

State Profile: **Virginia**

Selected State Background Characteristics

	VA	US		VA	US
■ Population ■			■ Socio-Demographics ■		
Total Pop. (<i>millions</i>)	7.5	293.7	Average Household Size	2.5	2.6
Pop. 60+ (<i>thousands</i>)	1,179.2	48,883.4	Average Family Size	3.0	3.1
% 60+	15.8	16.6	% Pop. in Rural Area	14.6	16.9
National Ranking 60+	41	N/A	Households with Persons 65+ (<i>millions</i>)	0.60	25.2
% White (60+)	79.9	81.4	% Persons Age 65+ Living Alone	28.8	29.8
% African American (60+)	15.0	8.5	% Pop. 65+ in Major Cities	29.2	40.1
% Hispanic/Latino (60+)	1.6	6.1	% Households with Internet Access	60.4	54.7
% Asian (60+)	2.7	2.9			
% Native Hawaiian/ Pacific Islanders (60+)	0.0	0.1	■ Informal Caregivers ■		
% American Indian/ Alaska Native (60+)	0.2	0.5	# of Caregivers (<i>millions</i>)	900,00	34,000,000
% Two or More Races (60+)	0.5	0.6	# of Caregiving Hours (<i>millions</i>)	970	36,720
Pop. 65+ (<i>thousands</i>)	846.9	36,294.0	Value of Caregiving (<i>millions</i>)	\$9,900	\$350,000
% Pop. 65+	11.4	12.4	% Grandparents Living with Grandchildren	3.4	3.4
National Ranking 65+	43	N/A	% with Responsibility for the Grandchildren	1.4	1.4
Pop. 85+ (<i>thousands</i>)	102.6	4,859.6	Where to Call to Arrange Help in the Home for Elderly Relatives or Friends		
% Pop. 85	1.4	1.7	% Relative or Friend	23.5	21.5
National Ranking 85+	44	N/A	% Self	9.5	17.2
■ Economic Indicators ■			% Medical Support	17.9	21.6
Per Capita Income	\$36,175	\$33,041	% Religious Support	0.4	0.4
Median Household Income	\$53,275	\$44,473	% Area Agency on Aging	1.9	2.0
Total State Expenditures Per Capita	\$3,774	\$4,009	% Other	6.4	4.5
% Pop. 65+ Below Poverty	8.6	9.4	% Don't Know	40.5	32.7
% Pop. 50+ Who Did Not Visit Doctor Due to Cost	7.7	8.1			

State Profile: **Virginia** (cont'd)**Selected State Background Characteristics**

	VA	US		VA	US
■ Long-Term Care ■			■ Care Receivers ■		
Medicaid Spending on Long-Term Care			% Pop. 21-64 Years w/Disability	11.4	12.1
% Spending on Nursing Facilities	42.1	46.0	% Pop. 65+ w/Disability	38.8	39.6
% Spending on Home Health & Personal Care	27.4	37.3	% 65+ by Type of Disability		
# of Certified Nursing Facilities	269	15,209	Sensory	14.8	16.0
% of Certified Facilities with Family Councils	43.5	43.2	Physical	29.6	30.2
# of Certified Nursing Facility Beds (<i>thousands</i>)	29.8	1,579.9	Self-Care	9.4	9.3
Certified Nursing Facility Occupancy Rate	85.2	85.5	Mental	11.1	10.9
Average Cost Per Day in a Nursing Home	\$223	\$213	Difficulty Going Outside Home	16.3	16.3
Average Assisted Living Monthly Cost	\$3,660	\$2,969			
Average Daily Cost for Adult Day Services	\$60	\$61	■ Medicare Prescription Drug Plans ■		
Average Hourly Cost for Home Health Care	\$18	\$19	# of Companies Offering PDPs	17	N/A
Average Hourly Cost for Personal/Home Care	\$17	\$18	# of PDP	41	N/A
Nursing Facility Residents as % of 65+ Pop.	3.2	3.8	# of Companies Offering Medicare Advantage Drug Plans	8	N/A
# of Licensed Adult Day Facilities	47	3,407			
# of Home Health Aides	10,690	751,480			
Median Hourly Wage					
Certified Nursing Assistant	\$10.17	\$10.67			
Home Health Aide	\$8.66	\$9.34			
Personal Care/Home Care Aide	\$7.73	\$8.54			

