



Family
Caregiver
Alliance®

5 Steps to Hiring In-Home Help

Whether you're looking for in-home help for just a few hours — or round-the-clock care, here are five important questions to consider:



How do I find help? When hiring through an agency, screening, hiring, firing, pay, and taxes are included, while hiring independently can be less expensive and offer greater flexibility.

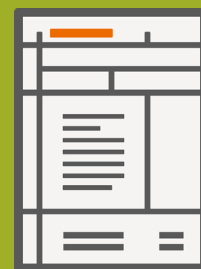
Can I afford it? Your care recipient may have long-term care insurance benefits. If they qualify for Medicaid (Medi-Cal in California), contact your local office about programs that may pay for in-home help.



How do I hire the right person?

Clarity is key to communication and mutual understanding, so detail every task you need help with. Background checks are also essential.

What are my responsibilities as an employer? If you hire directly, check your rental or home insurance for household employee coverage. You'll need an employer ID, and employees must fill out I-9 and W-4 tax forms.



What if the person I care for doesn't want help?

It can be difficult for your loved one to accept help from a stranger. Let them know this is something they can do to help you care for them.

Want to Learn More? We cover every step of the hiring in-home help process in our **Hiring In-Home Help** fact sheet at caregiver.org/resource/hiring-home-help.

