

Program Snapshot

ACTS-2

African-American Alzheimer's Caregiving Training and Support Project 2

WHAT IT IS

ACTS-2 is a dementia caregiving program that offers 12 telephone sessions for African-American caregivers of persons with any form of dementia.



HELPS CAREGIVERS WITH



Skills building



Spiritual Support



Improving self-care & the relationship with the care recipient

SERVING THE AFRICAN-AMERICAN COMMUNITY



The positive outcomes of **ACTS-2** have been proven for African-American caregivers, but are replicable with caregivers of all ethnicities and communities.

REMOTE-FRIENDLY, FREE & READY TO ADOPT

ACTS-2 is proven, vetted and ready for implementation by organizations that support and serve caregivers and their care recipients. Program can be delivered to caregivers remotely.



Learn More

ACTS-2 is one of more than 40 dementia caregiving programs found in Best Practice Caregiving (bpc.caregiver.org), a free, online database that helps organizations identify, compare and adopt best-fit programs for their clients and community.

DIRECT LINK: bpc.caregiver.org/#programDetails/acts-2