

State Profile: **New Mexico****Selected State Background Characteristics**

	NM	US		NM	US
<b>■ Population ■</b>			<b>■ Socio-Demographics ■</b>		
Total Pop. ( <i>millions</i> )	1.9	293.7	Average Household Size	2.6	2.6
Pop. 60+ ( <i>thousands</i> )	315.5	48,883.4	Average Family Size	3.2	3.1
% 60+	16.6	16.6	% Pop. in Rural Area	35.4	16.9
National Ranking 60+	34	N/A	Households with Persons 65+ ( <i>millions</i> )	0.16	25.2
% White (60+)	61.4	81.4	% Persons Age 65+ Living Alone	27.5	29.8
% African American (60+)	1.3	8.5	% Pop. 65+ in Major Cities	36.8	40.1
% Hispanic/Latino (60+)	30.7	6.1	% Households with Internet Access	44.8	54.7
% Asian (60+)	0.8	2.9			
% Native Hawaiian/ Pacific Islanders (60+)	0.0	0.1			
% American Indian/ Alaska Native (60+)	5.2	0.5			
% Two or More Races (60+)	0.5	0.6			
			<b>■ Informal Caregivers ■</b>		
Pop. 65+ ( <i>thousands</i> )	229.5	36,294.0	# of Caregivers	200,000	34,000,000
% Pop. 65+	12.1	12.4	# of Caregiving Hours ( <i>millions</i> )	220	36,720
National Ranking 65+	37	N/A	Value of Caregiving ( <i>millions</i> )	\$1,930	\$350,000
			% Grandparents Living with Grandchildren	4.0	3.4
Pop. 85+ ( <i>thousands</i> )	26.8	4,859.6	% with Responsibility for the Grandchildren	2.2	1.4
% Pop. 85	1.4	1.7	Where to Call to Arrange Help in the Home for Elderly Relatives or Friends		
National Ranking 85+	42	N/A	% Relative or Friend	20.6	21.5
			% Self	16.8	17.2
<b>■ Economic Indicators ■</b>			% Medical Support	18.5	21.6
Per Capita Income	\$26,154	\$33,041	% Religious Support	0.4	0.4
Median Household Income	\$37,587	\$44,473	% Area Agency on Aging	1.0	2.0
Total State Expenditures Per Capita	\$5,040	\$4,009	% Other	3.1	4.5
% Pop. 65+ Below Poverty	11.9	9.4	% Don't Know	39.6	32.7
% Pop. 50+ Who Did Not Visit Doctor Due to Cost	10.3	8.1			

State Profile: **New Mexico** (cont'd)**Selected State Background Characteristics**

	NM	US		NM	US
<b>■ Long-Term Care ■</b>			<b>■ Care Receivers ■</b>		
Medicaid Spending on Long-Term Care			% Pop. 21-64 Years w/Disability	14.9	12.1
% Spending on Nursing Facilities	29.5	46.0	% Pop. 65+ w/Disability	44.5	39.6
% Spending on Home Health & Personal Care	66.7	37.3	% 65+ by Type of Disability		
# of Certified Nursing Facilities	77	15,209	Sensory	20.5	16.0
% of Certified Facilities with Family Councils	45.5	43.2	Physical	34.0	30.2
# of Certified Nursing Facility Beds ( <i>thousands</i> )	7.0	1,579.9	Self-Care	10.8	9.3
Certified Nursing Facility Occupancy Rate	85.6	85.5	Mental	12.1	10.9
Average Cost Per Day in a Nursing Home	\$183	\$213	Difficulty Going Outside Home	20.1	16.3
Average Assisted Living Monthly Cost	\$2,171	\$2,969	<b>■ Medicare Prescription Drug Plans ■</b>		
Average Daily Cost for Adult Day Services	\$59	\$61	# of Companies Offering PDPs	17	N/A
Average Hourly Cost for Home Health Care	\$21	\$19	# of PDP	43	N/A
Average Hourly Cost for Personal/Home Care	\$18	\$18	# of Companies Offering Medicare Advantage Drug Plans	7	N/A
Nursing Facility Residents as % of 65+ Pop.	2.6	3.8			
# of Licensed Adult Day Facilities	18	3,407			
# of Home Health Aides	5,440	751,480			
Median Hourly Wage					
Certified Nursing Assistant	\$9.87	\$10.67			
Home Health Aide	\$8.63	\$9.34			
Personal Care/Home Care Aide	\$8.55	\$8.54			

State Profile: **New Mexico** (cont'd)**State System of Home and Community-Based Services (HCBS)**

Legislation Enacted Within the Last Three Years (2001-2003) that Addresses Family Caregiving Issues	None
Task Force or Commission Specifically to Examine Family Caregiver Issues	No
Name of Task Force:	N/A
Single Point of Entry for State System of HCBS	No
Single Point of Entry Includes Access to State's Caregiver Support Program	N/A
Uniform Assessment Tool for All HCBS Programs for the Elderly and Adults with Disabilities	No
Assessment Includes Caregiver Component	N/A
At Least One State Program with Consumer-Directed Option for Family Caregivers	Yes

**State Program Information**■ **Administrative Structure** ■

Program Name	Family Caregiver Support Program (FC)	Disabled and Elderly Home and Community-Based Services Waiver (MC)
Administering State Agency	NM State Agency on Aging	NM Human Services Department
Organizational Unit or Person Specifically Designated for Caregiving Programs or Activities	Yes	No
Geographic Region Served	Statewide	Statewide
Local Program Administrative Responsibility	AAA	Medicaid agency

