

Program Snapshot

SAVVY CAREGIVER

WHAT IT IS

Savvy Caregiver is a dementia caregiving program that offers six online or in-person group education and skills-training sessions for caregivers of those living with any type of dementia.



HELPS CAREGIVERS WITH



Coping with stress



Improving
caregiving
knowledge &
skills



Encouraging persons
living with dementia to
participate in daily tasks
& activities

EASY DELIVERY & SERVES DIVERSE CAREGIVERS

Can be delivered by a lay leader,
professional or paraprofessional
Offered in English & Spanish.



REMOTE-FRIENDLY, FREE & READY TO ADOPT

Savvy Caregiver is proven, vetted
and ready for implementation by
organizations that support and serve
caregivers and their care recipients.
Program can be delivered to
caregivers remotely.



Learn More

Savvy Caregiver is one of more than 40 dementia caregiving programs found in Best Practice Caregiving (bpc.caregiver.org), a free, online database that helps organizations identify, compare and adopt best-fit programs for their clients and community.

DIRECT LINK: bpc.caregiver.org/#programDetails/savvy-caregiver