

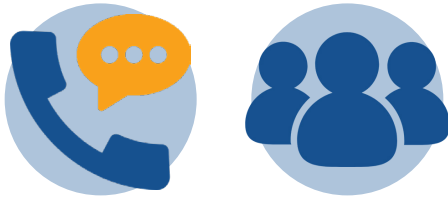
## Program Snapshot

# ACES

Active Caregiving: Empowering Skills

### WHAT IT IS

**ACES** is a dementia caregiving program that offers four telephone or in-person group education and skills-training sessions for caregivers of those living with any type of dementia.



### HELPS CAREGIVERS WITH



Stress Management



Strategies for reducing behavioral symptoms

### EASY DELIVERY & SERVES DIVERSE CAREGIVERS



Can be delivered by a lay leader, professional, or paraprofessional



Offered in English, Spanish, and Vietnamese

### REMOTE-FRIENDLY, FREE & READY TO ADOPT

**ACES** is proven, vetted and ready for implementation by organizations that support and serve caregivers and their care recipients. Program can be delivered to caregivers remotely.



## Learn More

**ACES** is one of more than 40 dementia caregiving programs found in Best Practice Caregiving ([bpc.caregiver.org](http://bpc.caregiver.org)), a free, online database that helps organizations identify, compare and adopt best-fit programs for their clients and community.

**DIRECT LINK:** [bpc.caregiver.org/#programDetails/aces](http://bpc.caregiver.org/#programDetails/aces)