State Profile: **Virginia** (cont'd)

State System of Home and Community-Based Services (HCBS)

Legislation Enacted Within the Last Three Years (2001-2003) that Addresses Family Caregiving Issues	None
Task Force or Commission Specifically to Examine Family Caregiver Issues	Yes
Name of Task Force:	Virginia Caregiver Coalition
Single Point of Entry for State System of HCBS	Lack of agreement
Single Point of Entry Includes Access to State's Caregiver Support Program	Lack of agreement
Uniform Assessment Tool for All HCBS Programs for the Elderly and Adults with Disabilities	Lack of agreement
Assessment Includes Caregiver Component	Lack of agreement
At Least One State Program With Consumer-Directed Option for Family Caregivers	Yes

State Program Information

■ **Administrative Structure** ■

Program Name	Family Caregiver Support Program (FCSP) (FC)	Elderly and Disabled Waiver (EDW) (MC)	Caregiver Grant Program ¹ (CGP) (SC)	Respite Care Initiative Grant (RCIG) (SC)	Respite Care Grant Program 2003 (RCGP) (SC)
Administering State Agency	VA Department for the Aging	VA Department of Medical Assistance Services	VA Department of Social Services	VA Department for the Aging	VA Department for the Aging
Organizational Unit or Person Specifically Designated for Caregiving Programs or Activities	Yes	Yes	Yes	Yes	Yes
Geographic Region Served	Statewide	Statewide	Statewide	Other	Other
Local Program Administrative Responsibility	<ul style="list-style-type: none"> ▪ AAA 	<ul style="list-style-type: none"> ▪ County Health Dept. 	<ul style="list-style-type: none"> ▪ Department of Social Services 	<ul style="list-style-type: none"> ▪ AAA ▪ Adult Care of Central Virginia ▪ Commonwealth Catholic Charities 	<ul style="list-style-type: none"> ▪ AAA ▪ Alz. Family Day Center ▪ Bedford Hospital

¹ Program operational during study period but no longer funded.

State Profile: **Virginia** (cont'd)■ **Funding & Caseload** ■

Program Name	FCSP (FC)	EDW (MC)	CGP (SC)	RCIG (SC)	RCGP (SC)
Major Sources of Program Funding	<ul style="list-style-type: none"> OAA, Title III-E 	<ul style="list-style-type: none"> Medicaid HCBS waiver Real Choice Systems Change Grants State general fund 	<ul style="list-style-type: none"> State general fund 	<ul style="list-style-type: none"> Client contribution Local/county funds State general fund 	<ul style="list-style-type: none"> Client contribution State general fund Other public and/or private resources
FY 2001 Expenditures	\$2,354,500	\$1,423,711 (<i>respite only</i>)	n/a	n/a	n/a
FY 2002 Expenditures	\$2,728,115	\$3,098,046 (<i>respite only</i>)	n/a	n/a	n/a
FY 2003 Expenditures	\$2,988,742	\$73,720,666 (<i>total waiver</i>)	n/a	n/a	n/a
FY 2001 A/D Waiver Respite Participants	N/A	911	N/A	N/A	N/A
FY 2002 A/D Waiver Respite Participants	N/A	n/a	N/A	N/A	N/A

