

State Profile: **Washington****Selected State Background Characteristics**

	WA	US		WA	US
<b>■ Population ■</b>			<b>■ Socio-Demographics ■</b>		
Total Pop. ( <i>millions</i> )	6.2	293.7	Average Household Size	2.5	2.6
Pop. 60+ ( <i>thousands</i> )	967.0	48,883.4	Average Family Size	3.1	3.1
% 60+	15.6	16.6	% Pop. in Rural Area	12.5	16.9
National Ranking 60+	45	N/A	Households with Persons 65+ ( <i>millions</i> )	0.49	25.2
% White (60+)	89.4	81.4	% Persons Age 65+ Living Alone	29.4	29.8
% African American (60+)	1.8	8.5	% Pop. 65+ in Major Cities	32.4	40.1
% Hispanic/Latino (60+)	2.2	6.1	% Households with Internet Access	62.3	54.7
% Asian (60+)	4.7	2.9			
% Native Hawaiian/ Pacific Islanders (60+)	0.2	0.1			
% American Indian/ Alaska Native (60+)	0.9	0.5			
% Two or More Races (60+)	0.9	0.6			
			<b>■ Informal Caregivers ■</b>		
Pop. 65+ ( <i>thousands</i> )	703.1	36,294.0	# of Caregivers ( <i>millions</i> )	650,000	34,000,000
% Pop. 65+	11.3	12.4	# of Caregiving Hours ( <i>millions</i> )	700	36,720
National Ranking 65+	44	N/A	Value of Caregiving ( <i>millions</i> )	\$7,100	\$350,000
			% Grandparents Living with Grandchildren	2.7	3.4
Pop. 85+ ( <i>thousands</i> )	103.3	4,859.6	% with Responsibility for the Grandchildren	1.0	1.4
% Pop. 85	1.7	1.7	Where to Call to Arrange Help in the Home for Elderly Relatives or Friends		
National Ranking 85+	36	N/A	% Relative or Friend	25.6	21.5
			% Self	24.3	17.2
<b>■ Economic Indicators ■</b>			% Medical Support	25.1	21.6
Per Capita Income	\$35,017	\$33,041	% Religious Support	1.0	0.4
Median Household Income	\$48,688	\$44,473	% Area Agency on Aging	3.3	2.0
Total State Expenditures Per Capita	\$4,183	\$4,009	% Other	2.1	4.5
% Pop. 65+ Below Poverty	8.1	9.4	% Don't Know	18.6	32.7
% Pop. 50+ Who Did Not Visit Doctor Due to Cost	8.1	8.1			

State Profile: **Washington** (cont'd)**Selected State Background Characteristics**

	WA	US		WA	US
<b>■ Long-Term Care ■</b>			<b>■ Care Receivers ■</b>		
Medicaid Spending on Long-Term Care			% Pop. 21-64 Years w/Disability	13.2	12.1
% Spending on Nursing Facilities	34.7	46.0	% Pop. 65+ w/Disability	39.0	39.6
% Spending on Home Health & Personal Care	55.1	37.3	% 65+ by Type of Disability		
# of Certified Nursing Facilities	241	15,209	Sensory	16.9	16.0
% of Certified Facilities with Family Councils	34.9	43.2	Physical	29.6	30.2
# of Certified Nursing Facility Beds ( <i>thousands</i> )	22.0	1,579.9	Self-Care	9.6	9.3
Certified Nursing Facility Occupancy Rate	90.6	85.5	Mental	10.7	10.9
Average Cost Per Day in a Nursing Home	\$239	\$213	Difficulty Going Outside Home	15.6	16.3
Average Assisted Living Monthly Cost	\$2,666	\$2,969	<b>■ Medicare Prescription Drug Plans ■</b>		
Average Daily Cost for Adult Day Services	\$55	\$61	# of Companies Offering PDPs	20	N/A
Average Hourly Cost for Home Health Care	\$20.50	\$19	# of PDP	45	N/A
Average Hourly Cost for Personal/Home Care	\$20	\$18	# of Companies Offering Medicare Advantage Drug Plans	11	N/A
Nursing Facility Residents as % of 65+ Pop.	2.7	3.8			
# of Licensed Adult Day Facilities	50	3,407			
# of Home Health Aides	10,500	751,480			
Median Hourly Wage					
Certified Nursing Assistant	\$11.49	\$10.67			
Home Health Aide	\$9.86	\$9.34			
Personal Care/Home Care Aide	\$10.08	\$8.54			

