

Program Snapshot

Telenovela Mirela

WHAT IT IS

Telenovela Mirela is a dementia caregiving program featuring a video series developed for Hispanic/Latino caregivers of those living with any type of dementia. Focuses on coping with caregiving.



INSTANT ACCESS FOR HISPANIC CAREGIVERS



The series of 18 videos is available for caregivers to stream directly via Amazon Video and Vimeo for free. Includes program guide and instructions.

EASY DELIVERY



Can be delivered by a lay leader, professional or paraprofessional



Offered in English & Spanish

REMOTE-FRIENDLY, FREE & READY TO ADOPT

Telenovela Mirela is proven, vetted and ready for implementation by organizations that support and serve Hispanic/Latino caregivers and their care recipients. Program is delivered remotely.



Learn More

Telenovela Mirela is one of more than 40 dementia caregiving programs found in Best Practice Caregiving (bpc.caregiver.org), a free, online database that helps organizations identify, compare and adopt best-fit programs for their clients and community.

DIRECT LINK: bpc.caregiver.org/#programDetails/telenovela-mirela