program (SC)
All Caregivers Eligible for Program Have Access to Same Package of Services	No	Yes	No

State Profile: **North Carolina** (cont'd)■ **Services** (cont'd) ■

<b>Program Name</b>	<b>FCSP (FC)</b>	<b>CAP/DA (MC)</b>	<b>Respite Care Program (SC)</b>
Services Provided Specifically to Family Caregivers	<ul style="list-style-type: none"> <li>▪ Assistive technology</li> <li>▪ Care mgt.</li> <li>▪ Consum. supplies</li> <li>▪ Counseling</li> <li>▪ Educ. &amp; training</li> <li>▪ Emerg. response</li> <li>▪ Family consult.</li> <li>▪ Home modification/repairs</li> <li>▪ Homemaker/chore/personal care</li> <li>▪ Info. &amp; assistance</li> <li>▪ Legal and/or financial consultation</li> <li>▪ Respite care</li> <li>▪ Support groups</li> <li>▪ Transportation</li> <li>▪ Other</li> </ul>	<ul style="list-style-type: none"> <li>▪ Care mgt.</li> <li>▪ Consum. supplies</li> <li>▪ Counseling</li> <li>▪ Emerg. response</li> <li>▪ Family consult.</li> <li>▪ Family meetings</li> <li>▪ Home modification/repairs</li> <li>▪ Homemaker/chore/personal care</li> <li>▪ Info. &amp; assistance</li> <li>▪ Legal and/or financial consultation</li> <li>▪ Respite care</li> </ul>	<ul style="list-style-type: none"> <li>▪ Counseling</li> <li>▪ Educ. &amp; training</li> <li>▪ Homemaker/chore/personal care</li> <li>▪ Info. &amp; assistance</li> <li>▪ Respite care</li> <li>▪ Support groups</li> </ul>
Types of Respite Care Offered	<ul style="list-style-type: none"> <li>▪ Adult day svcs.</li> <li>▪ In-home</li> <li>▪ Overnight</li> <li>▪ Weekend/camp</li> </ul>	<ul style="list-style-type: none"> <li>▪ Adult day svcs.</li> <li>▪ In-home</li> <li>▪ Overnight</li> <li>▪ Weekend/camp</li> </ul>	<ul style="list-style-type: none"> <li>▪ Adult day svcs.</li> <li>▪ In-home</li> </ul>
Caregiver Must Live with Care Receiver to Receive Respite	No	No	No
Respite Cap	No cap	30 days (or 720 hours)/year (in skilled nursing facility)	No cap
Uniform Respite Cap Across Program Sites	N/A	Yes	N/A
Entity that Formulates the Respite Cap	N/A	Administering state agency	N/A

■ **Consumer Direction** ■

<b>Program Name</b>	<b>FCSP (FC)</b>	<b>CAP/DA (MC)</b>	<b>Respite Care Program (SC)</b>
Consumer-Directed Options	<ul style="list-style-type: none"> <li>• A voucher or budget for respite and/or supplemental services</li> <li>▪ Families have a choice of respite providers</li> </ul>	<ul style="list-style-type: none"> <li>▪ Family members can be paid providers if hired by licensed home care agency</li> </ul>	None
Family Members Can Be Paid to Provide Care	Yes	Yes	Yes
Types of Services Families Can Be Paid to Provide	<ul style="list-style-type: none"> <li>▪ Personal care</li> <li>▪ Respite care</li> </ul>	<ul style="list-style-type: none"> <li>▪ Homemaker/chore</li> <li>▪ Personal care</li> <li>▪ Respite care</li> </ul>	<ul style="list-style-type: none"> <li>▪ Homemaker/chore</li> <li>▪ Personal care</li> <li>▪ Respite care</li> </ul>