

Program Snapshot

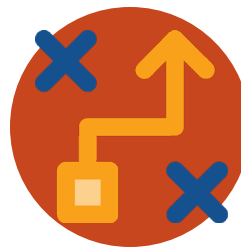
ANSWERS

Acquiring New Skills While Enhancing Remaining Strengths

WHAT IT IS

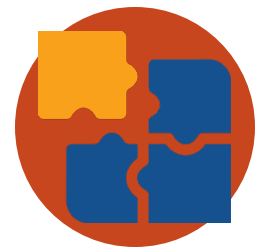
ANSWERS is a dementia caregiving program that offers six in-person, individual education and skills-training sessions for caregivers and persons living with dementia.

PROGRAM FOCUSES ON



Practical coping strategies

Managing symptoms based on cognitive rehabilitation principles



HELPS CAREGIVERS OF THOSE WITH



- ▶ All types of dementia
- ▶ Traumatic brain injury
- ▶ Stroke
- ▶ Mild cognitive impairment

REMOTE-FRIENDLY & READY TO ADOPT



Can be delivered by a professional or paraprofessional

Delivered in-person or over telephone



Proven implementation history



Learn More

ANSWERS is one of more than 40 dementia caregiving programs found in Best Practice Caregiving (bpc.caregiver.org), a free, online database that helps organizations identify, compare and adopt best-fit programs for their clients and community.

DIRECT LINK: bpc.caregiver.org/#programDetails/answers