State Profile: **Washington** (cont'd)**State System of Home and Community-Based Services (HCBS)**

Legislation Enacted Within the Last Three Years (2001-2003) that Addresses Family Caregiving Issues	<b>SSB 6426</b> (Enacted 2002) Required the state to offer family and medical leave benefits beyond the federally prescribed minimum and requires employers to allow employees to use sick leave or other paid leave to care for a spouse, parent, child, parent-in-law or grandparent with a health condition. <b>SHB 1397</b> (Enacted 2002) Established a kinship caregivers working group that would prepare a briefing for the legislature.
Task Force or Commission Specifically to Examine Family Caregiver Issues	No
Name of Task Force:	N/A
Single Point of Entry for State System of HCBS	Yes
Single Point of Entry Includes Access to State's Caregiver Support Program	Yes
Uniform Assessment Tool for All HCBS Programs for the Elderly and Adults with Disabilities	Yes
Assessment Includes Caregiver Component	Yes
At Least One State Program with Consumer-Directed Option for Family Caregivers	Yes

**State Program Information****■ Administrative Structure ■**

Program Name	Family Caregiver Support Program (FCSP) (FC)	Community Options Program Entry System (COPES) (MC)	WA Family Caregiver Support Program (WA FCSP) (SC)	Respite Care Services (RCS) (SC)
Administering State Agency	WA State Department of Social & Health Services	WA State Department of Social & Health Services	WA State Department of Social & Health Services	WA State Department of Social & Health Services
Organizational Unit or Person Specifically Designated for Caregiving Programs or Activities	Yes	Yes	Yes	Yes
Geographic Region Served	Statewide	Statewide	Statewide	Statewide
Local Program Administrative Responsibility	AAA	Medicaid agency <sup>1</sup>	AAA	AAA

<sup>1</sup> Aging and Disability Services Administration

State Profile: **Washington** (cont'd)

■ **Funding & Caseload** ■

Program Name	FCSP (FC)	COPEs (MC)	WA FCSP (SC)	RCS (SC)
Major Sources of Program Funding	<ul style="list-style-type: none"> <li>OAA, Title III-E</li> </ul>	<ul style="list-style-type: none"> <li>Medicaid HCBS waiver</li> </ul>	<ul style="list-style-type: none"> <li>State general fund</li> </ul>	<ul style="list-style-type: none"> <li>Client contribution</li> <li>State general fund</li> </ul>
FY 2001 Expenditures	\$2,083,944	n/a	n/a	\$2,684,553
FY 2002 Expenditures	\$2,355,545	n/a	\$622,810	\$3,810,310
FY 2003 Expenditures	\$2,580,579	\$294,452,099 (total waiver)	\$631,652	\$3,700,941
FY 2001 A/D Waiver Respite Participants	N/A	n/a	N/A	N/A
FY 2002 A/D Waiver Respite Participants	N/A	n/a	N/A	N/A

■ **Eligibility** ■

Program Name	FCSP (FC)	COPEs (MC)	WA FCSP (SC)	RCS (SC)
Caregiver Age Requirement	18+	18+	None	None
Care Receiver Age Requirement	60+	18+	18+	18+
Care Receiver Functional Status Requirement	<ul style="list-style-type: none"> <li>OAA guidelines</li> </ul>	<ul style="list-style-type: none"> <li>3+ ADLs</li> <li>Nursing home level of care</li> </ul>	<ul style="list-style-type: none"> <li>Diagnosis of dementia or related disorder/requires supervision</li> </ul>	<ul style="list-style-type: none"> <li>Diagnosis of dementia or related disorder/requires supervision</li> <li>Physically disabled</li> </ul>
Client population	Family caregiver	Care receiver	Family caregiver	Family caregiver

