

State Profile: **New Hampshire****Selected State Background Characteristics**

	NH	US		NH	US
■ Population ■			■ Socio-Demographics ■		
Total Pop. (<i>millions</i>)	1.3	293.7	Average Household Size	2.6	2.6
Pop. 60+ (<i>thousands</i>)	216.1	48,883.4	Average Family Size	3.0	3.1
% 60+	16.6	16.6	% Pop. in Rural Area	37.7	16.9
National Ranking 60+	33	N/A	Households with Persons 65+ (<i>millions</i>)	0.11	25.2
% White (60+)	97.9	81.4	% Persons Age 65+ Living Alone	29.6	29.8
% African American (60+)	0.4	8.5	% Pop. 65+ in Major Cities	16.1	40.1
% Hispanic/Latino (60+)	0.6	6.1	% Households with Internet Access	65.5	54.7
% Asian (60+)	0.7	2.9			
% Native Hawaiian/ Pacific Islanders (60+)	0.0	0.1	■ Informal Caregivers ■		
% American Indian/ Alaska Native (60+)	0.1	0.5	# of Caregivers	147,000	34,000,000
% Two or More Races (60+)	0.4	0.6	# of Caregiving Hours (<i>millions</i>)	158	36,720
Pop. 65+ (<i>thousands</i>)	156.7	36,294.0	Value of Caregiving (<i>millions</i>)	\$1,680	\$350,000
% Pop. 65+	12.1	12.4	% Grandparents Living with Grandchildren	2.0	3.4
National Ranking 65+	38	N/A	% with Responsibility for the Grandchildren	0.5	1.4
Pop. 85+ (<i>thousands</i>)	21.7	4,859.6	Where to Call to Arrange Help in the Home for Elderly Relatives or Friends		
% Pop. 85	1.7	1.7	% Relative or Friend	15.4	21.5
National Ranking 85+	30	N/A	% Self	11.7	17.2
■ Economic Indicators ■			% Medical Support	23.5	21.6
Per Capita Income	\$36,676	\$33,041	% Religious Support	0.4	0.4
Median Household Income	\$57,352	\$44,473	% Area Agency on Aging	2.4	2.0
Total State Expenditures Per Capita	\$3,323	\$4,009	% Other	2.9	4.5
% Pop. 65+ Below Poverty	8.3	9.4	% Don't Know	43.7	32.7
% Pop. 50+ Who Did Not Visit Doctor Due to Cost	6.8	8.1			

State Profile: **New Hampshire** (cont'd)**Selected State Background Characteristics**

	NH	US		NH	US
■ Long-Term Care ■			■ Care Receivers ■		
Medicaid Spending on Long-Term Care			% Pop. 21-64 Years w/Disability	11.3	12.1
% Spending on Nursing Facilities	60.3	46.0	% Pop. 65+ w/Disability	36.1	39.6
% Spending on Home Health & Personal Care	38.5	37.3	% 65+ by Type of Disability		
# of Certified Nursing Facilities	74	15,209	Sensory	15.9	16.0
% of Certified Facilities with Family Councils	48.6	43.2	Physical	26.9	30.2
# of Certified Nursing Facility Beds (<i>thousands</i>)	7.2	1,579.9	Self-Care	7.8	9.3
Certified Nursing Facility Occupancy Rate	92.4	85.5	Mental	8.6	10.9
Average Cost Per Day in a Nursing Home	\$243	\$213	Difficulty Going Outside Home	12.1	16.3
Average Assisted Living Monthly Cost	\$4,866	\$2,969	■ Medicare Prescription Drug Plans ■		
Average Daily Cost for Adult Day Services	\$57	\$61	# of Companies Offering PDPs	17	N/A
Average Hourly Cost for Home Health Care	\$24	\$19	# of PDP	41	N/A
Average Hourly Cost for Personal/Home Care	\$19	\$18	# of Companies Offering Medicare Advantage Drug Plans	1	N/A
Nursing Facility Residents as % of 65+ Pop.	4.3	3.8			
# of Licensed Adult Day Facilities	23	3,407			
# of Home Health Aides	2,200	751,480			
Median Hourly Wage					
Certified Nursing Assistant	\$12.24	\$10.67			
Home Health Aide	\$10.61	\$9.34			
Personal Care/Home Care Aide	\$9.61	\$8.54			

State Profile: **New Hampshire** (cont'd)**State System of Home and Community-Based Services (HCBS)**

