## **Population** MO US Source 2020 Census Total Population (thousands) 6,155 331,449 Population 65+ (thousands) 2021 American Community 1,085 55,892 Survey 2020 Census, 2021 American **%** 65+ 18 17 Community Survey National Ranking 65+ 22 N/A 2020 Population Reference Bureau (PBR) % White 65+ 2021 American Community 86.7 75.6 Survey % African American 65+ 7.7 9.2 2021 American Community Survey % Hispanic/Latino 65+ 9 2021 American Community 1.6 Survey % Asian 65+ 2021 American Community 1.2 4.8 2021 American Community % Native Hawaiian/Pacific Islander .1 .1 % American Indian/Alaska Native 2021 American Community .2 .5 Survey 65 +% Two or More Races 65+ 2021 American Community 3.6 6.6 Survey 2021 American Community Population 85+ (thousands) 119 5,963 % Population 85+ 1.9 1.8 2021 American Community

| Socio-Demographics                                    | МО   | US   | Source  |
|---|------|------|---|
| <ul> <li>Average Household Size</li> </ul>            | 2.4  | 2.5  | 2021 American Community<br>Survey                   |
| <ul> <li>Average Family Size</li> </ul>               | 3.1  | 3.2  | 2021 American Community<br>Survey                   |
| <ul> <li>% Population in a Rural Area</li> </ul>      | 30.5 | 19.3 | 2020 Census State Level Urban and Rural Information |
| <ul><li>% Households with Persons 65+</li></ul>       | 31   | 31.3 | 2021 American Community<br>Survey                   |
| <ul> <li>% Persons Age 65+ Living Alone</li> </ul>    | 27.1 | 25.6 | 2021 American Community<br>Survey                   |
| <ul> <li>% Households with internet access</li> </ul> | 88.7 | 90.3 | 2021 American Community<br>Survey                   |

Survey

| <b>Economic Indicators</b>                              | МО     | US     | Source  |
|---|--------|--------|---|
| <ul> <li>Per Capita Income</li> </ul>                   | 34,593 | 38,332 | 2021 American Community<br>Survey                                       |
| <ul> <li>Median Household Income</li> </ul>             | 61,847 | 69,717 | 2021 American Community<br>Survey                                       |
| <ul> <li>Total State Expenditures Per Capita</li> </ul> | 4,828  | 8,037  | Kaiser Family Foundation  |
| <ul> <li>% Population 65+ Below Poverty</li> </ul>      | 9.5    | 10.3   | 2021 American Community<br>Survey and National Council on<br>Aging (US) |

| Informal Caregivers                                | МО  | US     | Source                                     |
|--|-----|--------|--|
| <ul><li># of Caregivers (thousands)</li></ul>      | 800 | 38,000 | AARP Valuing the Invaluable 2023<br>Update |
| <ul><li># of Caregiving Hours (millions)</li></ul> | 750 | 36,000 | AARP Valuing the Invaluable 2023<br>Update |

Last Updated: August 2023

| <ul> <li>Value of Caregiving (millions)</li> </ul> | 11,600 | 600,000 | AARP Valuing the Invaluable 2023<br>Update |
|--|--------|---------|--|
|--|--------|---------|--|

| Care Receivers  | МО   | US   | Source                            |
|---|------|------|-----------------------------------|
| <ul><li>% Population 18-64 years<br/>w/Disability</li></ul> | 12.7 | 10.7 | 2021 American Community<br>Survey |
| <ul><li>% Population 65+ w/Disability</li></ul>             | 35   | 32.6 | 2021 American Community<br>Survey |
| % 65+ with  |      |      |                                   |
| <ul><li>Hearing Difficulty</li></ul>                        | 15.1 | 13.3 | 2021 American Community<br>Survey |
| <ul><li>Vision Loss</li></ul>                               | 6.1  | 6    | 2021 American Community<br>Survey |
| <ul><li>Ambulatory</li></ul>                                | 21.4 | 20.5 | 2021 American Community<br>Survey |
| <ul><li>Self-Care</li></ul>                                 | 6.5  | 7.1  | 2021 American Community<br>Survey |
| <ul><li>Cognitive</li></ul>                                 | 8.3  | 7.8  | 2021 American Community<br>Survey |
| <ul> <li>Independent Living Difficulty</li> </ul>           | 12.9 | 13.2 | 2021 American Community<br>Survey |

