

## State Profile: California

State of the States in Family Caregiver Support

<b>Population</b>	<b>CA</b>	<b>US</b>	<b>Source</b>
▪ Total Population ( <i>thousands</i> )	39,538	331,449	2020 Census
▪ Population 65+ ( <i>thousands</i> )	5,965	55,892	2021 American Community Survey
▪ % 65+	15	17	2020 Census, 2021 American Community Survey
▪ National Ranking 65+	45	N/A	2020 Population Reference Bureau (PBR)
▪ % White 65+	55.8	75.6	2021 American Community Survey
▪ % African American 65+	5.1	9.2	2021 American Community Survey
▪ % Hispanic/Latino 65+	21.8	9	2021 American Community Survey
▪ % Asian 65+	16.6	4.8	2021 American Community Survey
▪ % Native Hawaiian/Pacific Islander 65+	.3	.1	2021 American Community Survey
▪ % American Indian/Alaska Native 65+	.8	.5	2021 American Community Survey
▪ % Two or More Races 65+	11.3	6.6	2021 American Community Survey
▪ Population 85+ ( <i>thousands</i> )	678	5,963	2021 American Community Survey
▪ % Population 85+	1.7	1.8	2021 American Community Survey

<b>Socio-Demographics</b>	<b>CA</b>	<b>US</b>	<b>Source</b>
▪ Average Household Size	2.9	2.5	2021 American Community Survey
▪ Average Family Size	3.4	3.2	2021 American Community Survey
▪ % Population in a Rural Area	5.8	19.3	2020 Census State Level Urban and Rural Information
▪ % Households with Persons 65+	31.5	31.3	2021 American Community Survey
▪ % Persons Age 65+ Living Alone	21.4	25.6	2021 American Community Survey
▪ % Households with internet access	93	90.3	2021 American Community Survey

<b>Economic Indicators</b>	<b>CA</b>	<b>US</b>	<b>Source</b>
▪ Per Capita Income	42,396	38,332	2021 American Community Survey
▪ Median Household Income	84,907	69,717	2021 American Community Survey
▪ Total State Expenditures Per Capita	12,714	8,037	Kaiser Family Foundation
▪ % Population 65+ Below Poverty	11.1	10.3	2021 American Community Survey and National Council on Aging (US)

<b>Informal Caregivers</b>	<b>CA</b>	<b>US</b>	<b>Source</b>
▪ # of Caregivers ( <i>thousands</i> )	4,400	38,000	AARP Valuing the Invaluable 2023 Update
▪ # of Caregiving Hours ( <i>millions</i> )	4,100	36,000	AARP Valuing the Invaluable 2023 Update

Last Updated: August 2023; detailed citations available at:

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▪ Value of Caregiving ( <i>millions</i> )	81,000	600,000	AARP Valuing the Invaluable 2023 Update
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<b>Care Receivers</b>	<b>CA</b>	<b>US</b>	<b>Source</b>
▪ % Population 18-64 years w/Disability	8.6	10.7	2021 American Community Survey
▪ % Population 65+ w/Disability	32.6	32.6	2021 American Community Survey
% 65+ with			
▪ Hearing Difficulty	12.4	13.3	2021 American Community Survey
▪ Vision Loss	6	6	2021 American Community Survey
▪ Ambulatory	21.2	20.5	2021 American Community Survey
▪ Self-Care	9	7.1	2021 American Community Survey
▪ Cognitive	8.8	7.8	2021 American Community Survey
▪ Independent Living Difficulty	15.7	13.2	2021 American Community Survey

<b>Long Term Care</b>	<b>CA</b>	<b>US</b>	<b>Source</b>
▪ % Medicaid spending on nursing facilities	11.8	28.3	Kaiser Family Foundation (FY 2021)
▪ % Medicaid spending on Home Health and Personal Care	84.6	64.3	Kaiser Family Foundation (FY 2021)
▪ # of Certified Nursing Facilities	1176	15,183	Kaiser Family Foundation (2022)
▪ % of Certified Facilities with Family Groups	13	15	Kaiser Family Foundation (2022)
▪ Average # of Certified Nursing Facility Beds per Facility	99.1	106.4	Kaiser Family Foundation (2022)
▪ % Certified Nursing Facility Occupancy Rate	80	72	Kaiser Family Foundation (2022)
▪ Average Cost Per Day in a Nursing Home (private room)	400	297	Genworth 2021 Cost of Care Survey
▪ Average Assisted Living Monthly Cost	5,250	4,500	Genworth 2021 Cost of Care Survey
▪ Average Daily Cost for Adult Day Care Services	85	78	Genworth 2021 Cost of Care Survey
▪ Average Hourly Cost for Home Health Aide	32	27	Genworth 2021 Cost of Care Survey
▪ Average Hourly Cost for Homemaker Services	32	26	Genworth 2021 Cost of Care Survey
▪ # of Home Health Aides	717,220	3,336,480	US Bureau of Labor Statistics - May 2022 National Occupational Employment and Wage Estimates
▪ Median Hourly Wage Certified Nursing Assistant	18	14.57	US Bureau of Labor Statistics - May 2022 National Occupational Employment and Wage Estimates
▪ Median Hourly Wage Personal Care/Home Care Aid	14.27	14.24	US Bureau of Labor Statistics - May 2022 National Occupational Employment and Wage Estimates

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<b>Medicare Prescription Drug Plan</b>	<b>CA</b>	<b>US</b>	<b>Source</b>
▪ # of Organizations Offering PDPs	26	801	Kaiser Family Foundation (2022)
▪ # of Medicare Advantage Drug Plan Contracts	220	2,666	Kaiser Family Foundation (2022)

**State System of Home and Community-Based Services (HCBS)**

Caregiver Assessment in Medicaid HCBS Waiver Program	No
At Least One State Program with Consumer-Directed Option for Family Caregivers	Yes
Lifespan Respite Grants	No
State Respite Coalitions	Yes

**Workplace Benefits for Family Caregivers**

Paid Family Leave	Yes (8 weeks)
Unemployment Insurance for Family Caregivers	Yes
Paid Sick Days	Yes (3 days)
Preemptive Law Prohibiting Local Governments from Establishing the Right to Sick Leave	No

**Statewide Programs, Regulations, and Legislation**

State Alzheimer’s Plan	Yes
Number of Delegated Nursing Tasks	2
State Multi-Sector or Master Plan for Aging	Yes
CARE (Caregiver Advice, Record, Enable) Act Adopted	Yes