State Profile: **Connecticut**

### Selected State Background Characteristics

<table>
<thead>
<tr>
<th>■ Population ■</th>
<th>CT</th>
<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Pop. (millions)</td>
<td>3.5</td>
<td>293.7</td>
</tr>
<tr>
<td>Pop. 60+ (thousands)</td>
<td>635.1</td>
<td>48,883.4</td>
</tr>
<tr>
<td>% 60+</td>
<td>18.1</td>
<td>16.6</td>
</tr>
<tr>
<td>National Ranking 60+</td>
<td>12</td>
<td>N/A</td>
</tr>
<tr>
<td>% White (60+)</td>
<td>89.0</td>
<td>81.4</td>
</tr>
<tr>
<td>% African American (60+)</td>
<td>5.6</td>
<td>8.5</td>
</tr>
<tr>
<td>% Hispanic/Latino (60+)</td>
<td>3.5</td>
<td>6.1</td>
</tr>
<tr>
<td>% Asian (60+)</td>
<td>1.3</td>
<td>2.9</td>
</tr>
<tr>
<td>% Native Hawaiian/</td>
<td>0.0</td>
<td>0.1</td>
</tr>
<tr>
<td>Pacific Islanders (60+)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>% American Indian/</td>
<td>0.1</td>
<td>0.5</td>
</tr>
<tr>
<td>Alaska Native (60+)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>% Two or More Races (60+)</td>
<td>0.4</td>
<td>0.6</td>
</tr>
<tr>
<td>Pop. 65+ (thousands)</td>
<td>473.7</td>
<td>36,294.0</td>
</tr>
<tr>
<td>% Pop. 65+</td>
<td>13.5</td>
<td>12.4</td>
</tr>
<tr>
<td>National Ranking 65+</td>
<td>12</td>
<td>N/A</td>
</tr>
<tr>
<td>Pop. 85+ (thousands)</td>
<td>82.1</td>
<td>4,859.6</td>
</tr>
<tr>
<td>% Pop. 85</td>
<td>2.3</td>
<td>1.7</td>
</tr>
<tr>
<td>National Ranking 85+</td>
<td>9</td>
<td>N/A</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>■ Economic Indicators ■</th>
<th>CT</th>
<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td>Per Capita Income</td>
<td>$45,506</td>
<td>$33,041</td>
</tr>
<tr>
<td>Median Household Income</td>
<td>$55,970</td>
<td>$44,473</td>
</tr>
<tr>
<td>Total State Expenditures Per Capita</td>
<td>$5,806</td>
<td>$4,009</td>
</tr>
<tr>
<td>% Pop. 65+ Below Poverty</td>
<td>6.6</td>
<td>9.4</td>
</tr>
<tr>
<td>% Pop. 50+ Who Did Not Visit Doctor Due to Cost</td>
<td>5.9</td>
<td>8.1</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>■ Socio-Demographics ■</th>
<th>CT</th>
<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td>Average Household Size</td>
<td>2.6</td>
<td>2.6</td>
</tr>
<tr>
<td>Average Family Size</td>
<td>3.1</td>
<td>3.1</td>
</tr>
<tr>
<td>% Pop. in Rural Area</td>
<td>8.7</td>
<td>16.9</td>
</tr>
<tr>
<td>Households with Persons 65+ (millions)</td>
<td>0.33</td>
<td>25.2</td>
</tr>
<tr>
<td>% Persons Age 65+ Living Alone</td>
<td>30.8</td>
<td>29.8</td>
</tr>
<tr>
<td>% Pop. 65+ in Major Cities</td>
<td>73.7</td>
<td>40.1</td>
</tr>
<tr>
<td>% Households with Internet Access</td>
<td>62.9</td>
<td>54.7</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>■ Informal Caregivers ■</th>
<th>CT</th>
<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td># of Caregivers</td>
<td>380,000</td>
<td>34,000,000</td>
</tr>
<tr>
<td># of Caregiving Hours (millions)</td>
<td>410</td>
<td>36,720</td>
</tr>
<tr>
<td>Value of Caregiving (millions)</td>
<td>$4,800</td>
<td>$350,000</td>
</tr>
<tr>
<td>% Grandparents Living with Grandchildren</td>
<td>2.2</td>
<td>3.4</td>
</tr>
<tr>
<td>% with Responsibility for the Grandchildren</td>
<td>0.6</td>
<td>1.4</td>
</tr>
<tr>
<td>Where to Call to Arrange Help in the Home for Elderly Relatives or Friends</td>
<td></td>
<td></td>
</tr>
<tr>
<td>% Relative or Friend</td>
<td>17.5</td>
<td>21.5</td>
</tr>
<tr>
<td>% Self</td>
<td>13.2</td>
<td>17.2</td>
</tr>
<tr>
<td>% Medical Support</td>
<td>23.0</td>
<td>21.6</td>
</tr>
<tr>
<td>% Religious Support</td>
<td>0.2</td>
<td>0.4</td>
</tr>
<tr>
<td>% Area Agency on Aging</td>
<td>2.0</td>
<td>2.0</td>
</tr>
<tr>
<td>% Other</td>
<td>6.4</td>
<td>4.5</td>
</tr>
<tr>
<td>% Don't Know</td>
<td>37.7</td>
<td>32.7</td>
</tr>
</tbody>
</table>

