A partnership between
Benjamin Rose Institute on Aging and Family Caregiver Alliance

# Program Snapshot

## **EPIC**

**Early-Stage Partners in Care** 

#### **WHAT IT IS**

EPIC is a dementia caregiving program that offers six inperson group, and one in-person individual education and skill-building sessions for caregivers and persons living with early-

#### HELPS CAREGIVERS WITH



Reducing stress

Problem-solving



Planning for the future through care preferences & values

### EASY DELIVERY & SERVES DIVERSE CAREGIVERS



stage dementia.

Can be delivered by a lay leader, professional or paraprofessional



Offered in English & Spanish

#### **FREE & READY TO ADOPT**

ready for implementation by organizations that support and serve dementia caregivers and their care recipients.





Learn More

**EPIC** is one of more than 40 dementia caregiving programs found in Best Practice Caregiving (**bpc.caregiver.org**), a free, online database that helps organizations identify, compare and adopt best-fit programs for their clients and community.

**DIRECT LINK:** bpc.caregiver.org/#programDetails/epic