

State Profile: **Vermont**

## Selected State Background Characteristics

	VT	US		VT	US
<b>■ Population ■</b>			<b>■ Socio-Demographics ■</b>		
Total Pop. ( <i>millions</i> )	0.6	293.7	Average Household Size	2.4	2.6
Pop. 60+ ( <i>thousands</i> )	112.3	48,883.4	Average Family Size	3.0	3.1
% 60+	18.1	16.6	% Pop. in Rural Area	67.1	16.9
National Ranking 60+	13	N/A	Households with Persons 65+ ( <i>millions</i> )	0.06	25.2
% White (60+)	98.2	81.4	% Persons Age 65+ Living Alone	30.8	29.8
% African American (60+)	0.2	8.5	% Pop. 65+ in Major Cities	0.0	40.1
% Hispanic/Latino (60+)	0.5	6.1	% Households with Internet Access	58.0	54.7
% Asian (60+)	0.4	2.9			
% Native Hawaiian/ Pacific Islanders (60+)	0.0	0.1	<b>■ Informal Caregivers ■</b>		
% American Indian/ Alaska Native (60+)	0.2	0.5	# of Caregivers ( <i>millions</i> )	56,000	34,000,000
% Two or More Races (60+)	0.6	0.6	# of Caregiving Hours ( <i>millions</i> )	60	36,720
			Value of Caregiving ( <i>millions</i> )	\$640	\$350,000
Pop. 65+ ( <i>thousands</i> )	80.8	36,294.0	% Grandparents Living with Grandchildren	1.7	3.4
% Pop. 65+	13.0	12.4	% with Responsibility for the Grandchildren	0.5	1.4
National Ranking 65+	20	N/A	Where to Call to Arrange Help in the Home for Elderly Relatives or Friends		
			% Relative or Friend	17.0	21.5
Pop. 85+ ( <i>thousands</i> )	11.5	4,859.6	% Self	11.5	17.2
% Pop. 85	1.8	1.7	% Medical Support	27.8	21.6
National Ranking 85+	21	N/A	% Religious Support	0.1	0.4
			% Area Agency on Aging	3.0	2.0
<b>■ Economic Indicators ■</b>			% Other	5.3	4.5
Per Capita Income	\$31,737	\$33,041	% Don't Know	35.4	32.7
Median Household Income	\$45,692	\$44,473			
Total State Expenditures Per Capita	\$5,172	\$4,009			
% Pop. 65+ Below Poverty	7.8	9.4			
% Pop. 50+ Who Did Not Visit Doctor Due to Cost	5.8	8.1			

State Profile: **Vermont** (cont'd)**Selected State Background Characteristics**

	VT	US		VT	US
<b>■ Long-Term Care ■</b>			<b>■ Care Receivers ■</b>		
Medicaid Spending on Long-Term Care			% Pop. 21-64 Years w/Disability	13.0	12.1
% Spending on Nursing Facilities	39.6	46.0	% Pop. 65+ w/Disability	37.3	39.6
% Spending on Home Health & Personal Care	60.0	37.3	% 65+ by Type of Disability		
# of Certified Nursing Facilities	41	15,209	Sensory	14.8	16.0
% of Certified Facilities with Family Councils	22.0	43.2	Physical	26.5	30.2
# of Certified Nursing Facility Beds ( <i>thousands</i> )	3.5	1,579.9	Self-Care	8.3	9.3
Certified Nursing Facility Occupancy Rate	92.9	85.5	Mental	8.7	10.9
Average Cost Per Day in a Nursing Home	\$236	\$213	Difficulty Going Outside Home	14.2	16.3
Average Assisted Living Monthly Cost	\$3,637	\$2,969	<b>■ Medicare Prescription Drug Plans ■</b>		
Average Daily Cost for Adult Day Services	\$130	\$61	# of Companies Offering PDPs	17	N/A
Average Hourly Cost for Home Health Care	\$23	\$19	# of PDP	44	N/A
Average Hourly Cost for Personal/Home Care	\$22	\$18	# of Companies Offering Medicare Advantage Drug Plans	0	N/A
Nursing Facility Residents as % of 65+ Pop.	4.0	3.8			
# of Licensed Adult Day Facilities	20	3,407			
# of Home Health Aides	3,890	751,480			
Median Hourly Wage					
Certified Nursing Assistant	\$10.66	\$10.67			
Home Health Aide	\$9.91	\$9.34			
Personal Care/Home Care Aide	\$10.21	\$8.54			

State Profile: **Vermont** (cont'd)**State System of Home and Community-Based Services (HCBS)**

Legislation Enacted Within the Last Three Years (2001-2003) that Addresses Family Caregiving Issues	None
Task Force or Commission Specifically to Examine Family Caregiver Issues	No
Name of Task Force:	N/A
Single Point of Entry for State System of HCBS	No
Single Point of Entry Includes Access to State's Caregiver Support Program	N/A
Uniform Assessment Tool for All HCBS Programs for the Elderly and Adults with Disabilities	Yes
Assessment Includes Caregiver Component	Yes
At Least One State Program with Consumer-Directed Option for Family Caregivers	Yes