Updated November 2007. Data sources for selected characteristics are available at http://www.caregiver.org/caregiver.jsp/content_node.jsp?nodeid=1185
State Profile: **Connecticut** (cont’d)

### Selected State Background Characteristics

<table>
<thead>
<tr>
<th><strong>Long-Term Care</strong></th>
<th><strong>CT</strong></th>
<th><strong>US</strong></th>
<th><strong>Care Receivers</strong></th>
<th><strong>CT</strong></th>
<th><strong>US</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Medicaid Spending on Long-Term Care</td>
<td>49.0</td>
<td>46.0</td>
<td>% Pop. 21-64 Years w/Disability</td>
<td>9.2</td>
<td>12.1</td>
</tr>
<tr>
<td>% Spending on Nursing Facilities</td>
<td>38.3</td>
<td>37.3</td>
<td>% Pop. 65+ w/Disability</td>
<td>33.5</td>
<td>39.6</td>
</tr>
<tr>
<td>% Spending on Home Health &amp; Personal Care</td>
<td></td>
<td></td>
<td>% 65+ by Type of Disability</td>
<td></td>
<td></td>
</tr>
<tr>
<td># of Certified Nursing Facilities</td>
<td>227</td>
<td>15,209</td>
<td>Sensory</td>
<td>12.6</td>
<td>16.0</td>
</tr>
<tr>
<td>% of Certified Facilities with Family Councils</td>
<td>61.2</td>
<td>43.2</td>
<td>Physical</td>
<td>23.2</td>
<td>30.2</td>
</tr>
<tr>
<td># of Certified Nursing Facility Beds (thousands)</td>
<td>27.9</td>
<td>1,579.9</td>
<td>Self-Care</td>
<td>8.0</td>
<td>9.3</td>
</tr>
<tr>
<td>Certified Nursing Facility Occupancy Rate</td>
<td>93.3</td>
<td>85.5</td>
<td>Mental</td>
<td>7.8</td>
<td>10.9</td>
</tr>
<tr>
<td>Average Cost Per Day in a Nursing Home</td>
<td>$355</td>
<td>$213</td>
<td>Difficulty Going Outside Home</td>
<td>15.2</td>
<td>16.3</td>
</tr>
<tr>
<td>Average Assisted Living Monthly Cost</td>
<td>$4,215</td>
<td>$2,969</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Average Daily Cost for Adult Day Services</td>
<td>$73</td>
<td>$61</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Average Hourly Cost for Home Health Care</td>
<td>$23</td>
<td>$19</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Average Hourly Cost for Personal/Home Care</td>
<td>$19</td>
<td>$18</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Nursing Facility Residents as % of 65+ Pop.</td>
<td>5.5</td>
<td>3.8</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td># of Licensed Adult Day Facilities</td>
<td>68</td>
<td>3,407</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td># of Home Health Aides</td>
<td>11,200</td>
<td>751,480</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Median Hourly Wage</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Certified Nursing Assistant</td>
<td>$13.54</td>
<td>$10.67</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Home Health Aide</td>
<td>$12.03</td>
<td>$9.34</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Personal Care/Home Care Aide</td>
<td>$9.67</td>
<td>$8.54</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

State Profile: **Connecticut** (cont’d)

