Tech Tools for Caregivers

This workshop will offer a practical overview of how technology tools may help family caregivers provide care for a frail or ill family member, partner, relative, friend, or spouse at home. Technology products like smart phone apps, communication aids, in home sensors, and webcams can help make a home safer, and reduce the caregiving workload. The class will include information on how to determine what your needs are, the costs of tech tools, privacy considerations, and ease of use.

When: Monday, July 30 2 p.m. to 3 p.m.

Where: Peninsula Jewish Community Center
Board Room
800 Foster City Boulevard
Foster City 94404

Cost: No charge
Registration: Call (650) 378-2703
Class code is 53081.

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