**State Program Information****■ Administrative Structure ■**

Program Name	Family Caregiver Support Program (FC)	Home-Based Medicaid Waiver (MC)
Administering State Agency	VT Department of Aging & Disabilities	VT Department of Aging & Disabilities
Organizational Unit or Person Specifically Designated for Caregiving Programs or Activities	Yes	No
Geographic Region Served	Statewide	Statewide
Local Program Administrative Responsibility	<ul style="list-style-type: none"> <li>▪ AAA</li> </ul>	<ul style="list-style-type: none"> <li>▪ AAA</li> <li>▪ Certified home health agencies</li> </ul>

**■ Funding & Caseload ■**

Program Name	Family Caregiver Support Program (FC)	Home-Based Medicaid Waiver (MC)
Major Sources of Program Funding	<ul style="list-style-type: none"> <li>▪ Local/county funds</li> <li>▪ OAA, Title III-E</li> <li>▪ State general fund</li> </ul>	<ul style="list-style-type: none"> <li>▪ Medicaid HCBS waiver</li> </ul>
FY 2001 Expenditures	\$564,300	\$688,713 ( <i>respite only</i> )
FY 2002 Expenditures	\$644,212	\$1,016,930 ( <i>respite only</i> )
FY 2003 Expenditures	\$705,756	\$23,441,790 ( <i>total waiver</i> )
FY 2001 A/D Waiver Respite Participants	N/A	361
FY 2002 A/D Waiver Respite Participants	N/A	451

State Profile: **Vermont** (cont'd)

■ **Eligibility** ■

Program Name	Family Caregiver Support Program (FC)	Home-Based Medicaid Waiver (MC)
Caregiver Age Requirement	None	N/A
Care Receiver Age Requirement	60+	18+
Care Receiver Functional Status Requirement	<ul style="list-style-type: none"> <li>▪ Diagnosed with Alzheimer's or cognitive impairment and/or requiring supervision</li> <li>▪ OAA guidelines</li> </ul>	Nursing home level of care
Client Population	Family caregiver	Care receiver

■ **Assessment** ■

Program Name	Family Caregiver Support Program (FC)	Home-Based Medicaid Waiver (MC)
Program Assesses	Both family caregiver and care receiver	Care receiver
Uniform Assessment Tool	Yes	Yes
Includes Caregiver Assessment	Yes	No
Areas Addressed by Caregiver Assessment	<ul style="list-style-type: none"> <li>▪ Ability of caregiver to provide care</li> <li>▪ Care frequency</li> <li>▪ Caregiver mental health/depression</li> <li>▪ Caregiver physical health</li> <li>▪ Caregiver strain</li> </ul>	N/A

■ **Services** ■

Program Name	Family Caregiver Support Program (FC)	Home-Based Medicaid Waiver (MC)
All Caregivers Eligible for Program Have Access to Same Package of Services	No	N/A
Services Provided Specifically to Family Caregivers	<ul style="list-style-type: none"> <li>▪ Care mgt.</li> <li>▪ Cash grant</li> <li>▪ Counseling</li> <li>▪ Educ. &amp; training</li> <li>▪ Family meetings</li> <li>▪ Info. &amp; assistance</li> <li>▪ Legal and/or financial consultation</li> <li>▪ Respite care</li> <li>▪ Support groups</li> <li>▪ Transportation</li> </ul>	<ul style="list-style-type: none"> <li>▪ Respite care</li> </ul>
Types of Respite Care Offered	<ul style="list-style-type: none"> <li>▪ Adult day svcs.</li> <li>▪ In-home</li> <li>▪ Overnight</li> <li>▪ Weekend/camp</li> </ul>	<ul style="list-style-type: none"> <li>▪ Adult day svcs.</li> <li>▪ In-home</li> <li>▪ Overnight</li> </ul>
Caregiver Must Live with Care Receiver to Receive Respite	No	No response
Respite Cap	\$100 - \$1500+/year (average)	720 hours/year
Uniform Respite Cap Across Program Sites	No	Yes
Entity that Formulates the Respite Cap	Administering local agency	Administering state agency

State Profile: **Vermont** (cont'd)

■ **Consumer Direction** ■

Program Name	Family Caregiver Support Program (FC)	Home-Based Medicaid Waiver (MC)
Consumer-Directed Options	<ul style="list-style-type: none"> <li>▪ A menu of services from which caregivers can choose</li> <li>▪ A voucher or budget for respite only</li> <li>▪ Direct payments to family members for the purchase of goods or services</li> <li>▪ Families have a choice of respite providers</li> </ul>	<ul style="list-style-type: none"> <li>▪ Consumer-directed attendant care</li> <li>▪ Families have a choice of respite providers</li> </ul>
Family Members Can Be Paid to Provide Care	Yes	Yes
Types of Services Families Can Be Paid to Provide	<ul style="list-style-type: none"> <li>▪ Respite care</li> </ul>	<ul style="list-style-type: none"> <li>▪ Personal care</li> <li>▪ Respite care</li> </ul>