

State Profile: **Iowa**

Selected State Background Characteristics

| | IA | US | | IA | US |
|---|----------|----------|--|---------|-----------|
| ■ Population ■ | | | ■ Socio-Demographics ■ | | |
| Total Pop. (<i>thousands</i>) | 3,090 | 316,128 | Average Household Size | 2.41 | 2.61 |
| Pop. 60+ (<i>thousands</i>) | 621.2 | 62,826 | Average Family Size | 2.98 | 3.19 |
| % 60+ | 20.4 | 19.9 | %Pop. in Rural Area | 35.98 | 19.3 |
| National Ranking 60+ | 7 | N/A | %Households with Persons 65+ | 21.9 | 24.9 |
| % White (60+) | 96.7 | 78.9 | % Persons Age 65+ Living Alone | 10.9 | 9.4 |
| % African American (60+) | 1.1 | 8.8 | % Households with Internet Access | 80 | 79.3 |
| % Hispanic/Latino (60+) | 1.1 | 7.3 | | | |
| % Asian (60+) | 0.7 | 3.6 | ■ Informal Caregivers ■ | | |
| % Native Hawaiian/ Pacific Islanders (60+) | 0.0 | 0.1 | # of Caregivers (<i>thousands</i>) | 297.4 | 28,828 |
| % American Indian/ Alaska Native (60+) | 0.1 | 0.5 | # of Caregiving Hours (<i>million</i>) | 319 | 30,880 |
| % Two or More Races (60+) | 0.3 | 0.8 | Value of Caregiving (<i>millions</i>) | \$3,160 | \$306,333 |
| Pop. 65+ (<i>thousands</i>) | 452.9 | 40,267 | # Grandparents Living with Grandchildren (<i>thousands</i>) | 37.2 | 7070 |
| % Pop. 65+ | 14.9 | 13 | % with Responsibility for the Grandchildren | 44.7 | 38.8 |
| National Ranking 65+ | 5 | N/A | Where to Call to Arrange Help in the Home for Elderly Relatives or Friends | | |
| Pop. 85+ (<i>thousands</i>) | 74.7 | 5,493 | % Relative or Friend | 12.4 | 21.5 |
| % Pop. 85+ | 2.5 | 1.8 | % Self | 7.8 | 17.2 |
| National Ranking 85+ | 3 | N/A | % Medical Support | 23.9 | 21.6 |
| | | | % Religious Support | 0.3 | 0.4 |
| ■ Economic Indicators ■ | | | % Area Agency on Aging | 1.2 | 2.0 |
| Per Capita Income | \$42,126 | \$42,693 | % Other | 4.0 | 4.5 |
| Median Household Income | \$51,129 | \$53,046 | % Don't Know | 50.4 | 32.7 |
| Total State Expenditures Per Capita | 5,925 | 5,385 | | | |
| % Pop. 65+ Below Poverty | 8 | 13 | | | |

State Profile: **Iowa** (cont'd)

Selected State Background Characteristics

| | IA | US | | IA | US |
|---|---------|---------|---|------|------|
| ■ Long-Term Care ■ | | | ■ Care Receivers ■ | | |
| Medicaid Spending on Long-Term Care | | | % Pop. 18-64 Years w/Disability | 9.1 | 10.1 |
| % Spending on Nursing Facilities | 38.4 | 41.1 | % Pop. 65+ w/Disability | 32.5 | 36.4 |
| % Spending on Home Health & Personal Care | 41.3 | 45 | % 65+ by Type of Disability | | |
| # of Certified Nursing Facilities | 443 | 15,465 | Hearing Difficulty | 14.6 | 14.9 |
| % of Certified Facilities with Family Groups | 12.2 | 30.5 | Ambulatory | 19.4 | 23.5 |
| # of Certified Nursing Facility Beds (<i>thousands</i>) | 31.6 | 1,646 | Self-Care | 6.4 | 8.8 |
| % Certified Nursing Facility Occupancy Rate | 79.7 | 83 | Cognitive | 6.7 | 9.4 |
| Average Cost Per Day in a Nursing Home (<i>private</i>) | \$171 | \$241 | Independent Living Difficulty | 11.9 | 16.1 |
| Average Assisted Living Monthly Cost | \$2,879 | \$3,551 | ■ Medicare Prescription Drug Plans ■ | | |
| Average Daily Cost for Adult Day Care Services | \$52 | \$64 | # of Organizations Offering PDPs | 18 | N/A |
| Average Hourly Cost for Home Health Care | \$23 | \$26 | # of PDP | 32 | N/A |
| # of Home Health Aides | 6,360 | 806,710 | # of Medicare Advantage Drug Plan Contracts | 17 | N/A |
| Median Hourly Wage | | | | | |
| Certified Medical Assistant | \$10.73 | \$14.24 | | | |
| Home Health Aide | \$14.02 | \$10.10 | | | |
| Personal Care/Home Care Aide | \$10.40 | \$9.18 | | | |

State Profile: **Iowa** (cont'd)**State System of Home and Community-Based Services (HCBS)**

| | |
|--|------------|
| Caregiver Assessment in Medicaid HCBS Waiver Program | No |
| At Least One State Program with Consumer-Directed Option for Family Caregivers | Yes |
| Lifespan Respite Grant | Yes |
| State Respite Coalition | Yes |

Workplace Benefits for Family Caregivers

| | |
|--|-----------|
| Paid Family Leave | No |
| Unemployment Insurance for Family Caregivers | No |
| Paid Sick Days | No |
| Preemptive Law Prohibiting local Governments from Establishing the Right to Sick Leave | No |

Miscellaneous Statewide Programs, Regulations and Legislation

| | |
|--|------------|
| State Alzheimer's Plan | Yes |
| Uniform Adult Guardianship and Protective Proceedings Jurisdiction (UAGPPJA) | Yes |
| State Policy Permitting Delegation of 16 Nursing Tasks | Yes |