

State Profile: **Utah****Selected State Background Characteristics**

| | UT | US | | UT | US |
|--|----------|----------|---|---------|------------|
| ■ Population ■ | | | ■ Socio-Demographics ■ | | |
| Total Pop. (<i>millions</i>) | 2.4 | 293.7 | Average Household Size | 3.0 | 2.6 |
| Pop. 60+ (<i>thousands</i>) | 281.0 | 48,883.4 | Average Family Size | 3.6 | 3.1 |
| % 60+ | 11.8 | 16.6 | % Pop. in Rural Area | 11.4 | 16.9 |
| National Ranking 60+ | 50 | N/A | Households with Persons 65+ (<i>millions</i>) | 0.14 | 25.2 |
| % White (60+) | 92.8 | 81.4 | % Persons Age 65+ Living Alone | 24.2 | 29.8 |
| % African American (60+) | 0.4 | 8.5 | % Pop. 65+ in Major Cities | 31.6 | 40.1 |
| % Hispanic/Latino (60+) | 4.0 | 6.1 | % Households with Internet Access | 62.6 | 54.7 |
| % Asian (60+) | 1.5 | 2.9 | | | |
| % Native Hawaiian/ Pacific Islanders (60+) | 0.3 | 0.1 | ■ Informal Caregivers ■ | | |
| % American Indian/ Alaska Native (60+) | 0.7 | 0.5 | # of Caregivers (<i>millions</i>) | 330,000 | 34,000,000 |
| % Two or More Races (60+) | 0.3 | 0.6 | # of Caregiving Hours (<i>millions</i>) | 360 | 36,720 |
| Pop. 65+ (<i>thousands</i>) | 207.7 | 36,294.0 | Value of Caregiving (<i>millions</i>) | \$3,200 | \$350,000 |
| % Pop. 65+ | 8.7 | 12.4 | % Grandparents Living with Grandchildren | 4.1 | 3.4 |
| National Ranking 65+ | 50 | N/A | % with Responsibility for the Grandchildren | 1.7 | 1.4 |
| Pop. 85+ (<i>thousands</i>) | 25.7 | 4,859.6 | Where to Call to Arrange Help in the Home for Elderly Relatives or Friends | | |
| % Pop. 85 | 1.1 | 1.7 | % Relative or Friend | 30.1 | 21.5 |
| National Ranking 85+ | 50 | N/A | % Self | 16.6 | 17.2 |
| ■ Economic Indicators ■ | | | % Medical Support | 25.1 | 21.6 |
| Per Capita Income | \$26,946 | \$33,041 | % Religious Support | 0.8 | 0.4 |
| Median Household Income | \$50,614 | \$44,473 | % Area Agency on Aging | 1.6 | 2.0 |
| Total State Expenditures Per Capita | \$3,266 | \$4,009 | % Other | 4.3 | 4.5 |
| % Pop. 65+ Below Poverty | 5.4 | 9.4 | % Don't Know | 21.5 | 32.7 |
| % Pop. 50+ Who Did Not Visit Doctor Due to Cost | 8.0 | 8.1 | | | |

