

SAVE THE DATE: Saturday, April 6, 2019

Caregivers Retreat



FAMILY CAREGIVER ALLIANCE®
National Center on Caregiving

A relaxing day of massage therapy, creativity, and meditation for caregiving families and friends.



CHOICE
IN AGING

WHEN: Saturday, April 6, 9:30 a.m. to 3 p.m.

WHERE: The Bedford Center
1811 "C" Street, Antioch 94509

RSVP: Evie Christou at echristou@choiceinaging,
or call 925-778-4171

RSVP required. Respite available.

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