

You are invited to FCA's Caregiver Support Group

**Meets monthly
on the
3rd Wednesday**

**PLEASE REGISTER
BEFORE ATTENDING.**



Time: 6 p.m. to 7:30 p.m.

Location: Alameda County

To Register: Amanda Hartrey, MA, LMFT 80314
415.434.3388 x334
ahartrey@caregiver.org

FCA FAMILY CAREGIVER ALLIANCE®
National Center on Caregiving

BAYSIDE PARK
A WATERMARK RETIREMENT COMMUNITY

This program is funded in part by the Alameda County Department of Aging and Adult Services and Bayside Park. FCA supports and assists caregivers of adults with chronic or disabling health conditions regardless of race, ancestry, national origin, creed, gender, gender identity, religion, sexual orientation, disability, income, or age. FCA is part of California's statewide system of nonprofit Caregiver Resource Centers, offering information, education, publications, care planning, legal/financial consultations, and respite assistance. **For more information about FCA, call 800.445.8106 or visit www.caregiver.org.**