State Profile: **Utah** (cont'd)**Selected State Background Characteristics**

| | UT | US | | UT | US |
|---|---------|---------|---|------|------|
| ■ Long-Term Care ■ | | | ■ Care Receivers ■ | | |
| Medicaid Spending on Long-Term Care | | | % Pop. 21-64 Years w/Disability | 10.2 | 12.1 |
| % Spending on Nursing Facilities | 33.4 | 46.0 | % Pop. 65+ w/Disability | 37.6 | 39.6 |
| % Spending on Home Health & Personal Care | 46.3 | 37.3 | % 65+ by Type of Disability | | |
| # of Certified Nursing Facilities | 82 | 15,209 | Sensory | 16.4 | 16.0 |
| % of Certified Facilities with Family Councils | 25.6 | 43.2 | Physical | 26.0 | 30.2 |
| # of Certified Nursing Facility Beds (<i>thousands</i>) | 6.7 | 1,579.9 | Self-Care | 7.5 | 9.3 |
| Certified Nursing Facility Occupancy Rate | 72.1 | 85.5 | Mental | 9.0 | 10.9 |
| Average Cost Per Day in a Nursing Home | \$168 | \$213 | Difficulty Going Outside Home | 14.9 | 16.3 |
| Average Assisted Living Monthly Cost | \$2,330 | \$2,969 | ■ Medicare Prescription Drug Plans ■ | | |
| Average Daily Cost for Adult Day Services | \$36 | \$61 | # of Companies Offering PDPs | 18 | N/A |
| Average Hourly Cost for Home Health Care | \$22 | \$19 | # of PDP | 44 | N/A |
| Average Hourly Cost for Personal/Home Care | \$20 | \$18 | # of Companies Offering Medicare Advantage Drug Plans | 6 | N/A |
| Nursing Facility Residents as % of 65+ Pop. | 2.4 | 3.8 | | | |
| # of Licensed Adult Day Facilities | 8 | 3,407 | | | |
| # of Home Health Aides | 3,700 | 751,480 | | | |
| Median Hourly Wage | | | | | |
| Certified Nursing Assistant | \$9.56 | \$10.67 | | | |
| Home Health Aide | \$8.92 | \$9.34 | | | |
| Personal Care/Home Care Aide | \$9.09 | \$8.54 | | | |

State Profile: **Utah** (cont'd)**State System of Home and Community-Based Services (HCBS)**

| | |
|---|--------------------------------------|
| Legislation Enacted Within the Last Three Years (2001-2003) that Addresses Family Caregiving Issues | None |
| Task Force or Commission Specifically to Examine Family Caregiver Issues | Yes |
| Name of Task Force: | Utah Coalition for Caregiver Support |
| Single Point of Entry for State System of HCBS | Lack of agreement |
| Single Point of Entry Includes Access to State's Caregiver Support Program | Lack of agreement |
| Uniform Assessment Tool for All HCBS Programs for the Elderly and Adults with Disabilities | No |
| Assessment Includes Caregiver Component | N/A |
| At Least One State Program with Consumer-Directed Option for Family Caregivers | Yes |

State Program Information■ **Administrative Structure** ■

| Program Name | Caregiver Support Program (CSP) (FC) | Medicaid Aging Waiver (MAW) (MC) | Home and Community-Based Alternatives (HCBA) (SC) |
|---|--------------------------------------|----------------------------------|---|
| Administering State Agency | UT Department of Human Services | UT Department of Human Services | UT Department of Human Services |
| Organizational Unit or Person Specifically Designated for Caregiving Programs or Activities | Yes | Yes | Yes |
| Geographic Region Served | Statewide | Statewide | Statewide |
| Local Program Administrative Responsibility | AAA | AAA | AAA |

■ **Funding & Caseload** ■

| Program Name | CSP (FC) | MAW (MC) | HCBA (SC) |
|---|--|--|--|
| Major Sources of Program Funding | <ul style="list-style-type: none"> ▪ OAA, Title III-E ▪ State general fund | <ul style="list-style-type: none"> ▪ Medicaid HCBS waiver | <ul style="list-style-type: none"> ▪ State general fund |
| FY 2001 Expenditures | \$573,563 | \$208,287 (<i>respite only</i>) | n/a |
| FY 2002 Expenditures | \$658,988 | \$191,248 (<i>respite only</i>) | n/a |
| FY 2003 Expenditures | \$721,945 | \$2,623,436 (<i>total waiver</i>) | n/a |
| FY 2001 A/D Waiver Respite Participants | N/A | 142 | N/A |
| FY 2002 A/D Waiver Respite Participants | N/A | 128 | N/A |

State Profile: **Utah** (cont'd)■ **Eligibility** ■

| Program Name | CSP (FC) | MAW (MC) | HCBA (SC) |
|---|------------------|----------------------------|----------------------|
| Caregiver Age Requirement | None | None | None |
| Care Receiver Age Requirement | 60+ | 65+ | 18+ |
| Care Receiver Functional Status Requirement | 2 ADLs | Nursing home level of care | ADL/IADL combination |
| Client Population | Family caregiver | Care receiver | Care receiver |