### State System of Home and Community-Based Services (HCBS)

| Legislation Enacted Within the Last Three Years (2001-2003) that Addresses Family Caregiving Issues | SB 291 (Enacted 2003) Established a kinship foster care program. HB 6909 (Enacted 2001) Required state agencies to include provisions that support family caregivers in any program that provides assistance or support to people with long-term care needs. |
| Task Force or Commission Specifically to Examine Family Caregiver Issues | Yes |
| Name of Task Force: | Connecticut Lifespan Respite Coalition |
| Single Point of Entry for State System of HCBS | Lack of agreement |
| Single Point of Entry Includes Access to State’s Caregiver Support Program | Lack of agreement |
| Uniform Assessment Tool for All HCBS Programs for the Elderly and Adults with Disabilities | No |
| Assessment Includes Caregiver Component | N/A |
| At Least One State Program with Consumer-Directed Option for Family Caregivers | Yes |

### State Program Information

**Administrative Structure**

<table>
<thead>
<tr>
<th>Program Name</th>
<th>Family Caregiver Support Program (FC)</th>
<th>Home Care Program for Elders (MC)</th>
<th>Statewide Respite Care Program (SC)</th>
<th>Personal Care Assistance State-Funded Pilot Program (SC)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Administering State Agency</td>
<td>CT Department of Social Services</td>
<td>CT Department of Social Services</td>
<td>CT Department of Social Services</td>
<td>CT Department of Social Services</td>
</tr>
<tr>
<td>Organizational Unit or Person Specifically Designated for Caregiving Programs or Activities</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Geographic Region Served</td>
<td>Statewide</td>
<td>Statewide</td>
<td>Statewide</td>
<td>Statewide</td>
</tr>
<tr>
<td>Local Program Administrative Responsibility</td>
<td>AAA</td>
<td>Medicaid agency</td>
<td>AAA</td>
<td>Dept. of Social Services</td>
</tr>
</tbody>
</table>

State Profile: Connecticut (cont’d)

### Funding & Caseload

<table>
<thead>
<tr>
<th>Program Name</th>
<th>Family Caregiver Support Program (FC)</th>
<th>Home Care Program for Elders (MC)</th>
<th>Statewide Respite Care Program (SC)</th>
<th>Personal Care Assistance State-Funded Pilot Program (SC)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Major Sources of Program Funding</td>
<td>OAA, Title III-E</td>
<td>Medicaid HCBS waiver</td>
<td>Client contribution</td>
<td>State general fund</td>
</tr>
<tr>
<td>FY 2001 Expenditures</td>
<td>$1,509,874</td>
<td>$117,131 (respite only)</td>
<td>$1,120,000</td>
<td>n/a</td>
</tr>
<tr>
<td>FY 2002 Expenditures</td>
<td>$1,709,384</td>
<td>$131,664 (respite only)</td>
<td>$1,140,000</td>
<td>n/a</td>
</tr>
<tr>
<td>FY 2003 Expenditures</td>
<td>$1,872,687</td>
<td>$79,013,906 (total waiver)</td>
<td>$1,064,181</td>
<td>n/a</td>
</tr>
<tr>
<td>FY 2001 A/D Waiver Respite Participants</td>
<td>N/A</td>
<td>42</td>
<td>N/A</td>
<td>N/A</td>
</tr>
<tr>
<td>FY 2002 A/D Waiver Respite Participants</td>
<td>N/A</td>
<td>37</td>
<td>N/A</td>
<td>N/A</td>
</tr>
</tbody>
</table>

### Eligibility

<table>
<thead>
<tr>
<th>Program Name</th>
<th>Family Caregiver Support Program (FC)</th>
<th>Home Care Program for Elders (MC)</th>
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<th>Personal Care Assistance State-Funded Pilot Program (SC)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Caregiver Age Requirement</td>
<td>18+</td>
<td>None</td>
<td>None</td>
<td>18+</td>
</tr>
<tr>
<td>Care Receiver Age Requirement</td>
<td>60+</td>
<td>65+</td>
<td>None</td>
<td>65+</td>
</tr>
<tr>
<td>Care Receiver Functional Status Requirement</td>
<td>2 ADLs</td>
<td>1 ADL</td>
<td>Diagnosis of dementia or related disorder/requires supervision</td>
<td>2 ADLs</td>
</tr>
</tbody>
</table>

### Assessment

<table>
<thead>
<tr>
<th>Program Name</th>
<th>Family Caregiver Support Program (FC)</th>
<th>Home Care Program for Elders (MC)</th>
<th>Statewide Respite Care Program (SC)</th>
<th>Personal Care Assistance State-Funded Pilot Program (SC)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program Assesses</td>
<td>Both family caregiver and care receiver</td>
<td>Care receiver</td>
<td>Both family caregiver and care receiver</td>
<td>Care receiver</td>
</tr>
<tr>
<td>Uniform Assessment Tool</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Includes Caregiver Assessment</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
</tr>
</tbody>
</table>
### State Profile: Connecticut (cont’d)

