

## State Profile: Nebraska

State of the States in Family Caregiver Support

<b>Population</b>	<b>NE</b>	<b>US</b>	<b>Source</b>
▪ Total Population ( <i>thousands</i> )	1,962	331,449	2020 Census
▪ Population 65+ ( <i>thousands</i> )	323	55,892	2021 American Community Survey
▪ % 65+	16	17	2020 Census, 2021 American Community Survey
▪ National Ranking 65+	36	N/A	2020 Population Reference Bureau (PBR)
▪ % White 65+	91.5	75.6	2021 American Community Survey
▪ % African American 65+	2.3	9.2	2021 American Community Survey
▪ % Hispanic/Latino 65+	3.5	9	2021 American Community Survey
▪ % Asian 65+	1.2	4.8	2021 American Community Survey
▪ % Native Hawaiian/Pacific Islander 65+	0	.1	2021 American Community Survey
▪ % American Indian/Alaska Native 65+	.4	.5	2021 American Community Survey
▪ % Two or More Races 65+	3.4	6.6	2021 American Community Survey
▪ Population 85+ ( <i>thousands</i> )	39	5,963	2021 American Community Survey
▪ % Population 85+	2	1.8	2021 American Community Survey

<b>Socio-Demographics</b>	<b>NE</b>	<b>US</b>	<b>Source</b>
▪ Average Household Size	2.4	2.5	2021 American Community Survey
▪ Average Family Size	3.1	3.2	2021 American Community Survey
▪ % Population in a Rural Area	27	19.3	2020 Census State Level Urban and Rural Information
▪ % Households with Persons 65+	29	31.3	2021 American Community Survey
▪ % Persons Age 65+ Living Alone	29.3	25.6	2021 American Community Survey
▪ % Households with internet access	90	90.3	2021 American Community Survey

<b>Economic Indicators</b>	<b>NE</b>	<b>US</b>	<b>Source</b>
▪ Per Capita Income	36,227	38,332	2021 American Community Survey
▪ Median Household Income	66,817	69,717	2021 American Community Survey
▪ Total State Expenditures Per Capita	7,673	8,037	Kaiser Family Foundation
▪ % Population 65+ Below Poverty	8.7	10.3	2021 American Community Survey and National Council on Aging (US)

<b>Informal Caregivers</b>	<b>NE</b>	<b>US</b>	<b>Source</b>
▪ # of Caregivers ( <i>thousands</i> )	179	38,000	AARP Valuing the Invaluable 2023 Update
▪ # of Caregiving Hours ( <i>millions</i> )	168	36,000	AARP Valuing the Invaluable 2023 Update

Last Updated: August 2023

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▪ Value of Caregiving ( <i>millions</i> )	2,800	600,000	AARP Valuing the Invaluable 2023 Update
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Care Receivers	NE	US	Source
▪ % Population 18-64 years w/Disability	10.9	10.7	2021 American Community Survey
▪ % Population 65+ w/Disability	31.7	32.6	2021 American Community Survey
% 65+ with			
▪ Hearing Difficulty	14.6	13.3	2021 American Community Survey
▪ Vision Loss	5.9	6	2021 American Community Survey
▪ Ambulatory	18.5	20.5	2021 American Community Survey
▪ Self-Care	5.2	7.1	2021 American Community Survey
▪ Cognitive	6.7	7.8	2021 American Community Survey
▪ Independent Living Difficulty	11	13.2	2021 American Community Survey

Long Term Care	NE	US	Source
▪ % Medicaid spending on nursing facilities	43	28.3	Kaiser Family Foundation (FY 2021)
▪ % Medicaid spending on Home Health and Personal Care	57.7	64.3	Kaiser Family Foundation (FY 2021)
▪ # of Certified Nursing Facilities	190	15,183	Kaiser Family Foundation (2022)
▪ % of Certified Facilities with Family Groups	11	15	Kaiser Family Foundation (2022)
▪ Average # of Certified Nursing Facility Beds per Facility	75.1	106.4	Kaiser Family Foundation (2022)
▪ % Certified Nursing Facility Occupancy Rate	67	72	Kaiser Family Foundation (2022)
▪ Average Cost Per Day in a Nursing Home (private room)	273	297	Genworth 2021 Cost of Care Survey
▪ Average Assisted Living Monthly Cost	4,076	4,500	Genworth 2021 Cost of Care Survey
▪ Average Daily Cost for Adult Day Care Services	85	78	Genworth 2021 Cost of Care Survey
▪ Average Hourly Cost for Home Health Aide	28	27	Genworth 2021 Cost of Care Survey
▪ Average Hourly Cost for Homemaker Services	27	26	Genworth 2021 Cost of Care Survey
▪ # of Home Health Aides	11,010	3,336,480	US Bureau of Labor Statistics - May 2022 National Occupational Employment and Wage Estimates
▪ Median Hourly Wage Certified Nursing Assistant	14.4	14.57	US Bureau of Labor Statistics - May 2022 National Occupational Employment and Wage Estimates
▪ Median Hourly Wage Personal Care/Home Care Aid	13.87	14.24	US Bureau of Labor Statistics - May 2022 National Occupational Employment and Wage Estimates

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<b>Medicare Prescription Drug Plan</b>	<b>NE</b>	<b>US</b>	<b>Source</b>
▪ # of Organizations Offering PDPs	24	801	Kaiser Family Foundation (2022)
▪ # of Medicare Advantage Drug Plan Contracts	16	2,666	Kaiser Family Foundation (2022)

**State System of Home and Community-Based Services (HCBS)**

Caregiver Assessment in Medicaid HCBS Waiver Program	Yes
At Least One State Program with Consumer-Directed Option for Family Caregivers	Yes
Lifespan Respite Grants	Yes (2014, 2010)
State Respite Coalitions	Yes

**Workplace Benefits for Family Caregivers**

Paid Family Leave	No
Unemployment Insurance for Family Caregivers	No
Paid Sick Days	No
Preemptive Law Prohibiting Local Governments from Establishing the Right to Sick Leave	No

**Statewide Programs, Regulations, and Legislation**

State Alzheimer’s Plan	Yes
Number of Delegated Nursing Tasks	16
State Multi-Sector or Master Plan for Aging	No
CARE (Caregiver Advice, Record, Enable) Act Adopted	Yes