Legislation Enacted Within the Last Three Years (2001-2003) that Addresses Family Caregiving Issues	HB 831 (Enacted 2003) Created a study commission on end of life care. One of the goals of the commission included the education and training of caregivers. HB 569 (Enacted 2001) Established a committee to study the information, training and support needs of family caregivers.
Task Force or Commission Specifically to Examine Family Caregiver Issues	No
Name of Task Force:	N/A
Single Point of Entry for State System of HCBS	Lack of agreement
Single Point of Entry Includes Access to State's Caregiver Support Program	Lack of agreement
Uniform Assessment Tool for All HCBS Programs for the Elderly and Adults with Disabilities	No
Assessment Includes Caregiver Component	N/A
At Least One State Program with Consumer-Directed Option for Family Caregivers	Yes

State Program Information■ **Administrative Structure** ■

Program Name	Family Caregiver Support Program (FC)	Elderly and Chronically Ill Waiver (MC)
Administering State Agency	NH Department of Health & Human Services	NH Department of Health & Human Services
Organizational Unit or Person Specifically Designated for Caregiving Programs or Activities	Yes	Yes
Geographic Region Served	Statewide	Statewide
Local Program Administrative Responsibility	SUA	SUA

■ **Funding & Caseload** ■

Program Name	Family Caregiver Support Program (FC)	Elderly and Chronically Ill Waiver (MC)
Major Sources of Program Funding	<ul style="list-style-type: none"> ▪ OAA, Title III-E ▪ State general fund 	<ul style="list-style-type: none"> ▪ Medicaid HCBS waiver ▪ State general fund
FY 2001 Expenditures	\$564,300	\$14,844 (<i>respite only</i>)
FY 2002 Expenditures	\$644,212	\$23,148 (<i>respite only</i>)
FY 2003 Expenditures	\$705,756	\$23,633,285 (<i>total waiver</i>)
FY 2001 A/D Waiver Respite Participants	N/A	9
FY 2002 A/D Waiver Respite Participants	N/A	17

State Profile: **New Hampshire** (cont'd)■ **Eligibility** ■

Program Name	Family Caregiver Support Program (FC)	Elderly and Chronically Ill Waiver (MC)
Caregiver Age Requirement	None	18+
Care Receiver Age Requirement	60+	18+
Care Receiver Functional Status Requirement	<ul style="list-style-type: none"> ▪ 2 ADLs ▪ Diagnosis of dementia or related disorder/requires supervision 	<ul style="list-style-type: none"> ▪ 1 ADL
Client Population	Family caregiver	Both family caregiver and care receiver

■ **Assessment** ■

Program Name	Family Caregiver Support Program (FC)	Elderly and Chronically Ill Waiver (MC)
Program Assesses	Care receiver	Both family caregiver and care receiver
Uniform Assessment Tool	Yes	No
Includes Caregiver Assessment	No	N/A
Areas Addressed by Caregiver Assessment	N/A	N/A

■ **Services** ■

Program Name	Family Caregiver Support Program (FC)	Elderly and Chronically Ill Waiver (MC)
All Caregivers Eligible for Program Have Access to Same Package of Services	No	No
Services Provided Specifically to Family Caregivers	<ul style="list-style-type: none"> ▪ Assistive technology ▪ Consum. supplies ▪ Emerg. response ▪ Family consult. ▪ Home modification/repairs ▪ Homemaker/chore/personal care ▪ Info. & assistance ▪ Respite care ▪ Support groups ▪ Transportation 	<ul style="list-style-type: none"> ▪ Assistive technology ▪ Care mgt. ▪ Consum. supplies ▪ Counseling ▪ Emerg. response ▪ Home modification/repairs ▪ Homemaker/chore/personal care ▪ Info. & assistance ▪ Respite care ▪ Transportation ▪ Other
Types of Respite Care Offered	<ul style="list-style-type: none"> ▪ Adult day svcs. ▪ In-home ▪ Overnight ▪ Weekend/camp 	<ul style="list-style-type: none"> ▪ Adult day svcs. ▪ In-home ▪ Overnight ▪ Weekend/camp
Caregiver Must Live with Care Receiver to Receive Respite	No	No
Respite Cap	\$2000/year	480 hours/year
Uniform Respite Cap Across Program Sites	Yes	Yes
Entity that Formulates the Respite Cap	Administering state agency	Administering state agency

State Profile: **New Hampshire** (cont'd)■ **Consumer Direction** ■

Program Name	Family Caregiver Support Program (FC)	Elderly and Chronically Ill Waiver (MC)
Consumer-Directed Options	<ul style="list-style-type: none"> ▪ A menu of services from which caregivers can choose ▪ A voucher or budget for respite and/or supplemental services ▪ Families have a choice of respite providers 	<ul style="list-style-type: none"> ▪ A voucher or budget for respite and/or supplemental services
Family Members Can Be Paid to Provide Care	Yes	Yes
Types of Services Families Can Be Paid to Provide	<ul style="list-style-type: none"> ▪ Homemaker/chore ▪ Personal care ▪ Respite care 	<ul style="list-style-type: none"> ▪ Personal care ▪ Respite care