■ **Funding & Caseload** ■

Program Name	Family Caregiver Support Program (FC)	Disabled and Elderly Home and Community-Based Services Waiver (MC)
Major Sources of Program Funding	<ul style="list-style-type: none"> <li>▪ Client contribution</li> <li>▪ Federal A/D Grants to States</li> <li>▪ OAA, Title III-E</li> <li>▪ State general fund</li> </ul>	<ul style="list-style-type: none"> <li>▪ Medicaid HCBS waiver</li> <li>▪ State general fund</li> </ul>
FY 2001 Expenditures	\$594,433	\$597,733 ( <i>respite only</i> )
FY 2002 Expenditures	\$709,061	\$833,334 ( <i>respite only</i> )
FY 2003 Expenditures	\$776,799	\$36,206,362 ( <i>total waiver</i> )
FY 2001 A/D Waiver Respite Participants	N/A	606
FY 2002 A/D Waiver Respite Participants	N/A	657

State Profile: **New Mexico** (cont'd)■ **Eligibility** ■

Program Name	Family Caregiver Support Program (FC)	Disabled and Elderly Home and Community-Based Services Waiver (MC)
Caregiver Age Requirement	18+	18+
Care Receiver Age Requirement	60+	None
Care Receiver Functional Status Requirement	<ul style="list-style-type: none"> <li>▪ 2 ADLs</li> <li>▪ Diagnosis of dementia or related disorder/requires supervision</li> </ul>	<ul style="list-style-type: none"> <li>▪ 3+ ADLs</li> <li>▪ Nursing home level of care</li> </ul>
Client Population	Both family caregiver and care receiver	Care receiver

■ **Assessment** ■

Program Name	Family Caregiver Support Program (FC)	Disabled and Elderly Home and Community-Based Services Waiver (MC)
Program Assesses	Both family caregiver and care receiver	Both family caregiver and care receiver
Uniform Assessment Tool	Yes	Yes
Includes Caregiver Assessment	Yes	Yes
Areas Addressed by Caregiver Assessment	<ul style="list-style-type: none"> <li>▪ Ability of caregiver to provide care</li> <li>▪ Caregiver demographic information</li> <li>▪ Caregiver mental health/depression</li> <li>▪ Caregiver physical health</li> <li>▪ Caregiver strain</li> <li>▪ Financial situation</li> <li>▪ If family caregivers are providing long-distance caregiving</li> </ul>	<ul style="list-style-type: none"> <li>▪ Ability of caregiver to provide care</li> <li>▪ Care duration</li> <li>▪ Care frequency</li> <li>▪ Caregiver demographic information</li> <li>▪ Caregiver mental health/depression</li> <li>▪ Caregiver physical health</li> <li>▪ Caregiver strain</li> <li>▪ If family caregivers are providing long-distance caregiving</li> <li>▪ Willingness of caregiver to provide care</li> </ul>

■ **Services** ■

Program Name	Family Caregiver Support Program (FC)	Disabled and Elderly Home and Community-Based Services Waiver (MC)
All Caregivers Eligible for Program Have Access to Same Package of Services	No	Yes
Services Provided Specifically to Family Caregivers	<ul style="list-style-type: none"> <li>▪ Care mgt.</li> <li>▪ Cash grant</li> <li>▪ Consum. supplies</li> <li>▪ Counseling</li> <li>▪ Educ. &amp; training</li> <li>▪ Family meetings</li> <li>▪ Home modification/repairs</li> <li>▪ Homemaker/chore/personal care</li> <li>▪ Info. &amp; assistance</li> <li>▪ Legal and/or financial consultation</li> <li>▪ Respite care</li> <li>▪ Support groups</li> <li>▪ Transportation</li> </ul>	<ul style="list-style-type: none"> <li>▪ Educ. &amp; training</li> <li>▪ Info. &amp; assistance</li> <li>▪ Respite care</li> </ul>

State Profile: **New Mexico** (cont'd)■ **Services** (cont'd) ■

<b>Program Name</b>	<b>Family Caregiver Support Program (FC)</b>	<b>Disabled and Elderly Home and Community-Based Services Waiver (MC)</b>
Types of Respite Care Offered	<ul style="list-style-type: none"> <li>▪ Adult day svcs.</li> <li>▪ In-home</li> <li>▪ Overnight</li> </ul>	<ul style="list-style-type: none"> <li>▪ In-home</li> </ul>
Caregiver Must Live with Care Receiver to Receive Respite	No	Yes
Respite Cap	No cap	336 hours/year
Uniform Respite Cap Across Program Sites	N/A	Yes
Entity that Formulates the Respite Cap	N/A	Administering state agency

■ **Consumer Direction** ■

<b>Program Name</b>	<b>Family Caregiver Support Program (FC)</b>	<b>Disabled and Elderly Home and Community-Based Services Waiver (MC)</b>
Consumer-Directed Options	<ul style="list-style-type: none"> <li>▪ A voucher or budget for respite and/or supplemental services</li> <li>▪ Families have a choice of respite providers</li> </ul>	None
Family Members Can Be Paid to Provide Care	Yes	Yes
Types of Services Families Can Be Paid to Provide	<ul style="list-style-type: none"> <li>▪ Personal Care</li> <li>▪ Respite Care</li> </ul>	<ul style="list-style-type: none"> <li>▪ Personal Care</li> </ul>