

State Profile: **Maine****Selected State Background Characteristics**

	ME	US		ME	US
■ Population ■			■ Socio-Demographics ■		
Total Pop. (<i>thousands</i>)	1,328	316,128	Average Household Size	2.34	2.61
Pop. 60+ (<i>thousands</i>)	300.7	62,826	Average Family Size	2.86	3.19
% 60+	22.6	19.9	%Pop. in Rural Area	61.34	19.3
National Ranking 60+	3	N/A	%Households with Persons 65+	27.7	24.9
% White (60+)	97.9	78.9	% Persons Age 65+ Living Alone	11.3	9.4
% African American (60+)	0.3	8.8	% Households with Internet Access	84.2	79.3
% Hispanic/Latino (60+)	0.4	7.3			
% Asian (60+)	0.4	3.6	■ Informal Caregivers ■		
% Native Hawaiian/ Pacific Islanders (60+)	0.0	0.1	# of Caregivers (<i>thousands</i>)	137	28,828
% American Indian/ Alaska Native (60+)	0.3	0.5	# of Caregiving Hours (<i>million</i>)	147	30,880
% Two or More Races (60+)	0.6	0.8	Value of Caregiving (<i>millions</i>)	\$1,455	\$306,333
Pop. 65+ (<i>thousands</i>)	211.1	40,267	# Grandparents Living with Grandchildren (<i>thousands</i>)	18	7070
% Pop. 65+	15.9	13	% with Responsibility for the Grandchildren	42.4	38.8
National Ranking 65+	3	N/A	Where to Call to Arrange Help in the Home for Elderly Relatives or Friends		
Pop. 85+ (<i>thousands</i>)	29.1	5,493	% Relative or Friend	17.6	21.5
% Pop. 85+	2.2	1.8	% Self	12.8	17.2
National Ranking 85+	10	N/A	% Medical Support	25.4	21.6
■ Economic Indicators ■			% Religious Support	0.2	0.4
Per Capita Income	\$39,481	\$42,693	% Area Agency on Aging	2.9	2.0
Median Household Income	\$48,219	\$53,046	% Other	4.4	4.5
Total State Expenditures Per Capita	6,229	5,385	% Don't Know	36.6	32.7
% Pop. 65+ Below Poverty	9	13			

State Profile: **Maine** (cont'd)**Selected State Background Characteristics**

	ME	US		ME	US
■ Long-Term Care ■			■ Care Receivers ■		
Medicaid Spending on Long-Term Care			% Pop. 18-64 Years w/Disability	12.9	10.1
% Spending on Nursing Facilities	29.3	41.1	% Pop. 65+ w/Disability	37	36.4
% Spending on Home Health & Personal Care	54.7	45	% 65+ by Type of Disability		
# of Certified Nursing Facilities	107	15,465	Hearing Difficulty	17.9	14.9
% of Certified Facilities with Family Groups	22.4	30.5	Ambulatory	21.4	23.5
# of Certified Nursing Facility Beds (<i>thousands</i>)	7	1,646	Self-Care	6.7	8.8
% Certified Nursing Facility Occupancy Rate	91	83	Cognitive	9.2	9.4
Average Cost Per Day in a Nursing Home (<i>private</i>)	\$299	\$241	Independent Living Difficulty	13.6	16.1
Average Assisted Living Monthly Cost	\$4,880	\$3,551	■ Medicare Prescription Drug Plans ■		
Average Daily Cost for Adult Day Care Services	\$106	\$64	# of Organizations Offering PDPs	15	N/A
Average Hourly Cost for Home Health Care	\$21	\$26	# of PDP	30	N/A
# of Home Health Aides	3,050	806,710	# of Medicare Advantage Drug Plan Contracts	11	N/A
Median Hourly Wage					
Certified Medical Assistant	\$14.69	\$14.24			
Home Health Aide	\$10.98	\$10.10			
Personal Care/Home Care Aide	\$10.22	\$9.18			

State Profile: **Maine** (cont'd)**State System of Home and Community-Based Services (HCBS)**

Caregiver Assessment in Medicaid HCBS Waiver Program	Yes
At Least One State Program with Consumer-Directed Option for Family Caregivers	Yes
Lifespan Respite Grant	No
State Respite Coalition	No

Workplace Benefits for Family Caregivers

Paid Family Leave	No
Unemployment Insurance for Family Caregivers	Yes
Paid Sick Days	No
Preemptive Law Prohibiting local Governments from Establishing the Right to Sick Leave	No

Miscellaneous Statewide Programs, Regulations and Legislation

State Alzheimer's Plan	Yes
Uniform Adult Guardianship and Protective Proceedings Jurisdiction (UAGPPJA)	Yes
State Policy Permitting Delegation of 16 Nursing Tasks	No