#### Assessment (cont’d)

<table>
<thead>
<tr>
<th>Program Name</th>
<th>Family Caregiver Support Program (FC)</th>
<th>Home Care Program for Elders (MC)</th>
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<th>Personal Care Assistance State-Funded Pilot Program (SC)</th>
</tr>
</thead>
</table>
| Areas Addressed by Caregiver Assessment | - Ability of caregiver to provide care  
- Care duration  
- Care frequency  
- Caregiver mental health/depression  
- Caregiver physical health  
- Caregiver strain  
- If family caregivers are providing long-distance caregiving  
- Willingness of caregiver to provide care  
- Other | - Ability of caregiver to provide care  
- Care frequency  
- Willingness of caregiver to provide care | - Ability of caregiver to provide care  
- Care duration  
- Care frequency  
- Caregiver mental health/depression  
- Caregiver physical health  
- Caregiver strain  
- If family caregivers are providing long-distance caregiving  
- Willingness of caregiver to provide care  
- Other | - Ability of caregiver to provide care  
- Caregiver physical health  
- Other |

#### Services

<table>
<thead>
<tr>
<th>Program Name</th>
<th>Family Caregiver Support Program (FC)</th>
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<th>Personal Care Assistance State-Funded Pilot Program (SC)</th>
</tr>
</thead>
<tbody>
<tr>
<td>All Caregivers Eligible for Program Have Access to Same Package of Services</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
</tr>
</tbody>
</table>
| Services Provided Specifically to Family Caregivers | - Assistive technology  
- Care mgmt.  
- Consum. supplies  
- Educ. & training  
- Emer. response  
- Counseling  
- Homemaker/chore/personal care  
- Home modification/repairs  
- Info. & assistance  
- Legal and/or financial consultation  
- Respite care  
- Support groups  
- Transportation | - Care mgmt.  
- Counseling  
- Emerg. response  
- Homemaker/chore/personal care  
- Home modification/repairs  
- Info. & assistance  
- Respite care  
- Transportation | - Educ. & training  
- Family consult.  
- Info. & assistance  
- Respite care  
- Support groups | - Counseling  
- Emerg. response  
- Family meetings  
- Homemaker/chore/personal care  
- Home modification/repairs  
- Respite care |
| Types of Respite Care Offered | - Adult day svcs.  
- In-home  
- Overnight  
- Weekend/camp  
- Other | - Adult day svcs.  
- In-home  
- Overnight  
- Weekend/camp | - Adult day svcs.  
- In-home  
- Overnight  
- Other | - Adult day svcs.  
- In-home  
- Overnight  
- Weekend/camp |
State Profile: Connecticut (cont’d)

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<thead>
<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>Caregiver Must Live with Care Receiver to Receive Respite</td>
<td>No</td>
<td>No</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>Respite Cap</td>
<td>$3500/year</td>
<td>No cap</td>
<td>$3500/year</td>
<td>$4067/month</td>
</tr>
<tr>
<td>Uniform Respite Cap Across Program Sites</td>
<td>Yes</td>
<td>N/A</td>
<td>Yes</td>
<td>N/A</td>
</tr>
<tr>
<td>Entity that Formulates the Respite Cap</td>
<td>Administering state agency</td>
<td>N/A</td>
<td>Administering state agency</td>
<td>Administering state agency</td>
</tr>
</tbody>
</table>

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</tr>
</thead>
<tbody>
<tr>
<td>Consumer-Directed Options</td>
<td>▪ A voucher or budget for respite and/or supplemental services ▪ Families have a choice of respite providers</td>
<td>▪ A menu of services from which caregivers can choose</td>
<td>Other</td>
<td>Other</td>
</tr>
<tr>
<td>Family Members Can Be Paid to Provide Care</td>
<td>No</td>
<td>Yes</td>
<td>No</td>
<td>Yes</td>
</tr>
<tr>
<td>Types of Services Families Can Be Paid to Provide</td>
<td>N/A</td>
<td>▪ Personal care</td>
<td>N/A</td>
<td>▪ Homemaker/chore ▪ Personal care</td>
</tr>
</tbody>
</table>