| Long Term Care  | МО     | US        | Source   |
|---|--------|-----------|--|
| <ul> <li>% Medicaid spending on nursing<br/>facilities</li> </ul>                 | 31.6   | 28.3      | Kaiser Family Foundation (FY 2021)   |
| <ul> <li>% Medicaid spending on Home<br/>Health and Personal Care</li> </ul>      | 60.6   | 64.3      | Kaiser Family Foundation (FY 2021)   |
| <ul> <li># of Certified Nursing Facilities</li> </ul>                             | 514    | 15,183    | Kaiser Family Foundation (2022)  |
| <ul> <li>% of Certified Facilities with Family<br/>Groups</li> </ul>              | 10     | 15        | Kaiser Family Foundation (2022)  |
| <ul> <li>Average # of Certified Nursing<br/>Facility Beds per Facility</li> </ul> | 103.8  | 106.4     | Kaiser Family Foundation (2022)  |
| <ul> <li>% Certified Nursing Facility         Occupancy Rate</li> </ul>           | 63     | 72        | Kaiser Family Foundation (2022)  |
| <ul> <li>Average Cost Per Day in a Nursing<br/>Home (private room)</li> </ul>     | 195    | 297       | Genworth 2021 Cost of Care<br>Survey   |
| <ul> <li>Average Assisted Living Monthly Cost</li> </ul>                          | 3,000  | 4,500     | Genworth 2021 Cost of Care<br>Survey   |
| <ul> <li>Average Daily Cost for Adult Day<br/>Care Services</li> </ul>            | 88     | 78        | Genworth 2021 Cost of Care<br>Survey   |
| <ul> <li>Average Hourly Cost for Home<br/>Health Aide</li> </ul>                  | 25     | 27        | Genworth 2021 Cost of Care<br>Survey   |
| <ul> <li>Average Hourly Cost for<br/>Homemaker Services</li> </ul>                | 25     | 26        | Genworth 2021 Cost of Care<br>Survey   |
| <ul><li># of Home Health Aides</li></ul>  | 70,930 | 3,336,480 | US Bureau of Labor Statistics -<br>May 2022 National Occupational<br>Employment and Wage Estimates |
| <ul> <li>Median Hourly Wage Certified<br/>Nursing Assistant</li> </ul>            | 13.79  | 14.57     | US Bureau of Labor Statistics -<br>May 2022 National Occupational<br>Employment and Wage Estimates |
| <ul> <li>Median Hourly Wage Personal<br/>Care/Home Care Aid</li> </ul>            | 11.11  | 14.24     | US Bureau of Labor Statistics -<br>May 2022 National Occupational<br>Employment and Wage Estimates |

Last Updated: August 2023

| Medicare Prescription Drug Plan                       | МО | US    | Source                          |
|---|----|-------|---------------------------------|
| <ul><li># of Organizations Offering PDPs</li></ul>    | 23 | 801   | Kaiser Family Foundation (2022) |
| <ul> <li># of Medicare Advantage Drug Plan</li> </ul> | 63 | 2,666 | Kaiser Family Foundation (2022) |
| Contracts   |    |       |                                 |

## State System of Home and Community-Based Services (HCBS)

| Caregiver Assessment in Medicaid HCBS Waiver Program                           | Yes |
|--|-----|
| At Least One State Program with Consumer-Directed Option for Family Caregivers | Yes |
| Lifespan Respite Grants  | No  |
| State Respite Coalitions   | No  |

## **Workplace Benefits for Family Caregivers**

| Paid Family Leave  | No  |
|--|-----|
| Unemployment Insurance for Family Caregivers   | No  |
| Paid Sick Days   | No  |
| Preemptive Law Prohibiting Local Governments from Establishing the Right to Sick Leave | Yes |

## Statewide Programs, Regulations, and Legislation

| State Alzheimer's Plan                              | Yes |
|---|-----|
| Number of Delegated Nursing Tasks                   | 16  |
| State Multi-Sector or Master Plan for Aging         | No  |
| CARE (Caregiver Advice, Record, Enable) Act Adopted | Yes |
|   |     |