

WHEN: Friday to Sunday, Oct. 25-27 & Nov. 15-17

WHERE: Via West Campus
13851 Stevens Canyon Road
Cupertino 95014

FCA's **Camp for Caring** is a weekend retreat for individuals with Alzheimer's disease, stroke, Parkinson's disease, or a related cognitive impairment.

The retreat offers outdoor activities, arts and crafts, singing and dancing, low impact exercises and group games, as well as:

- two days free of caregiver responsibilities.
- a safe and secure environment for campers.
- a 24-hour on-site nurse.
- attendants provide care day and night.
- all meals prepared.
- personal care assistance available.

COST: \$125 to \$250 (sliding scale). Partial scholarships may be available.

REGISTRATION: Calvin Hu, chu@caregiver.org, 415.434.3388 ext 313. Space is limited, reserve ASAP. Priority given to first time attendees.

INFO: Visit <u>caregiver.org/camp-caring</u> or contact Calvin Hu.



Family Caregiver Alliance's Camp for Caring retreats are supported by the State of California—Department of Health Care Services, a private family foundation, and individual donors. Family Caregiver Alliance supports and assists caregivers of adults with chronic or disabling health conditions regardless of race, ancestry, national

origin, creed, gender, gender identity, religion, sexual orientation, disability, income, or age. FCA is part of California's statewide system of nonprofit Caregiver Resource Centers, offering information, education, publications, care planning, legal/financial consultations, and respite assistance. For more information about FCA, call 800.445.8106 or visit caregiver.org.





