

IN-PERSON



THE GOOD LIFE PRESENTS

IT TAKES A VILLAGE

NOVEMBER 19, 2022 • 11AM - 4PM

FREE | HEALTH FAIR | OPEN TO ALL!

2150 LIVINGSTON ST, OAKLAND, CA 94606

Experience our variety of exercise classes; whip up a quick and tasty vegetarian creation with our free cooking class; take part in a healing sound bath and mindfulness session with our beloved meditation instructor; and listen to informative speakers on topics of women's health, and healing Black men.

In addition to classes, enjoy live music, food trucks, free health screenings, free barbershop haircuts, a children's corner, and more!



Learn More and
Register Now!
thegoodlifepath.org

Open Photo App



Promoting health and well-being for older adults throughout the East Bay and beyond.