■ **Assessment** ■

| Program Name | CSP (FC) | MAW (MC) | HCBA (SC) |
|---|--|---|---|
| Program Assesses | Both family caregiver and care receiver | Both family caregiver and care receiver | Both family caregiver and care receiver |
| Uniform Assessment Tool | Yes | Yes | Yes |
| Includes Caregiver Assessment | Yes | Yes | Yes |
| Areas Addressed by Caregiver Assessment | <ul style="list-style-type: none"> ▪ Ability of caregiver to provide care ▪ Care duration ▪ Care frequency ▪ Caregiver demographic information ▪ Caregiver mental health/depression ▪ Caregiver physical health ▪ Caregiver strain ▪ If family caregivers are providing long-distance caregiving ▪ Willingness of caregiver to provide care | <ul style="list-style-type: none"> ▪ Ability of caregiver to provide care ▪ Care duration ▪ Care frequency ▪ Caregiver physical health ▪ Emergency plan ▪ Need for education/training ▪ Willingness of caregiver to provide care | <ul style="list-style-type: none"> ▪ Ability of caregiver to provide care ▪ Care frequency ▪ Caregiver mental health/depression ▪ Caregiver physical health ▪ Caregiver strain ▪ Willingness of caregiver to provide care |

■ **Services** ■

| Program Name | CSP (FC) | MAW (MC) | HCBA (SC) |
|---|----------|----------|-----------|
| All Caregivers Eligible for Program Have Access to Same Package of Services | No | Yes | No |

State Profile: **Utah** (cont'd)

■ **Services** (cont'd) ■

| Program Name | CSP (FC) | MAW (MC) | HCBA (SC) |
|---|---|--|---|
| Services Provided Specifically to Family Caregivers | <ul style="list-style-type: none"> ▪ Assistive technology ▪ Care mgt. ▪ Consum. supplies ▪ Counseling ▪ Educ. & training ▪ Emerg. response ▪ Family consult. ▪ Family meetings ▪ Home modification/repairs ▪ Homemaker/chore/personal care ▪ Info. & assistance ▪ Legal and/or financial consultation ▪ Respite care ▪ Support groups ▪ Transportation | <ul style="list-style-type: none"> ▪ Assistive technology ▪ Care mgt. ▪ Consum. supplies ▪ Counseling ▪ Educ. & training ▪ Emerg. response ▪ Home modification/repairs ▪ Homemaker/chore/personal care ▪ Info. & assistance ▪ Respite care ▪ Support groups ▪ Transportation | <ul style="list-style-type: none"> ▪ Care mgt. ▪ Educ. & training ▪ Emerg. response ▪ Family consult. ▪ Homemaker/chore/personal care ▪ Home modification/repairs ▪ Info. & assistance ▪ Respite care ▪ Support groups |
| Types of Respite Care Offered | <ul style="list-style-type: none"> ▪ Adult day svcs. ▪ In-home ▪ Overnight ▪ Weekend/camp | <ul style="list-style-type: none"> ▪ Adult day svcs. ▪ In-home ▪ Overnight | <ul style="list-style-type: none"> ▪ Adult day svcs. ▪ In-home ▪ Overnight ▪ Weekend/camp |
| Caregiver Must Live with Care Receiver to Receive Respite | No | No | No |
| Respite Cap | \$1500/year | No cap | No response |
| Uniform Respite Cap Across Program Sites | Yes | N/A | N/A |
| Entity that Formulates the Respite Cap | Administering state agency | N/A | N/A |

■ **Consumer Direction** ■

| Program Name | CSP (FC) | MAW (MC) | HCBA (SC) |
|---|--|---|---|
| Consumer-Directed Options | <ul style="list-style-type: none"> ▪ A menu of services from which caregivers can choose ▪ Families have a choice of respite providers | None | None |
| Family Members Can Be Paid to Provide Care | Yes | Yes | Yes |
| Types of Services Families Can Be Paid to Provide | <ul style="list-style-type: none"> ▪ Respite care | <ul style="list-style-type: none"> ▪ Personal care ▪ Respite care | <ul style="list-style-type: none"> ▪ Any service needed ▪ Personal care ▪ Respite care |