

State Profile: **Alaska**

Selected State Background Characteristics

	AK	US		AK	US
■ Population ■			■ Socio-Demographics ■		
Total Pop. (<i>thousands</i>)	735	316,128	Average Household Size	2.71	2.61
Pop. 60+ (<i>thousands</i>)	101	62,826	Average Family Size	3.21	3.19
% 60+	12.8	19.9	%Pop. in Rural Area	34	19.3
National Ranking 60+	51	N/A	%Households with Persons 65+	16	24.9
% White (60+)	75.1	78.9	% Persons Age 65+ Living Alone	5.4	9.4
% African American (60+)	2.0	8.8	% Households with Internet Access	83.1	79.3
% Hispanic/Latino (60+)	2.4	7.3			
% Asian (60+)	5.3	3.6	■ Informal Caregivers ■		
% Native Hawaiian/ Pacific Islanders (60+)	0.4	0.1	# of Caregivers (<i>thousands</i>)	60.5	28,828
% American Indian/ Alaska Native (60+)	12.4	0.5	# of Caregiving Hours (<i>million</i>)	65	30,880
% Two or More Races (60+)	2.4	0.8	Value of Caregiving (<i>millions</i>)	\$643	\$306,333
Pop. 65+ (<i>thousands</i>)	54	40,267	# Grandparents Living with Grandchildren (<i>thousands</i>)	15.5	7070
% Pop. 65+	7.7	13	% with Responsibility for the Grandchildren	40.8	38.8
National Ranking 65+	51	N/A	Where to Call to Arrange Help in the Home for Elderly Relatives or Friends		
Pop. 85+ (<i>thousands</i>)	4.7	5,493	% Relative or Friend	19.5	21.5
% Pop. 85+	0.7	1.8	% Self	12.0	17.2
National Ranking 85+	51	N/A	% Medical Support	15.3	21.6
			% Religious Support	0.2	0.4
■ Economic Indicators ■			% Area Agency on Aging	2.2	2.0
Per Capita Income	\$46,778	\$42,693	% Other	7.7	4.5
Median Household Income	\$69,917	\$53,046	% Don't Know	43.0	32.7
Total State Expenditures Per Capita	\$19,603	5,385			
% Pop. 65+ Below Poverty	17	13			

State Profile: **Alaska** (cont'd)**Selected State Background Characteristics**

	AK	US		AK	US
■ Long-Term Care ■			■ Care Receivers ■		
Medicaid Spending on Long-Term Care			% Pop. 18-64 Years w/Disability	10.3	10.1
% Spending on Nursing Facilities	25.5	41.1	% Pop. 65+ w/Disability	40.5	36.4
% Spending on Home Health & Personal Care	70.5	45	% 65+ by Type of Disability		
# of Certified Nursing Facilities	16	15,465	Hearing Difficulty	19.8	14.9
% of Certified Facilities with Family Groups	50	30.5	Ambulatory	23.7	23.5
# of Certified Nursing Facility Beds (<i>thousands</i>)	0.68	1,646	Self-Care	10.1	8.8
% Certified Nursing Facility Occupancy Rate	91	83	Cognitive	11.4	9.4
Average Cost Per Day in a Nursing Home (<i>private</i>)	\$687	\$248	Independent Living Difficulty	16.0	16.1
Average Assisted Living Monthly Cost	\$4,850	\$3,550	■ Medicare Prescription Drug Plans ■		
Average Daily Cost for Adult Day Care Services	\$95	\$70	# of Organizations Offering PDPs	15	N/A
Average Hourly Cost for Home Health Care	\$26	\$21	# of PDP	26	N/A
Nursing Facility Residents as % of 65+ Pop.	1.4	3.8	# of Medicare Advantage Drug Plan Contracts	0	N/A
# of Home Health Aides	2,540	806,710			
Median Hourly Wage					
Certified Medical Assistant	\$18.60	\$14.24			
Home Health Aide	\$12.85	\$10.10			
Personal Care/Home Care Aide	\$11.71	\$9.18			

State Profile: **Alaska** (cont'd)**State System of Home and Community-Based Services (HCBS)**

Caregiver Assessment in Medicaid HCBS Waiver Program	No
At Least One State Program with Consumer-Directed Option for Family Caregivers	Yes
Lifespan Respite Grant	No
State Respite Coalition	No

Workplace Benefits for Family Caregivers

Paid Family Leave	No
Unemployment Insurance for Family Caregivers	Yes
Paid Sick Days	No
Preemptive Law Prohibiting local Governments from Establishing the Right to Sick Leave	No

Miscellaneous Statewide Programs, Regulations and Legislation

State Alzheimer's Plan	Yes
Uniform Adult Guardianship and Protective Proceedings Jurisdiction (UAGPPJA)	Yes
State Policy Permitting Delegation of 16 Nursing Tasks	No