■ **Assessment** ■

Program Name	FCSP (FC)	COPEs (MC)	WA FCSP (SC)	RCS (SC)
Program Assesses	Both family caregiver and care receiver	Care receiver	Both family caregiver and care receiver	Both family caregiver and care receiver
Uniform Assessment Tool	Yes	Yes	Yes	Yes
Includes Caregiver Assessment	Yes	Yes	Yes	Yes
Areas Addressed by Caregiver Assessment	<ul style="list-style-type: none"> <li>Ability of caregiver to provide care</li> <li>Caregiver demographic information</li> <li>Caregiver strain</li> <li>Emergency plan</li> <li>Need for education/training</li> </ul>	<ul style="list-style-type: none"> <li>Ability of caregiver to provide care</li> <li>Care duration</li> <li>Care frequency</li> <li>Caregiver demographic information</li> <li>Caregiver mental health/depression</li> <li>Caregiver physical health</li> <li>Caregiver strain</li> <li>Willingness of caregiver to provide care</li> </ul>	<ul style="list-style-type: none"> <li>Ability of caregiver to provide care</li> <li>Caregiver demographic information</li> <li>Caregiver strain</li> <li>Emergency plan</li> <li>Need for education/training</li> <li>Other</li> </ul>	<ul style="list-style-type: none"> <li>Ability of caregiver to provide care</li> <li>Care duration</li> <li>Caregiver demographic information</li> <li>Caregiver physical health</li> <li>Caregiver strain</li> <li>Emergency plan</li> <li>Need for education/training</li> </ul>

State Profile: **Washington** (cont'd)■ **Services** ■

Program Name	FCSP (FC)	COPEs (MC)	WA FCSP (SC)	RCS (SC)
All Caregivers Eligible for Program Have Access to Same Package of Services	No	N/A	No	No
Services Provided Specifically to Family Caregivers	<ul style="list-style-type: none"> <li>▪ Assistive technology</li> <li>▪ Consum. supplies</li> <li>▪ Counseling</li> <li>▪ Educ. &amp; training</li> <li>▪ Family consult.</li> <li>▪ Home modification/repairs</li> <li>▪ Homemaker/chore/personal care</li> <li>▪ Info. &amp; assistance</li> <li>▪ Legal and/or financial consultation</li> <li>▪ Respite care</li> <li>▪ Support groups</li> <li>▪ Transportation</li> </ul>	N/A	<ul style="list-style-type: none"> <li>▪ Assistive technology</li> <li>▪ Consum. supplies</li> <li>▪ Educ. &amp; training</li> <li>▪ Family consultation</li> <li>▪ Home modification/repairs</li> <li>▪ Homemaker/chore/personal care</li> <li>▪ Info. &amp; assistance</li> <li>▪ Legal and/or financial consultation</li> <li>▪ Respite care</li> <li>▪ Support groups</li> <li>▪ Transportation</li> </ul>	<ul style="list-style-type: none"> <li>▪ Respite care</li> </ul>
Types of Respite Care Offered	<ul style="list-style-type: none"> <li>▪ Adult day svcs.</li> <li>▪ In-home</li> <li>▪ Overnight</li> <li>▪ Weekend/camp</li> </ul>	None	<ul style="list-style-type: none"> <li>▪ Adult day svcs.</li> <li>▪ In-home</li> <li>▪ Overnight</li> <li>▪ Weekend/camp</li> </ul>	<ul style="list-style-type: none"> <li>▪ Adult day svcs.</li> <li>▪ In-home</li> <li>▪ Overnight</li> <li>▪ Weekend/camp</li> </ul>
Caregiver Must Live with Care Receiver to Receive Respite	No	N/A	No	No
Respite Cap	No cap	N/A	No cap	No cap
Uniform Respite Cap Across Program Sites	N/A	N/A	N/A	N/A
Entity that Formulates the Respite Cap	N/A	N/A	N/A	N/A

■ **Consumer Direction** ■

Program Name	FCSP (FC)	COPEs (MC)	WA FCSP (SC)	RCS (SC)
Consumer-Directed Options	<ul style="list-style-type: none"> <li>▪ A voucher or budget for respite and/or supplemental services</li> <li>▪ Families have a choice of respite providers</li> </ul>	None	<ul style="list-style-type: none"> <li>▪ A voucher or budget for respite and/or supplemental services</li> <li>▪ Families have a choice of respite providers</li> </ul>	<ul style="list-style-type: none"> <li>▪ Families have a choice of respite providers</li> </ul>
Family Members Can Be Paid to Provide Care	No	Yes	No	No
Types of Services Families Can Be Paid to Provide	N/A	Personal care	N/A	N/A