

Program Snapshot

REACH VA

Resources for Enhancing All Caregivers Health in the VA

WHAT IT IS

REACH VA is a dementia caregiving program that offers four in-person or telephone individual education and skills-training sessions for caregivers of veterans living with dementia or another chronic condition.



HELPS CAREGIVERS WITH



Care planning



Understanding the care recipient's condition



Stress management

PROGRAM RESULTS FROM 45 DELIVERY SITES

REACH VA Improved

- Caregiver capacity to provide care
- Well-being of the person with dementia
- Support for caregiver and care recipient

REACH VA Reduced

- Hospital, ER and nursing home services
- Depression of person with dementia

REMOTE-FRIENDLY, FREE & READY TO ADOPT

REACH VA is proven, vetted and ready for implementation by organizations that support and serve caregivers and their care recipients. Program can be delivered to caregivers remotely.



Learn More

REACH VA is one of more than 40 dementia caregiving programs found in Best Practice Caregiving (bpc.caregiver.org), a free, online database that helps organizations identify, compare and adopt best-fit programs for their clients and community.