The Impact of Healthcare Reform on Family Caregivers

A Program of

National Family Caregivers Association
National Alliance for Caregiving
Family Caregiver Alliance
Overview

- The Patient Protection and Affordable Care Act of 2010 (Affordable Care Act) touches the lives of family caregivers and their loved ones in multiple ways
- **Insurance Reforms**
  - No more denial because of pre-existing conditions
  - No more coverage caps
  - Estimated majority with insurance coverage
  - Lower Rx costs and closing the donut hole in Part D
Overview Continued

• **Healthcare Workforce Development**
  – Funding and training opportunities to encourage Drs and RNs to go into primary care
  – Funds to train direct care workers
  – Some training for family caregivers of the elderly

• **Changing the way healthcare is provided and paid for**
  – Paying doctors based on outcomes, not by # of procedures
  – A commitment to patient (and family) centered care
  – Coordination of care will be the responsibility of paid professionals, not family caregivers
15 Sections and 6 Advisory Boards Specifically Mention Family Caregivers

- **Category I**
  - System Delivery Reform
- **Category II**
  - Education and Training
- **Category III**
  - Long-term Care
- **Category IV**
  - Quality Improvement Studies and Reports

Advisory Boards and Commissions
Most Significant Aspects

- Establishment of a Center for Medicare and Medicaid Innovation within CMS to test new models of delivery care and payment, especially related to chronic illness care
- Focus on patient (and family) centered care
- Models of care that treat the whole person and integrate healthcare with HCBS
CMS Innovation Center

• **Goal is Straight Forward**
  – Reduce cost
  – Preserve and enhance quality of services

• **Easier Said Than Done**
  – Requires changing how physicians are paid and trained
  – Requires changing how medicine is practiced
• A program within a federal agency that doesn’t have to play by all the rules
  – Secretary can expand programs w/o going to Congress
  – Projects don’t have to be budget neutral during initial testing phase
  – 20 models listed but Secretary has authority to select those best suited to meet objectives
Key Provisions

• **Factors to be Considered When Selecting Models for Testing**
  – Whether the model places patients, family members and other informal caregivers at the center of the care team
  – Whether providers of services and suppliers are able to share information with patients, caregivers, and others on a real time basis

• **For the first time healthcare providers will get paid for doing care coordination, electronic data sharing, performance measurement, and quality improvement**
Innovation Center Projects

Patient/Family Centered and Holistic

• Accountable Care Organizations
• Independence at Home Demonstration
• Medication Therapy Management
• Program to Facilitate Shared Decision-Making
• Community Health Teams to Support Patient-Centered Medical Homes
• CLASS Act
Independence at Home Demonstration

- **Home-based Care for Most Vulnerable & Expensive Medicare Beneficiaries**
  - Team consists of doctor, nurse practitioner & social worker
  - Fully coordinated health and HCBS
  - Increased patient/physician interaction through on-going assessment
  - Education for patient and family caregiver about treatment
  - Shared savings program with a minimum 5% savings to Medicare
  - Family-caregivers and patients will be surveyed regarding their experience/satisfaction
CLASS Act

National LTC Insurance Policy

- Employers may elect to enroll employees, but employees can opt out. Program is voluntary and financed through payroll deductions (like Social Security)
- Begin enrollment in 2013
- Five year vesting period
- Minimum benefit $50 per day – actual benefit depends on level of disability
- Money can be spent on goods/services deemed necessary by beneficiary (e.g., pay family member)
- No lifetime limit
Implementation Timeline 2010 - 2015

• Already implemented or begun
  – Insurance reforms
  – Coverage for kids through age 26
  – Filling of Donut Hole in Part D
  – Strengthening Community Health Centers to expand access to primary care

• 2011
  – Creation of the Innovation Center
  – Preventive health coverage begins (no co-pays, annual physical)
  – Establishment of community-based care transition teams program
Implementation 2012 - 2015

- Accountable Care Organizations
- Linking payments to quality initiative
- Penalties for hospitals with high readmission rates
- Increasing the tax deduction for medical expenses from 7.5% to 10% of gross income
- Establishment of the Exchanges and health insurance mandate
- Complete elimination of annual limits of coverage
- Independent Payment Advisory Board
Keeping Momentum of Family Caregiver Inclusion in ACA Alive

• When talking with state or federal officials make the case for including family caregivers in all policies and programs related to chronic illness care

• Make the case to your senators and representatives that the CMS Innovation Center is our best hope of significantly reducing healthcare costs and should be fully funded

• Join with others to make a difference: At the state level changes and submission of proposal for demonstrations will happen through state departments of health/social services (Medicaid Agency) and Governor’s office.

• The Older American’s Act will be re-authorized in 2011- You can provide input today at www.aoa.gov (click on OAA Reauthorization)
Organizations with E-Newsletters to Stay Informed and Engaged

Campaign for Better Care:
www.campaignforbettercare.org

Families USA:
www.familiesusa.org

National Family Caregivers Association
www.thefamilycaregiver.org
Websites with Additional Information

RWJF GPS Website provide current updates on rule making, CMS announcements, etc: www.healthreformgps.org

KFF website provides an interactive implementation timeline: http://healthreform.kff.org/timeline.aspx

Families USA website focused on Long-Term Services and Support with state-specific fact sheets: http://familiesusa.org/issues/long-term-services/
Reports with Additional Information

Time line of Affordable Care Act implementation
(prepared by American Nurses Association)

List of provisions in Affordable Care Act important to the aging community
http://www.aoa.gov/Aging_Statistics/docs/AoA_Affordable_Care.pdf
(prepared by Administration on Aging):

Explanation of Center for Medicare and Medicaid Innovation
(prepared by Hart Health Strategies)

“Help for Those who Need Long-Term Care“ explains provisions in Affordable Care Act that apply to long-term care
http://www.familiesusa.org/assets/pdfs/health-reform/in-perspective/In-Perspective-Long-Term-Care.pdf
(prepared by Families USA)
THANK YOU!

National Family Caregivers Association
www.thefamilycaregiver.org

National Alliance for Caregiving
www.caregiving.org

Family Caregiver Alliance
www.caregiver.org