

## State Profile: Iowa

State of the States in Family Caregiver Support

<b>Population</b>	<b>IA</b>	<b>US</b>	<b>Source</b>
▪ Total Population ( <i>thousands</i> )	3,190	331,449	2020 Census
▪ Population 65+ ( <i>thousands</i> )	568	55,892	2021 American Community Survey
▪ % 65+	18	17	2020 Census, 2021 American Community Survey
▪ National Ranking 65+	18	N/A	2020 Population Reference Bureau (PBR)
▪ % White 65+	94.8	75.6	2021 American Community Survey
▪ % African American 65+	1.3	9.2	2021 American Community Survey
▪ % Hispanic/Latino 65+	1.8	9	2021 American Community Survey
▪ % Asian 65+	.8	4.8	2021 American Community Survey
▪ % Native Hawaiian/Pacific Islander 65+	0	.1	2021 American Community Survey
▪ % American Indian/Alaska Native 65+	.2	.5	2021 American Community Survey
▪ % Two or More Races 65+	2.1	6.6	2021 American Community Survey
▪ Population 85+ ( <i>thousands</i> )	69	5,963	2021 American Community Survey
▪ % Population 85+	2.2	1.8	2021 American Community Survey

<b>Socio-Demographics</b>	<b>IA</b>	<b>US</b>	<b>Source</b>
▪ Average Household Size	2.4	2.5	2021 American Community Survey
▪ Average Family Size	3	3.2	2021 American Community Survey
▪ % Population in a Rural Area	36.8	19.3	2020 Census State Level Urban and Rural Information
▪ % Households with Persons 65+	30.5	31.3	2021 American Community Survey
▪ % Persons Age 65+ Living Alone	28	25.6	2021 American Community Survey
▪ % Households with internet access	88.6	90.3	2021 American Community Survey

<b>Economic Indicators</b>	<b>IA</b>	<b>US</b>	<b>Source</b>
▪ Per Capita Income	35,715	38,332	2021 American Community Survey
▪ Median Household Income	65,600	69,717	2021 American Community Survey
▪ Total State Expenditures Per Capita	8,932	8,037	Kaiser Family Foundation
▪ % Population 65+ Below Poverty	8.4	10.3	2021 American Community Survey and National Council on Aging (US)

<b>Informal Caregivers</b>	<b>IA</b>	<b>US</b>	<b>Source</b>
▪ # of Caregivers ( <i>thousands</i> )	330	38,000	AARP Valuing the Invaluable 2023 Update
▪ # of Caregiving Hours ( <i>millions</i> )	310	36,000	AARP Valuing the Invaluable 2023 Update

Last Updated: August 2023

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▪ Value of Caregiving ( <i>millions</i> )	5,200	600,000	AARP Valuing the Invaluable 2023 Update
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<b>Care Receivers</b>	<b>IA</b>	<b>US</b>	<b>Source</b>
▪ % Population 18-64 years w/Disability	10.4	10.7	2021 American Community Survey
▪ % Population 65+ w/Disability	30.4	32.6	2021 American Community Survey
% 65+ with			
▪ Hearing Difficulty	14.5	13.3	2021 American Community Survey
▪ Vision Loss	5.1	6	2021 American Community Survey
▪ Ambulatory	17.4	20.5	2021 American Community Survey
▪ Self-Care	5.6	7.1	2021 American Community Survey
▪ Cognitive	6.1	7.8	2021 American Community Survey
▪ Independent Living Difficulty	10.5	13.2	2021 American Community Survey

<b>Long Term Care</b>	<b>IA</b>	<b>US</b>	<b>Source</b>
▪ % Medicaid spending on nursing facilities	37.2	28.3	Kaiser Family Foundation (FY 2021)
▪ % Medicaid spending on Home Health and Personal Care	58.3	64.3	Kaiser Family Foundation (FY 2021)
▪ # of Certified Nursing Facilities	433	15,183	Kaiser Family Foundation (2022)
▪ % of Certified Facilities with Family Groups	6	15	Kaiser Family Foundation (2022)
▪ Average # of Certified Nursing Facility Beds per Facility	68.2	106.4	Kaiser Family Foundation (2022)
▪ % Certified Nursing Facility Occupancy Rate	68	72	Kaiser Family Foundation (2022)
▪ Average Cost Per Day in a Nursing Home (private room)	245	297	Genworth 2021 Cost of Care Survey
▪ Average Assisted Living Monthly Cost	4,367	4,500	Genworth 2021 Cost of Care Survey
▪ Average Daily Cost for Adult Day Care Services	62	78	Genworth 2021 Cost of Care Survey
▪ Average Hourly Cost for Home Health Aide	29.25	27	Genworth 2021 Cost of Care Survey
▪ Average Hourly Cost for Homemaker Services	29	26	Genworth 2021 Cost of Care Survey
▪ # of Home Health Aides	23,550	3,336,480	US Bureau of Labor Statistics - May 2022 National Occupational Employment and Wage Estimates
▪ Median Hourly Wage Certified Nursing Assistant	14.42	14.57	US Bureau of Labor Statistics - May 2022 National Occupational Employment and Wage Estimates
▪ Median Hourly Wage Personal Care/Home Care Aid	13.89	14.24	US Bureau of Labor Statistics - May 2022 National Occupational Employment and Wage Estimates

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<b>Medicare Prescription Drug Plan</b>	<b>IA</b>	<b>US</b>	<b>Source</b>
▪ # of Organizations Offering PDPs	24	801	Kaiser Family Foundation (2022)
▪ # of Medicare Advantage Drug Plan Contracts	29	2,666	Kaiser Family Foundation (2022)

**State System of Home and Community-Based Services (HCBS)**

Caregiver Assessment in Medicaid HCBS Waiver Program	No
At Least One State Program with Consumer-Directed Option for Family Caregivers	Yes
Lifespan Respite Grants	Yes (2014, 2012)
State Respite Coalitions	No

**Workplace Benefits for Family Caregivers**

Paid Family Leave	No
Unemployment Insurance for Family Caregivers	No
Paid Sick Days	No
Preemptive Law Prohibiting Local Governments from Establishing the Right to Sick Leave	Yes

**Statewide Programs, Regulations, and Legislation**

State Alzheimer’s Plan	Yes
Number of Delegated Nursing Tasks	16
State Multi-Sector or Master Plan for Aging	No
CARE (Caregiver Advice, Record, Enable) Act Adopted	Yes