■ **Eligibility** ■

Program Name	FCSP (FC)	EDW (MC)	CGP (SC)	RCIG (SC)	RCGP (SC)
Caregiver Age Requirement	None	18+	18+	None	None
Care Receiver Age Requirement	60+	None	None	60+	Other
Care Receiver Functional Status Requirement	<ul style="list-style-type: none"> No functional status requirement 	<ul style="list-style-type: none"> Nursing home level of care 	<ul style="list-style-type: none"> 2 ADLs 	<ul style="list-style-type: none"> Diagnosis of dementia or related disorder/ requires supervision 	<ul style="list-style-type: none"> Nursing home level of care Physically disabled Other
Client Population	Care receiver	No response	Family caregiver	Both family caregiver and care receiver	Care receiver

■ **Assessment** ■

Program Name	FCSP (FC)	EDW (MC)	CGP (SC)	RCIG (SC)	RCGP (SC)
Program Assesses	Care receiver	Care receiver	Care receiver	Care receiver	Care receiver
Uniform Assessment Tool	Yes	Yes	No	Yes	Yes
Includes Caregiver Assessment	Yes	Yes	N/A	Yes	No
Areas Addressed by Caregiver Assessment	<ul style="list-style-type: none"> Caregiver demographic information If family caregivers are providing long-distance caregiving Other 	<ul style="list-style-type: none"> Ability of caregiver to provide care Care duration Care frequency Caregiver demographic information Caregiver strain Willingness of caregiver to provide care 	N/A	<ul style="list-style-type: none"> Caregiver strain 	N/A

State Profile: **Virginia** (cont'd)

■ **Services** ■

Program Name	FCSP (FC)	EDW (MC)	CGP (SC)	RCIG (SC)	RCGP (SC)
All Caregivers Eligible for Program Have Access to Same Package of Services	No	Yes	Yes	No	No
Services Provided Specifically to Family Caregivers	<ul style="list-style-type: none"> ▪ Assistive technology ▪ Care mgt. ▪ Consum. supplies ▪ Counseling ▪ Educ. & training ▪ Emerg. response ▪ Family consult. ▪ Home modification/repairs ▪ Homemaker/chore/personal care ▪ Info. & assistance ▪ Legal and/or financial consultation ▪ Respite care ▪ Support groups ▪ Transportation 	<ul style="list-style-type: none"> ▪ Care mgt. ▪ Educ. & training ▪ Homemaker/chore/personal care ▪ Respite care 	<ul style="list-style-type: none"> ▪ Cash grant 	<ul style="list-style-type: none"> ▪ Homemaker/chore/personal care ▪ Respite care ▪ Other 	<ul style="list-style-type: none"> ▪ Respite care ▪ Transportation
Types of Respite Care Offered	<ul style="list-style-type: none"> ▪ Adult day svcs. ▪ In-home ▪ Overnight ▪ Weekend/Camp 	<ul style="list-style-type: none"> ▪ Adult day svcs. ▪ In-home ▪ Overnight ▪ Weekend/Camp ▪ Other 	None	<ul style="list-style-type: none"> ▪ Adult day svcs. ▪ In-home ▪ Other 	<ul style="list-style-type: none"> ▪ Adult day svcs. ▪ Other
Caregiver Must Live with Care Receiver to Receive Respite	No	Yes	N/A	Yes	No
Respite Cap	No cap	720 hours/year	N/A	35 hours/month	No cap
Uniform Respite Cap Across Program Sites	N/A	Yes	N/A	Yes	N/A
Entity that Formulates the Respite Cap	N/A	Administering state agency	N/A	Administering state agency	N/A

■ **Consumer Direction** ■

Program Name	FCSP (FC)	EDW (MC)	CGP (SC)	RCIG (SC)	RCGP (SC)
Consumer-Directed Options	None	<ul style="list-style-type: none"> ▪ Consumer-directed attendant care ▪ Families have a choice of respite providers 	None	None	None
Family Members Can Be Paid to Provide Care	No	Yes	Yes	No	No
Types of Services Families Can Be Paid to Provide	N/A	<ul style="list-style-type: none"> ▪ Personal care ▪ Respite care 	<ul style="list-style-type: none"> ▪ Any service needed ▪ Personal care ▪ Respite care 	N/A	N/A